Photo tour @Gifu Saturday, 29 October 2022 Depart: 0300/Return: 2100



We will take you to photogenic spots where it is hard to go by yourself (380km/236mi away!). Our first stop will be the tea plantation where is called "Machu Picchu in Gifu" due to its scenery. Walk up the hill for 20 minutes to the view point to shoot a secluded place in the mountains. Then we will head to Mino city area. The area still remains Edo era townscape. Stroll the town to seek for interesting objects and enjoy "TABEARUKI". Our last destination will be the unnamed pond, nicknamed "Monet's pond". Visit there and find out how beautiful it is! *It is for ages 16 and up.

*220-minute mountain walking is involved. Please wear comfortable shoes and clothing to walk.

*Locations are subject to change without notice.

Wear: Comfortable shoes and clothing to walk, Cap/hat.
Bring: Camera, Sunglasses, Sunscreen, Towel, Water, Yen for breakfast/lunch and anything you may need.
Cost: Adult (16+) \$72 (Guide, Transportation included)

MWR Airport Shuttle Bus

Reservation hours: Mon-Fri 0800-1900 Sat&Sun 0800-1700 Closed for US Holidays

*All passengers are require to have a Military I.D., PCS Orders or a Base Pass issued from Camp Zama.



===Nita===

Fee: \$30 per seat

Outbound 1045 Zama Army Lodging 1100 Zama Community Club 1130 SHA (by Reservation only)

Inbound 1800 Narita Terminal 1 1830 Narita Terminal 2

===Haneda===

Fee: \$25 per seat Outbound 1115 Zama Army Lodging 1130 Zama Community Club 1200 SHA (by Reservation only) Inbound 1830 Haneda Terminal 3

Choose from 2 easy ways to register for Outdoor Recreation/ Leisure Travel tours:

*In Person

Stop by the Outdoor Recreation office, located in building 267! **Telephone 263-4671*

Give us a call Monday through Friday, 8 A.M.~ 7 P.M. or weekends from 8 A.M. ~ 5 P.M. We are closed for all U.S Federal Holidays.

Cancellation & Refund Policy

Outdoor Recreation shall provide a full refund for all tours cancellations received at least 72 hours prior to the start of the tour for all tours departing after 6 A.M. For cancellations received 4 full business days prior to the departure date for tours departing before 6 am, unless otherwise indicated on the itinerary.

Children Policy

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours.

*Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

Receive our tour brochure monthly via E-Mail!

*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address: zamaodr@gmail.com.

MLC/IHA/自衛隊の方も是非ご参加ください。 ご予約、お問い合わせは軍電263-4671まで。

MLC/IHA/JGSDF employees are welcome to join. Give us a call at 263-4671 for more information and to reserve your spots!



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity.

*For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671/046-407-4671.

OUTDOOR RECREATION

and Leisure Travel Services



Nezamenotoko & Magome Sun, 02 Oct 2022

>>>OCTOBER LINE UP Sun, 02 (0600-2000) Nezamenotoko Sat, 08 (0730-1630) Kameido Hiking Sun, 09 (0500-1430) Fuji Ochudo Hiking Mon, 10 (1100-1700) October Fest Sat, 15 (0600-2000) Kawagoe Festival Sun, 16 (0600-2000) Hitachi Sightseeing Sat, 22 (0300-1900) Kamikochi Hiking Sat, 29 (0300-2100) Photo tour at Gifu



Nezame-no-Toko & Magome-juku Sunday, 02 October 2022 Depart: 0600/Return: 2000



Nezame-no-toko located in Nagano Prefecture, literally means "wake-up bed". It is a bed of rocks at an enchanting location along the Kiso River, known for its fascinating rock formations and its beautiful emerald green color water. Our next stop is Magome-juku where during the Edo period there were five roadways that connected Edo (Tokyo) and outlying regions. The Nakasendo road linked Edo and Kyoto which ran through central Japan. It has 69 posting stations of which Magome-juku was the 43rd. Walking through the Magome-juku will transport you back to the Edo period. Enjoy the local food and souvenirs as well!

*Short walking involved.

*Please wear comfortable clothes and shoes.

*Strollers are not recommended at the Nezame-no-Toko area. Bring: Yen for souvenirs and anything you may need. Cost: Adult/Youth/Child \$56 (Guide, Transportation included)

*You must wear a face mask while on the MWR bus.

*USARJ COVID health protection protocols in place. *Subject to changes/cancellation due to inclement weather or HPCON.

Kameido Town Walking Saturday, 08 October 2022 Depart: 0730/Return: 1630



Let's walk the waterfront city that is surrounded by Sumida River, Arakawa River and Tokyo Bay. Visit historical sites and feel the nature in the metropolis while enjoying TABEARUKI (strolling while munching on delicious local foods)! First, we will visit Kameido Shrine which the God of Studies is enshrined. Walk about 50 minutes to the riverbank of Arakawa and walk along Arakawa River for about 20minutes, followed by a 15-minute city walk. Arrive at Sunamachi Ginza shopping street, and enjoy TABEARUKI. There are 180 shops along a 670m street where they provide delicious foods at affordable prices! Ask the guide for the recommendation!

