

Hike on The Divine Kasamori Trail Sunday, 24 February 2019 Depart: 0700/Return: 1630

NEW



"Ray Line" is the orbit of the Sun on the Vernal and Autumnal Equinox Day (north latitude 35 degree), and considered as the holy degree in Japan. 13 power spots such as Mt. Fuji and Izumo Shrine are scattered and our hike starts from the second spot on the Ray Line, Kasamori Temple. The approach to the temple site will be 130 steep stone steps surrounded by cedar trees. Climb about 20 minutes and you will see the 1000 year-old wooden main hall. The main hall is the singular building constructed with the Shihokake-zukuri architectural style, and it is designated as one of Japan's important cultural property. The hiking trail continues from behind the main hall to Nomigane Park. Keep walking on the wooden steps about 120 minutes going up and down until our goal, Nomigane Park. On a clear day, the view of Tokyo Skytree is expected and Kawazu cherry blossom will be in bloom at the park.

>>>The Divine Kasamori Trail: Approximately 5km (3.10mi.), 140minutes hiking, Max Elevation 95m (311ft.)

***It is for ages 6 and up.**

***Flowers are weather dependent. We cannot guarantee flowers are in bloom.**

Wear: Trekking Shoes, Appropriate clothing for hiking, Cap/hat

Bring: Rain wear, Extra clothes, Sunscreen, Sunglasses, Towel, Snacks/Water, Yen for lunch and anything you may need.

Cost: Adult/Youth (6+) \$45 (Admission, Guide, Transportation included)



Adventure Outfitters

Adventure Outfitters

is pleased to announce a new line of Winter items!
Please come to check out the new snow recreation gear!

Flea Market @ Oi Sunday, 24 February 2019 Depart: 0830/Return: 1600

We'll take you on a pleasurable treasure hunt in Tokyo. This market will be held at the Oikeiba, "Oi racetrack" for local horse races and is a great opportunity to find your treasure from almost 600 booths. You can also enjoy free time at the shopping mall next to the flea market. This tour may be canceled with short notice due to inclement weather.

Bring: Yen for shopping, food/drinks

Cost: Adult/Youth/Child \$13 (Transportation only)

Volunteer staff/ Contractor needed!!!

Outdoor Recreation is seeking volunteer/
contracted guides for our outdoor programs.

- ★Able speak/read English and Japanese,
- ★Have knowledge about outdoor sports (hiking, fishing, surfing biking etc.)
- ★Physically fit and friendly/reliable personality.
- ★Able to guide on weekends/US holidays.

Contact the outdoor coordinator at 263-4807
if you are interested in!!!

Choose from 2 easy ways to register for our tours:

*In Person

Stop by the Outdoor Recreation & Leisure Travel Services office, located at Building 719!

*Telephone 263-4671

Give us a call Monday through Friday, 9 A.M.~ 5:30 P.M. or weekends from 8 A.M. ~ 4 P.M. We are closed for all U.S Federal Holidays & 1200 -1700 on the third Wednesday of the month.

Cancellation & Refund Policy

Outdoor Recreation & Leisure Travel Services shall provide a full refund for all tours cancellations received at least 72 hours prior to the start of the tour for all tours departing after 6 A.M. For cancellations received 4 full business days prior to the departure date for tours departing before 6 am, unless otherwise indicated on the itinerary.

Children Policy

Children (Ages 17 & under) must be accompanied by a parent/guardian on all tours. *Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

Receive our tour brochure monthly via E-Mail!

*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule!

Please send an email with "Tour Brochure Request" in the subject line to the following address: zamaodr@gmail.com

ODR QR Code for Facebook

*Use/scan this QR Code to get access to ODR/LT's Facebook page.



MLC/IHA/自衛隊の皆様もぜひご参加ください！

ご予約、お問い合わせは軍電263-4671まで。

MLC/IHA/JGSDF employees are welcome to join!
Give us a call at 263-4671
for more information and to reserve your spots.



