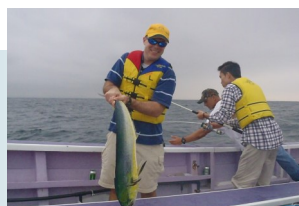


Orientation for Mt. Fuji Climb Friday, 02 August 2019 @ Zama ODR (1700-1800)

Deep Sea Fishing *Mahi Mahi Saturday, 10 August 2018 Depart: 0430/Return: 1530 *Sign up by Wed, 17 Jul 2019

Enjoy the most exciting fishing in Sagami Bay! Gear & bait are all included.
*For ages 12 and up.

Wear/Bring: See itinerary.
Cost: Adult (12+) \$167 (Fishing fee, Rental poles, Ice chest, Life Jacket, Escort, Transportation included)



Deep Sea Fishing *Mahi Mahi Saturday, 24 August 2018 Depart: 0430/Return: 1530 *Sign up by Wed, 31 Jul 2019

*See for 10 August 2019.



>>>Conquer Mt. Fuji! Final Overnight Mt. Fuji Climbing Sat, 31 Aug-Sun, 01 Sep 2019 Depart: 0500/Return: 1700 *Sign up by Mon, 23 July 2018

Have you given up on reaching the top of Mt. Fuji? Are you uncertain that you can hike for 10 hours? Why don't you try taking 2 days to climb Fuji slowly with a small group? First day, we will ascend on the Yoshida trail from the Subaru line 5th sta. to the 8th sta. We will have supper and rest at the mountain hut. On the second day, wake up early to see the sunrise from the summit. Our climbing guide will support you to get to the highest point in Japan!

**The success of reaching the summit contains many factors such as weather conditions and participants' physical fitness. We do not guarantee that everyone can get to the top. Please attend the overnight Fuji briefing on Tuesday, 13 August at 1800 (at ODR). If you cannot take it on the 13th, please attend one of the briefings for one-day Fuji climbing.*

**It is for ages 18 and up, 11 spots only.*

**Accommodation is a mountain hut, NOT A COMFORTABLE HOTEL. Room may be shared by all the climbers regardless of gender.*

**Drinking alcoholic beverages at the mountain hut is prohibited.*

**Please consider your physical condition prior to reserving this tour. Do not participate in this tour if you are pregnant and/or have any heart/knee conditions.*

**The weather on mountains are unstable. Please prepare proper gear.*

**You must donate ¥100~¥300 each time you need to use the toilet on Mt. Fuji.*

**The average temperature at 8th station at nighttime is 7C. Please bring winter clothes.*

Wear/Bring: See itinerary.

Cost: Adult (18+) \$175 (Accommodation, Dinner&Breakfast, Guide, Transportation included)



Kyoto Overnight Saturday, 28 September 2019 Depart: 0330/Return: 2300

*Sign up by Wed, 11 September 2019

Experience the preserved culture and traditions of this enchanting city. Kyoto served as the imperial capital of Japan more than a thousand years ago and is well-known for its ancient history and magnificent structures. See some of Japan's finest temples, palaces, castles, villas, gardens, parks with natural surrounding scenery. On this trip, we will visit Kinkakuji Temple, Arashiyama town, Nijo Castle, Fushimi Shine, Kiyomizu Temple, and Uji area / Byodo-in Temple.

♣Rihga Royal Hotel Kyoto: <http://www.rihga.com>

**Due to the long bus ride, this tour is not recommended for small children.*

**Infants (0-5) must share the bed with a parent.*

**You may need to purchase a meal ticket for children (5 & under) at the hotel.*

Wear: Comfortable clothes & shoes.

Bring: Rain gear, yen for souvenirs, food/drinks and anything you may need.

Cost: Single room: Adult (18+) \$414

Twin room: Adult (18+) \$316, Youth (12-17) \$311, Child (6-11) \$306, Infant (0-5) \$145

Triple room: Adult (18+) \$285, Youth (12-17) \$280, Child (6-11) \$275, Infant (0-5) \$145
(Accommodation, 1 Breakfast, Admission, Guide, Transportation included)



Choose from 2 easy ways to register for our tours:

*In Person

Stop by the Outdoor Recreation & Leisure Travel Services office, located at Building 719!

*Telephone 263-4671

Give us a call Monday through Friday, 9 A.M.~ 5:30 P.M. or weekends from 8 A.M. ~ 4 P.M. We are closed for all U.S Federal Holidays & 1200 -1700 on the third Wednesday of the month.