*It is for ages 8 and up.

Wear: Comfortable shoes and clothing to walk, Cap/hat. Bring: Rain gear, Sunscreen, Sunglasses, (Cooler bag small and light enough to carry), Towel, Water, Yen for shopping and anything you may need.

Cost: Adult/Youth (8+) \$36 (Guide, Transportation included)

Mt. Fuji Ochudo Hiking Sunday, 09 October 2022 Depart: 0500/Return: 1430

Did you miss Mt. Fuji climbing season this year? No worry, still have an option to hike on Mt. Fuji! Join us for the short hike, the Ochudo Trail! Ochudo used to be the holy trail circle around 5-stations, only allowed for people who had climbed Mt. Fuji more than three times. Now it is open for everyone to walk, but only a part of the ancient trail is accessible due to landslides. We will hike from the Subaru line 5- station through Oniwa area to the hidden beautiful spot Okuniwa. Enjoy viewing KOYO (leaves turning red, yellow and orange), bird watching and tasty autumn local foods. >>>Ochudo Trail: approximately 4km/2.48mi, 1.5 hour hiking, Max elevation 55m/180ft.

*It is for ages 6 and up.

*Temperature at 5^s station in October gets lower than 5C (41F). Please bring winter clothes.

*It may be cancelled with short notice due to inclement weather. Wear: Trekking shoes, Appropriate clothing for hiking, Cap/hat. Bring: Rain suits, Sunscreen, Sunglasses, Towel, Trekking poles, Jacket/Extra clothes, (Change of clothes,) Snacks/Water, Yen for lunch (or bring own packed lunch) and anything you may need. Cost: Adult (12+) \$49 (Guide, Transportation included)

Oktoberfest in Yokohama Monday, 10 October 2022 Depart: 1100/Return: 1700

Beer, beer, beer! Beer lovers, the Oktoberfest is going to be held in Yokohama after 3 long years! They offer numerous samples of brews from across Germany as well as Japanese local beers. Enjoy the taste of German beer, food, and live music!

*It is limited to ages 21 and up. Bring: Yen for admission, food and drinks.

Cost: Adult(21+) \$26 (Guide, Transportation)

Kawagoe Festival Saturday, 15 October 2022 Depart: 1130/Return: 2130

Re-creating the splendor and allure of the Edo Period, this festival in Saitama Prefecture features magnificent 20-30ft tall floats with costumed dancers representing various local cities. They break out into drum battles at each street corner, and the winner of the battle gets to lead the parade! Additionally, there is a mikoshi (portable shrine) procession. *Event may be cancelled depending on COVID-19 situation. Bring: Yen for souvenirs and anything you may need. Cost: Adult/Youth/Child \$31 (Guide, Transportation included)

Hitachi Sightseeing Sunday, 16 October 2022 Depart: 0600/Return: 2000



Our first destination will be the tori gate standing at the shore reef. It is said that the location of the tori gate is where the Holy Ghost descended on. Many people visit to take beautiful photos of the sacred Torii and dynamic Pacific Ocean. Visit the shrine the Torii gate is dedicated, then move to the Hitachi Seaside Park. You will meet the "MUST-SEE" scene in your life at the park, the harmony of blue sky, ocean and scarlet kochias. Last, we will stop by Hitachinaka fish market. Do not forget the ice chest to bring fresh fish home!

Wear: Comfortable shoes to walk, Cap/hat. Bring: Rain gear, Yen for lunch and anything you may need. Cost: Adult (15+) \$46, Child (0-14) \$40 (Admission, Guide, Transportation included)

===Before Signing up for hiking trips===

Please consider your physical fitness. We do not recommend to participate in hiking trips if you have knee/ heart problems, asthma and any other illness.

Kamikochi Hiking Saturday, 22 October 2022 Depart: 0300/Return: 1900



Kamikochi is surrounded by the Japan Alps and is considered one of the most beautiful scenic areas in Japan. We are going to take you to a place that is difficult to visit on your own due to the Japanese conservation laws. Do not miss this opportunity to see Japan's most beautiful nature! Our hike starts at Taishoike Pond, which was created by the eruption of Mt. Yakedake. We will slowly walk on the promenade along Azusa River,through Taishoike Pond, where you can see many alpine plants, till the symbole of Kamikochi, Kappabashi Bridge. Make an expedition to the mysterious pond, Myojinike.

*It is for all ages, however we do not recommend for small children due to long bus ride and strollers cannot be used on the hiking trails. *Weather in mountains are unstable. Please bring extra jacket and rain gear.

*Average temperature in October at Kamikochi is about 13C (89f). Please bring extra clothes.

*Do not stray to the alpine areas.

Wear: Hiking shoes, Appropriate clothing for hiking, Cap/hat. Bring: Extra clothes, Rain gear, Sunscreen, Sunglasses. Towel, Plastic bags (for trash), Water/Snacks, Coins (donation for toilet use), Yen for lunch (or bring own packed lunch) and anything you may need. Cost: Adult/Youth/Child \$57 (Guide, Transportation included)

Schedules, locations, prices are subject to change without notice. Flowers are weather dependent. We do not guarantee they are in bloom.