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

*For reservations & More information please call
Outdoor Recreation & Leisure Travel Services at
263-4671.

*Prices, Schedules & Locations are subject to
change without notice.

OUTDOOR RECREATION

and

Leisure Travel Services

Snowshoeing @Kamikochi

Sat, 16 February 2019

>>>FEBRUARY LINE UP

Sat. 02	(0430-2130)	Ski/Snowboard @ Myoko Suginozawa
Sun. 03	(0700-1800)	Kamogawa Sea World
Sat. 09	(0430-2000)	Snow Monkey & Matsumoto Castle
Sat. 09	(0630-1530)	Mt. Shidango Hiking & Wax Plum Festival
Sat. 16	(0400-2130)	Snowshoeing @ Kamikochi
Sat. 16	(1230-2030)	Chinese New Year's Event
Sun. 17	(0400-2130)	Ski/Snowboard @ Nozawaonsen
Mon. 18	(0800-1530)	SPO-CHA
Mon. 18	(0800-1800)	Hakone Yunessun
Sat. 23	(0600-1700)	Kawazu Cherry Blossom Festival
Sun. 24	(0800-1800)	The Divine Kasamori Trail Hiking
Sun. 24	(0830-1600)	Flea Market @ Oi

FEBRUARY 2019

Ski & Snowboard Trip (Myoko Suginohara)

Saturday, 02 February 2019

Depart: 0430/Return: 2130

*Reserve equipment by Mon, 28 Jan 2019

*Pick-up equipment by Thu, 31 Jan 2019



Myoko ski resort, located in Niigata Prefecture, has a wide range of ski and snowboard slopes. Enjoy beautiful views of Lake Nojiri and the mountains to the south and east (even Mt. Fuji on a clear day) with long downhill slopes for all levels. Check out the Suginohara's 8.5 kilometer run, the longest in the nation.

♣One-day lift ticket: Adult (15-54) Y4,500, Youth (12-14) & Senior (55+) Y3,900

*Please note that the location is subject to change.

Bring: Ski/Snowboard equipment, Goggles, Gloves, Change of clothes, Yen for lift tickets, food/drinks

Cost: Adult /Youth/Child \$49 (Transportation only)



Kamogawa Sea World

Sunday, 03 February 2019

Depart: 0700/Return 1800



Experience some of nature's finest sea life at Kamogawa Sea World, located at the scenic Chiba Peninsula. Watch exciting performances of killer whales, beluga whales, dolphins and sea lions! ♣Admission Fee (w/ Military ID Card): Adult (15+) ¥1400, Youth (4-14) ¥700, Infant (0-3) ¥Free

Bring: Yen for admission, souvenir, food/drinks.

Cost: Adult/Youth/Infant \$19 (Transportation only)

MWR Narita Shuttle Bus

Fee: \$30 per seat

Reservation hours: Mon-Fri: 0900-1600

Sat&Sun: 0800-1500



0845 Zama Army Lodging
0900 Camp Zama Community Club
0930 SHA Narita Bus Stop
(Reservations Only)

1245 Zama Army Lodging
1300 Camp Zama Community Club
1330 SHA Narita Bus Stop
(Reservations Only)

1600/1900 Narita Airport Terminal1 Parking lot

*All passengers are require to have a Military I.D., PCS Orders or a Base Pass issued from Camp Zama

Snow Monkey & Matsumoto Castle

Saturday, 09 February 2019

Depart: 0430/Return: 2000



Visit Jigokudani Wild Monkey Park and enjoy this rare opportunity to observe the interesting life style of Japanese macaque monkeys. Almost 200 monkeys inhabit the area and relax by bathing in the hot spring. Afterwards, we will head to Matsumoto Castle. The castle formerly named "Fukashi" was built over 400 years ago. The six-story black painted wooden keep is the oldest surviving structure in Japan and is a designated national treasure.

*Please bring or wear appropriate shoes for a 40-minnute one-way walk at the monkey park.