Cancellation & Refund Policy

Outdoor Recreation & Leisure Travel Services shall provide a full refund for all tours cancellations received at least 72 hours prior to the start of the tour for all tours departing after 6 A.M. For cancellations received 4 full business days prior to the departure date for tours departing before 6 am, unless otherwise indicated on the itinerary.

Children Policy

Children (Ages 17 & under) must be accompanied by a parent/guardian on all tours. *Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

Receive our tour brochure monthly via E-Mail!

*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule!

Please send an email with "Tour Brochure Request" in the subject line to the following address: zamaodr@gmail.com

MLC/IHA/自衛隊の皆様もぜひご参加ください！

ご予約、お問い合わせは軍電263-4671まで。

MLC/IHA/JGSDF employees are welcome to join!
Give us a call at 263-4671
for more information and to reserve your spots.



Adventure Outfitters

Adventure Outfitters

is pleased to announce a new line of Summer items!

Please come to check out the new recreation gear!



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

***For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671.**

***Prices, Schedules & Locations are subject to change without notice.**



Stroll Koajiro-no-mori
Sat, 06 July 2019

>>>JULY LINE UP

Fri. 05 (1700-1800) Orientation for Mt. Fuji Climbing
Sat. 06 (0530-1300) Stroll Koajiro-no-mori
Sat. 06 (0830-1700) Tokyo Summer Land
Sun. 07 (0830-1730) Clam Digging
Sat. 13 (0600-2000) Mt. Fuji1st~5th station Hiking
Sat. 13 (0630-1730) Vegetable Picking & Mother Farm
Sun. 14 (0400-0900) Misaki Morning Market
Sat. 20 (0400-2100) Mt. Fuji Climbing (Fujiyoshida)
Sun. 21 (0700-1530) Tenjozan Hiking
Sun. 21 (0700-1800) Kamogawa Sea World
Sat. 27 (0630-1900) Fujimi Highlands & Matsumoto Castle
Sun. 28 (0530-1800) Marin Activity @ Futoh
Sun. 28 (0800-1900) Visit Peach Orchard & Shosenkyo Gorge Free Time

>>>AUGUST LINE UP

Sun. 04 (0845-1500) Bolishoi Circus
Sat. 10 (0430-1530) Deep Sea Fishing (Mahi Mahi)
Tue. 13 (1800-1900) Briefing for Overnight Mt. Fuji
Sat. 24 (0430-1530) Deep Sea Fishing (Mahi Mahi)
Sat. 31-Sun. 01 (0500-1700) Overnight Mt. Fuji Climbing

September
Sat, 28-Sun, 29 (0330-2300) Kyoto Overnight

JULY 2019

Orientation for Mt. Fuji Climb Friday, 05 July 2019 @ Zama ODR (1700-1800)

Stroll Koajiro-no-mori Saturday, 06 July 2019 Depart: 0530/Return: 1300

Koajiro-no-mori is the forest which faces Koajiro Bay. This is the rare place that you can see the forest, cliff, marsh, morass, tideland and ocean in the 70ha (0.27 sq mi) area. These varieties of nature gathered along the 1.2km (0.74mi) stream, are conserved without any artificial objects and with more than 2,000 species. It was opened to the public in 2014 and a walking path is set throughout the area. We will enter from the forest side and see the environments change to the ocean. At the tideland, you might be able to see small crabs' dance called waving! After enjoying precious nature, we will head to vegetable café to have healthy lunch.

***It is for all ages, however strollers cannot be used.**

***It may be cancelled with short notice due to inclement weather.**

***Vegetable café is not a vegetarian restaurant.**

Wear: Comfortable shoes to walk, Long sleeve shirt, Long pants, Cap/Hut.

Bring: Rain gear, Sunscreen, Sunglasses, insect repellent, Towel, Water, Yen for lunch and anything you may need.

Cost: Adult/Youth/Child \$28 **(Escort, Transportation included)**



Tokyo Summerland Saturday, 06 July 2019 Depart: 0830/Return: 1700

Tokyo Summerland is a huge indoor/outdoor water park in Tokyo. It's fun for all ages and a great place to cool down. The park has large pools, waterslides, a man-made beach and pools for small children. The large indoor park is kept at 30 degrees Celsius so visitors can enjoy it all year round.

♣Water park ticket: Adult (12+) ¥3,500, Youth (6-11) ¥2,500, Child (3-5) ¥1,800. Ticket includes admission, indoor/outdoor water parks, water slides (exclude DEKASLA)

***Tattoos are not allowed at the Park.**

Bring: Yen for admission, souvenirs, food/drinks, sun screen, bathing suit, towels, change of clothes.

