Before signing up for hiking/climbing trips

Please consider your physical fitness. We do not recommend to participate in walking trips if you have knee/heart problems, asthma and any other illness.





Enjoy last Saturday of the year at Aichi prefecture! Our first destination will be Haccho miso factory. At the factory tour, you will be amazed to see the 350 stones (approximately 3 tons) are piled up on the 6 tons of Miso by manpower. The end factory tour, you have chance to taste miso products. Next, we will head to Take Island, which is designated as a national treasure. Cross 387m bridge to land on the island and stroll for 45 minutes. The highlight of the tour will be the night illumination at Laguna. Making use of outdoor pools, floating illumination objects are set on the water, and the rights reflecting the surface of water make fantastic atmosphere. Rides are also available during the illumination hours, so you can go through the righted up over bridges as riding the electric boat. Do not miss this opportunity to see the one of the most beautiful illuminations in Japan! *It is for all ages, however we do not recommend for small children due to long bus ride.

Bring: Rain gear, Warm jacket. Yen for lunch and anything you may need. Cost: Adult (12+) \$95, Youth (6-11) \$86, Child (3-5) \$78, Infant (0-2) 54 (One-day pass at Laguna, Guide, Transportation included)

Yunessan Hot Spa Sunday, 29 December 2024 **Depart: 0800** /Return: 1700 *Sign up by Wed, 22 Dec!!!



Bust out the swimwear and enjoy a day at Hakone Yunessan Spa Resorts! Indoor swimwear area offers all-weather enjoyment including swimming in a large pool with Mediterranean Sea theme and luxuriating in baths containing wine, coffee and Japanese sake for unique and entertaining experience. Nudity bath area offers hot spring bath. Enjoy private baths, a sauna and various type of Japanese traditional hot spring baths. It also has kids pool area so small children can enjoy too! *No exposed tattoos allowed in pool area. Please wear rash guard. *No tattoos allowed in Nudity bath area.

Wear: Comfortable shoes and clothes to walk around. Bring: Swimwear, Towel, Yen for lunch anything you may need. Cost: Adult (12+) \$42, Youth (6-11) \$38, Child (0-5) \$28 (Admission, Guide, Transportation included)

Airport Transportation Service

Leisure Travel Services offers transportation service between Camp Zama/SHA and Narita/Haneda Airport/ Yokota Air terminal/Sagami Ono Station. Give us a call at 263-3621/046-407-3621 for more information. ▲Transportation request form (on MWR Website): Limo Airport Vehicle Transportation request form as of 2024-03.pdf (armvmwr.com)

| Narita Airport | \$215 one way \$430 Round trip |
|---------------------|--------------------------------|
| Haneda Airport | \$175 one way \$350 Round trip |
| Yokota Air Terminal | \$140 one way \$280 Round trip |
| Sagami Ono Station | \$25 one way \$50 Round trip |

Choose from 2 easy ways to register for Outdoor Recreation/Leisure Travel tours:

*In Person

Stop by the Outdoor Recreation office, located in bldg.#267! **Telephone* 263-4671

Give us a call Monday through Friday, 8 A.M.~ 7 P.M. or weekends from 8 A.M. ~ 5 P.M. We are closed for all U.S Federal Holidays.

Cancellation & Refund Policy

Outdoor Recreation shall provide a full refund for all tours cancellations received by cancellation due date indicated on the itinerary.

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours. ARMY *Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

Receive our tour brochure monthly via E-Mail!

*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour" LIES. RETIREE ® Brochure Request" in the subject line to the following address: zamaodr@gmail.com.

MLC/IHA/自衛隊の方も是非ご参加ください。 ご予約、お問い合わせは軍電263-4671まで。

MLC/IHA/JGSDF employees are welcome to join! Give us a call at 263-4671/046-407-4671 for more information and to reserve your spots!



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity.

*For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671/046-407-4671.



Sat, 21 (0430-2000) Wild Monkey

- Sun, 22 (0500-1700) Mt. Daruma Trekking
- Sat. 28 (0630-2330) Stroll Take Island & Laguna Illumination

Sun, 29 (0800-1700) Yunessan Hot Spa

Illumination Cruise Sunday, 1 December 2024 Depart: 1200 /Return: 2130



Let's go see Christmas illumination in Yokohama. First, we will have free time in Yokohama. There are Red Brick House for Christmas Market, shopping and Café, Yamashita Park for relaxing, China town for eating around. Please have lunch before the cruise. Then, we will walk to the pier and take a boat cruise for 60 min to see beautiful illumination in Yokohama Bay. You can bring food/drink to cruise.

Admission to Christmas Market: Y500
*Admission for Christmas Market in Red-Brick is NOT included.
Wear: Comfortable shoes and clothes to walk around.
Bring: Rain gear, Yen for anything you may need.
Cost: Adult (12+) \$51, Youth (6-11) \$43, Child (0-5) \$27
(Cruise Fee, Guide, Transportation included)

Tokyo German Village Saturday, 07 December 2024 Depart: 1000 /Return: 2100



Have you been to Tokyo German Village in winter? It is considered as one of three major Winter Illumination in Kanto region. About two million LEDs will decorate the winter sky beautifully. They change the concept and layout every year. This year, the theme of the illumination is Disco from the 90's. We will stop by Outlet Mall Kisarazu for Christmas shopping and lunch.