*No strollers allowed due to the long distance walk.

Bring: Warm clothes, Rain gear, snow gear, Yen for shopping, food/drinks.

Cost: Adult (12+) \$69, Youth (6-11) \$61, Child (0-5) \$55

(Admission, Guide, Transportation included)

Mt. Shidango Hiking

Saturday, 09 February 2019

Depart: 0630/Return: 1530

NEW



Mt. Shidango is the one of the easiest mountains to climb in Tanzawa area and well known for its amazing scenic view from the summit. First, we will walk about 30 minutes on a paved road until the gate for the hiking trail. The gate to the top of Mt. Shidango will be a 105-minute climb through two peaks. Clear the steep climb right before the top of Shidango for the beautiful panoramic view! Bring hot chocolate/coffee in a thermos bottle to take a breath while enjoying Tanzawa Mountains and Sagami Bay scenery. We will descend about 65 minutes to the parking lot where the MWR bus will be. 10 minutes from the parking lot will be the largest wax plum garden in Kanto plain. Enjoy lunch and plum flower festival at the garden.

>>>Mt. Shidango: 758m (2,487ft.), Approximately 6.5km (4mi.), max elevation 520m (1,760ft.).

*It is for ages 6 and up.

*Flowers are weather dependent. We cannot guarantee flowers are in bloom.

*Tour will not be cancelled even if the flower festival is cancelled.

Wear: Trekking Shoes, Appropriate clothing for hiking, Cap/hat.

Bring: Rain wear, Extra clothes, Trekking pole, Sunscreen, Sunglasses, (Spike), Towel, Hot drinks in thermos bottle, Snacks/Water, Yen for lunch and anything you may need.

Cost: Adult/Youth \$31 (Admission, Guide, Transportation)

Snowshoeing @Kamikochi

Saturday, 16 February 2019

Depart: 0400/Return: 2130

*Sign up by Friday, 08 February 2019

NEW



ODR Staff
CHOICE!!!

Kamikochi is one of the most famous scenic spots in Japan and two million tourist visit every year. In November the area is blocked until the beginning of mountaineering season and covered with snow. Let's walk around the white silent Kamikochi with snowshoes and find out how beautiful it is! Beginning will be the hardest part of this tour, 60-minute paved road walking in Kama Tunnel without snowshoes. Uphill continues about 2.5km, then we will arrive at Taisho Pond, the entrance of Kamikochi. Put on the snowshoes and walk about 90 minutes on the snow to Kappabashi Bridge. You will be able to see snow covered Mt. Yake with volcanic smoke, dynamic Hotaka Mountain Range, hoarfrost at Tashiro Pond, and Kappabashi Bridge free of tourists. Have quick lunch then walk back toward Kama Tunnel. Do not miss this rare opportunity to see K amikochi's winter beauty.

>>>Approximately 6 hour, 12km (7.45mi.) course.

*It is for ages 10 and up, and must be physically fit.

*Ages 17 and younger must be accompanied by a parent/legal guardian during the activity.

*You must prepare proper gear. Please see itinerary carefully.

*Due to safety concerns, it may be cancelled or the course may be changed depending on the conditions of the weather/activity area, and participants' physical fitness.

*The sizes for rental snow shoes are limited (around 30cm, depending on the shape of the shoes). If your shoe size is bigger, you need to prepare your own.

*All the facilities (hotels/restaurants/shops) at Kamikochi are closed. Please bring own lunch/Snacks. Foods with moisture such as rice balls have a possibility to freeze.

Bring/Wear: See itinerary

Cost: Adult/Youth (10+) \$118 (Rental gear (Snowshoe & Poles), Insurance, Activity Guide, Escort, Transportation included)

Chinese New Year's Event

Saturday, 16 February 2019

Depart: 1230/Return: 2030

Venture out to Chinatown in Yokohama, one of the world's largest Chinatowns, to celebrate the Chinese New Year! This day will be filled with traditional Chinese acrobatics, instrument performances, and the Dragon Dance. Enjoy eating at a delicious Chinese restaurant and finding the perfect Chinese souvenir at one of the countless shops. Also, get your fortune read by one of the local fortunetellers!