Cost: Adult/Youth/Child \$15 **(Transportation only)**



Clam Digging Sunday, 07 July 2019 Depart: 0830/Return: 1730

Take the day off with family and friends to enjoy clam digging at the warm Futtsu beach in Chiba Prefecture. Digging fee includes Adult 2kg, Youth 1kg, Child 1kg of clams.

Bring: Gloves, hat, beach sandals or shoes, change of clothes, towels, Yen for food/drinks (We recommend you bring your own food/drinks)

Cost: Adult (12+) \$42, Youth (6-11) \$32, Child (4-5) \$30, Infant (0-3) \$22 **(Clam Digging Fee, Escort, Transportation included)**



>>>Conquer Mt. Fuji! Initial Mt.Fuji Hiking 1st~5th station Saturday, 13 July 2019 Depart: 0600/Return: 2000

Let's walk from the bottom of Mt. Fuji before you aim for the summit. First, we will stop by Fuji Sengen Shrine to get the climbing sticks (Kongo-zue), then move to Umagaeshi where our hike starts. Umagaeshi to the 3rd station will be a 90 minute hike on a comfortable trail in the woods. After the 3rd station, the trail gets steeper and steeper, climbing for another 45 minutes until we reach the 4.5th station at an altitude of 2,010m. Climb 50 minutes to the Yoshida 5th station and then detour for 35 minutes to the hidden 6th station to get rare stamps. Then we will descend 40 minutes toward our goal, Subaru line 5th station. It will be perfect training to get used to the high altitude.

Climbing stick: ¥800~¥2,000 Stamps: ¥300~¥500

***It is for ages 16 and up.**

***The weather on mountains is unstable. Do not forget to bring rain suits.**

***Toilets are only available at Subaru line 5th station. (¥100~¥300 donation).**

Wear/Bring: See itinerary.

Cost: Adult (16+) \$52 **(Guide, Transportation included)**



Vegetable Picking Experience & Mother Farm Saturday, 13 July 2019 Depart: 0630/Return: 1730

Enjoy a day outdoors to experience picking fresh summer vegetables on a farm in Chiba Prefecture. You can pick and take corn, edamame beans, tomatoes, and cucumbers home. You can also taste watermelon on the spot. You will next head to Mother Farm. You'll have an opportunity to interact with the cows, horses, goats, alpacas and other animals, as well as see animal shows and petting zoo and also enjoy a variety of seasonal flowers.

***It is for ages 3 and up only.**

Bring: Yen for shipping, food/drinks

Wear: Appropriate clothes for farmer experience

Cost: Adult (12+) \$58, Youth (4-11) \$52, Child (3) \$44 **(Admission, Vegetables picking, Guide, Transportation included)**



Misaki Morning Market Sunday, 14 July 2019 Depart: 0400/Return: 0900

How about waking up early on Sunday! You can experience some fun and food values at the morning market at Misaki Fishing Port, which is held every Sunday morning. Misaki Fishing Port is situated on the southern end of the Miura peninsula, southeast Kanagawa Prefecture. There are about 30 vendors selling high quality and extremely fresh fish, vegetables and many other things.

Bring: Yen for shopping, food/drinks.

Cost: Adult/Youth/Child \$18 **(Transportation only)**



MWR Narita Shuttle Bus

Fee: \$30 per seat

Reservation hours: Mon-Fri: 0900-1600

Sat&Sun: 0800-1500



0845 Zama Army Lodging / 0900 Camp Zama Community Club
0930 SHA Narita Bus Stop **(Reservations Only)**

1245 Zama Army Lodging / 1300 Camp Zama Community Club
1330 SHA Narita Bus Stop **(Reservations Only)**

1600/1900 Narita Airport Terminal1 Parking lot

***All passengers are required to have a Military I.D., PCS Orders or a Base Pass issued from Camp Zama.**

Mt. Fuji Climbing (Fujiyoshida Trail) Saturday, 20 July 2019 Depart: 0400/Return: 2100

***Must attend Mt. Fuji Orientation!!!**

Bring/Wear: See itinerary

Cost: Adult/Youth/Child \$53 **(Guide, Transportation included)**



Tenjozan Hiking Sunday, 21 July 2019 Depart: 0700/Return: 1530

NEW

Tenjozan is located at the south east side of Lake Kawaguchi and famous for the story, Kachikachiyama. Approximately 4.1km (2.55mi) trails are surrounded with 100,000 hydrangea this time of the year and fascinate all the hikers. Once you get to the top, you can see Lake Kawaguchi underneath and majestic Mt. Fuji is in front of you!