Wear: Comfortable shoes and clothes to walk around. Bring: Rain gear, Yen for anything you may need. Cost: Adult (12+) \$37, Youth (4-11) \$33, Child (0-3) \$30 (Admission, Guide, Transportation included)

Kahburi Pass Hiking Sunday, 08 December 2024 Depart: 0700/Return: 1600



Our hike starts from Kariyado Shrine, where the simper face guardian dog is enshrined. First, we will walk along the stream, then enter the trail in the cedar woods. The starting point to the Kohburi pass will be about 70 minutes uphill. Beautiful autumn scenery with Chichibu's mountains and Mt. Fuji will be expected from the Kohburi pass! Take a break at the tea house at the Kohburi pass and walk about 60 minutes to the half point of this course, Kasasugi pass. From the Kasasugi pass, gentle uphill continues till our goal, Black Mountain Three Waterfalls. You might be able to see monks meditate under the waterfall. Waterfalls to the parking lot will be a 15-minute walk where the MWR bus is parked. There are a couple of restaurants around the parking lot. Enjoy lunch at the local restaurants. >>>Highest peak will be 622m/2,041ft, Approximately 4 hour (break time excluded), 9km/5.59mi, Max Elevation 422m/1,384ft.

*It is for ages 12 and up. *It may be cancelled with short notice in case of rain. Wear: Waterproof Trekking shoes, appropriate clothing for hiking, Cap/hat. Bring: Rain gear, Sunglasses, Sunscreen, (trekking poles), Towel, Water/ Snacks, Yen for lunch and anything you may need. Cost: Adult/Youth (12+) \$44 (Guide, Transportation included)

Mt. Imayama Hiking Saturday, 14 December 2024 Depart: 0800/Return: 20:30



Let's go to the town of the sunset, Western Izu for hiking. We will start hiking from Arari port while watching ships in anchor for 20 minutes, then enter the mountain trail. After a 50-minute ascending, you will get to the view point for Cape Koganezaki (golden) and Cape Koibitomisaki (lover). On this hiking course, you can also enjoy a beautiful view of the cobalt blue ocean, rocky coastline at Taqo area, aloe flowers, and Mt Fuji if the weather is clear. After 4 hours of hiking, we will head to Cape Koganezaki to see Japan's best sunset. You will be able to see cliffs shining in gold, and the sky and the ocean are aglow with the setting sun. >>>Imayama: 303m/994ft, Approximately 7km/4.4mi, 3.5 hours (break time excluded), Max elevation 302m/991ft.

*For ages 10 and up.

*It may be cancelled with short notice in case of inclement weather. *We do not guarantee that you can see aloe flowers and sunset due to weather.

*We will have early lunch break on the way to Mt. Imayama. Wear: Trekking shoes, Appropriate clothing for hiking, Cap/hat. Bring: Sunglasses, Rain suits, Towel, Sunscreen, Water/snacks, change of clothes, Yen for lunch and anything you may need. Cost: Adult/Youth (10+): \$48 (Guide, Transportation included)

Setagaya Boroichi Market Sunday, 15 January 2024 Depart: 0730/Return: 1430

Let's find something interesting/valuable at the one of the biggest and oldest antique markets in Japan, "Setagaya boroichi", which has more than 400 years' history. Hunt your favorite items from 700 vendors. *It is for all ages however we do not recommend small children due to the crowd.

Bring: Rain gear, Yen for lunch and anything you may need. **Cost:** Adult/Youth/Child \$28 (Guide, Transportation)

Wild Monkey & Matsumoto Castle Saturday, 21 December 2024 Depart: 0430/ Return: 2000



Visit Jigokudani Wild Monkey Park and enjoy this rare opportunity to observe the interesting lifestyle of Japanese macaque monkeys. Almost 200 monkeys inhabit the area and relax by bathing in the hot spring. Afterwards, we will head to Matsumoto Castle. The castle formerly named "Fukashi" was built over 400 years ago. The six-story black painted wooden keep is the oldest surviving structure in Japan and is a designated national treasure.

*Please bring or wear appropriate shoes for a 40-min one-way walk at the monkey park.

*No strollers allowed at the monkey park.

*We do not guarantee you will be able to see bathing monkeys. *You have to take off your shoes to enter Matsumoto Castle and there's steep staircase.

Wear: Comfortable shoes and clothing to walk, cap/hat.

Bring: Warm clothes, Rain gear, Snow gear, Yen for lunch and anything you may need.

Cost: Adult (18+) \$69, Teen (12-17) \$66, Youth (6-11) \$63, Child (0-5) \$57

(Admission, Guide, Transportation included)

Mt. Daruma Trekking Sunday, 22 December 2024 Depart: 0500/Return: 1700



We will go through two peaks to aim for Mt. Daruma on Izu peninsula. Due to its panoramic view, it is nicknamed Jusankoku pass, a peak you can look over 13 counties. First 60 minutes, we will walk on the offroad and paved road alternately, then arrive at Toi parking. 20 minutes uphill from the parking lot will be the first peak, Mt. Garan. Another 20 minutes uphill is following until next peak, Mt. Koki. Keep walking on the trail in the bamboo grass field for 30 minutes, we will get to the summit of Mt. Daruma. Experience the breath-taking panoramic view at the summit. For the descent, we will go down on the wooden steps for 80 minutes To our goal, Heda Pass bus stop.

>>>Mt. Daruma: 982m/3,222ft, Approximately 11km/6.84mi, 210min, Max elevation 408m/1,339ft.

*It is for ages 10 and up.

*This tour may be cancelled in case of rain.

Wear: Trekking shoes, Appropriate clothing for hiking, Cap/hat. Bring: Rain gear, Sunscreen, Sunglasses, Towel, Water/snacks, Yen for lunch (or bring own packed lunch) and anything you may need. Cost: Adult/Youth (10+) \$48 (Guide, Transportation included)

Schedules, locations, prices are subject to change. Tours are subject to cancel due to inclement weather. Flowers are weather dependent, we cannot guarantee that they are in bloom.