*This event is subject to cancel in the event of inclement weather.

Bring: Yen for shopping, souvenirs, food/drinks

Cost: Adult/Youth/Child \$17 (Escort, Transportation included)

Ski & Snowboard Trip (Nozawa Onsen)

Sunday, 17 February 2019

Depart: 0400/Return: 2130

*Reserve equipment by Mon, 11 Feb 19

*Pick up equipment on Thu, 14 Feb 19



Nozawa Onsen Ski Resort is a hot spring and ski resort village in Nagano Prefecture, one of Japan's most superb and expansive winter sports areas.

♣One-day lift ticket: Adult (16-59) Y4,800, Youth (6-15) Y2,200, Senior (60+) Y3,700

*Please note that the location is subject to change due to inclement weather.

Bring: Ski/Snowboard equipment, Goggles, Gloves, Change of clothes, Yen for lift ticket, food/drinks

Cost: Adult/Youth/Child \$51 (Transportation only)



SPO-CHA

Monday, 18 February 2019

Depart: 0800/Return: 1530

Avoid cold weather and be active at the indoor sports and amusement complex, SPO-CHA! You can play more than 30 kinds of sports such as 3 on 3, putt-putt golf, bubble soccer, table tennis, archery, billiard, balance scooter, pocket bike etc. Admission includes all the activity fees and rental equipment. Addition to the sports zone, arcade, food court and manga sections are set in the facility. Enjoy your favorite spots and try something new.

♣One-day Pass: Adult (16+) Y2,550, Student (15+, Must show student ID) Y1,740, Youth (6-14) Y1,740, Child (2-5) Y800

Wear: Sneakers, Comfortable clothes

Bring: Towel, Yen for admission, lunch and anything you may need.

Cost: Adult/Youth/Child \$22 (Escort, Transportation included)



Hakone Yunessun

Monday, 18 February 2019

Depart: 0800 / Return 1800

Bust out the swimwear and enjoy a day at one of Hakone's spa resorts! With Mediterranean themes, the Yunessan Spa Resort features spas named The God's Sea, Ancient Roman Bath, Turkish Hamam, Sunshine Yutopia and Rodeo Mountain. The resort also offers "birthday-suit" style onsens. Additionally, take advantage of the massage services, the Dead Sea Bath (using imported sea water!), and the Mio Mall containing a food court, souvenir shops, a Japanese and Italian restaurant, and a Magical Labyrinth.

*No exposed tattoos allowed.

Bring: Swimwear, Towel, Yen for massages, souvenirs, food/drinks

Cost: Adult (12+) \$35, Youth (3-11) \$30, Child (0-2) \$16

(Admission, Transportation included)

Cherry Blossom Festival & Izu Panorama Park

Saturday, 23 February 2019

Depart: 0600/Return: 1700



Visit Kawazu Cherry Blossom Festival to view cherry and canola blossoms bloom along the Kawazu River. Enjoy the contrast between pink and yellow at this time of the year. Many vendors will be present and the local community will hold small activities during the festival. Along the river, there will be several foot spas with natural hot spring water where you can relax your tired feet. After the festival, we will visit Izu Panorama Park in Shizuoka Prefecture, then we take a ropeway ride to the mountain top park. The park offers panoramic view of Mt. Fuji and Suruga Bay.

*This tour may be cancelled on short notice due to inclement weather.

*Cherry blossoms are weather dependent, we cannot guarantee they will be in bloom.

Bring/Wear: Comfortable shoes, Yen for souvenirs, food/drinks (or feel free to bring your own packed lunch)

Cost: Adult (12+) \$42, Youth (4-11) \$33, Child (0-3) \$25

(Ropeway Fee, Guide, Transportation included)