>>>Tenjozan: 1,140m (3,740ft.), Approximately 2 hour, 4.1km (2.55mi.) hiking, Max elevation 301m (988ft.).

***It is for ages 6 and up.**

Wear: appropriate shoes and clothing for hiking, Cap/Hat

Bring: Rain wear, Towel, Sunglasses, Sunscreen, Change of Clothes, Shacks/Water, Yen for lunch (or bring own packed lunch), and anything you may need.

Cost: Adult/Youth (6+) \$35 **(Guide, Transportation included)**



Kamogawa Sea World Sunday, 21 July 2019 Depart: 0700/Return: 1800

Experience some of nature's finest sea life at Kamogawa Sea World, located at the scenic Chiba Peninsula. Watch exciting performances of killer whales, beluga whales, dolphins and sea lions!

Bring: Yen for souvenir, food/drinks

Cost: Adult (15+) \$33, Youth (4-14) \$26, Child (0-3) \$19 **(Admission, Transportation included)**



Fujimi Highland & Matsumoto Castle Saturday, 27 July 2019 Depart: 0630/Return: 1900

Fujimi Kogen Resort is a hidden gem for flower and garden enthusiasts. Over 1 million zinnias cover the lower section. At the top of the resort, there are gardens with highland flowers, outdoor sculptures, and beautiful views of the surrounding mountains including Mt. Fuji. Afterwards, Matsumoto Castle, one of Japan's national treasures. The castle is unique in design and its donjon (central fortress) is the oldest and largest known in Japan.

Bring: Yen for souvenir, food/drinks

Cost: Adult (15+) \$63, Youth (6-14) \$56, Child (0-5) \$47 **(Admission, Guide, Transportation included)**



Marine Activity @Futoh Sunday, 28 July 2019 Depart: 0530/Return: 1800

**ODR Staff
CHOICE!!!**

Futoh, located on the West side of Izu Peninsula, is the boulder inlet famous as a diving spot for its clear water and abundant ocean life. Bring a bathing suit and your favorite marine gear to enjoy snorkeling, kayaking and stand-up paddleboard (SUP)!

***For ages 10 and up.**

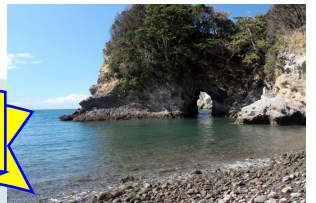
***It is not a sand beach, rocky beach.**

***Locker/shower/dressing room are available for ¥1,000.**

***Schedules, locations, prices are subject to change.**

Bring: Bathing suits, Towel, Beach Sandals/Marine shoes, Marine activity gear (Snorkel, SUP etc.) Sun protect item (Sunscreen, Pop-up tent,) Leisure sheet/Lawn chair, Lunch/snacks/drinks, Yen for anything you may need.

Cost: Adult/Youth (10+) \$34 **(Escort, Transportation included)**



Visit Peach Orchard & Shosenkyo Gorge Free Time Sunday, 28 July 2019 Depart: 0800/Return: 1900

It's peach season! Bring your family and enjoy Japanese fresh and sweet peaches. You can pick 2 peaches and take them home with you. Also eat as many peaches as you want for 40-min while you're there! (You will have to pay extra if you want to bring more home.) Our next stop is Shosenkyo gorge, located in Yamanashi Prefecture. Enjoy the incredible views in each season at the Shosenkyo gorge, surrounded by stunning mountains and waterfalls. You can also experience a breathtaking view of Mt. Fuji along with the mountaintops of Japan's Southern Alps.

***Child/Infant price does not include picking fee.**

Wear: Comfortable clothes and shoes

Bring: Rain gear, Yen for souvenirs, food/drinks

Cost: Adult (6+) \$52, Child (4&5) \$36, Infant (0-3) \$31 **(Peach picking (2only) & 40-min eating, Guide, Transportation included)**



Bolishoi Circus Sunday, 04 August 2019 Depart: 0845/Return: 1500 ***Sign up by Tue, 02 July 2019**

Bolishoi Circus, a very famous circus from Russian Federation that first appeared in Japan in 1958. It consists of over 4,000 artists and 6,000 animals. Enjoy the spectacular performances!

***Infant price does not include ticket. If you need a seat for your infant, please pay Adult/Child fee.**

Bring: Yen for shopping, souvenirs, food/drinks

Cost: Adult/Child (3+) \$51, Infant (0-2) \$11 **(S seat ticket, Transportation included)**

