#### Choose from 2 easy ways to register for Outdoor tours:

#### \*In Person

Stop by the Outdoor Recreation office, located at Building 719! \**Telephone 263-4671* 

Give us a call Monday through Friday, 9 A.M.  $\sim$  5:30 P.M. or weekends from 8 A.M.  $\sim$  4 P.M. We are closed for all U.S Federal Holidays.

### **Cancellation & Refund Policy**

Outdoor Recreation shall provide a full refund for all tours cancellations received at least 72 hours prior to the start of the tour for all tours departing after 6 A.M. For cancellations received 4 full business days prior to the departure date for tours departing before 6 am, unless otherwise indicated on the itinerary.

## **Children Policy**

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours. \*Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

## Receive our tour brochure monthly via E-Mail!

\*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule!

Please send an email with "Tour Brochure Request" in the subject line to the following address: zamaodr@gmail.com.

# MLC/IHA/自衛隊の方も是非ご参加ください。 ご予約、お問い合わせは軍電263-4671まで。

MLC/IHA/JGSDF employees are welcome to join. Give us a call at 263-4671 for more information and to reserve your spots!

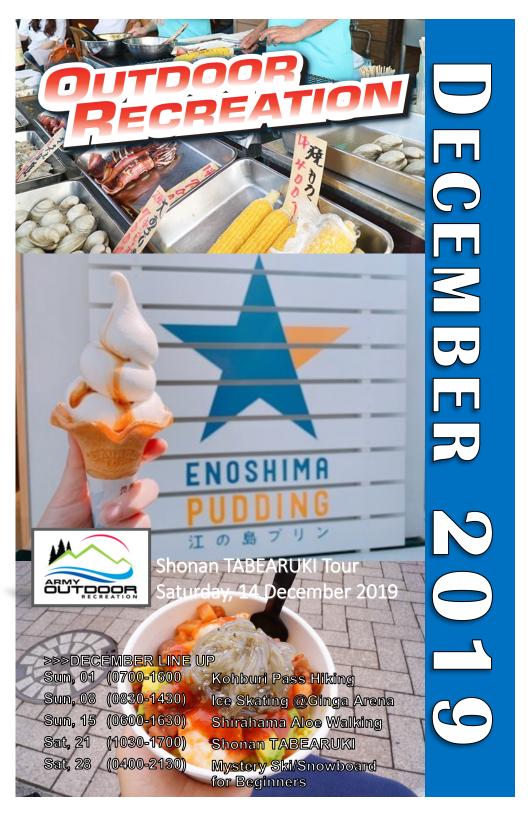


## === Before signing up climbing/hiking trips ===

Please consider your physical fitness. We do not recommend to participate climbing/hiking trips if you have knee, heart problems, asthma and any other illness.



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



## **Kohburi Pass Hiking** Sunday, 01 December 2019 **Depart: 0700/Return: 1600**



Our hike starts from Kariyado Shrine, where the simper face guardian dog is enshrined. First, we will walk along the stream, then enter the trail in the cedar woods. The starting point to the Kohburi pass will be about 70 minutes uphill. Beautiful autumn scenery with Chichibu's mountains and Mt. Fuji will be expected from the Kohburi pass! Take a break at the tea house at the Kohburi pass and walk about 60 minutes to Kasasugi pass. From the Kasasugi pass, steep downhill continues for about 30 minutes while crossing the stream. Finally we will arrive at the power spot, the Black Mountain Three Waterfalls. You might be able to see monks meditate under the waterfall. Waterfall to the parking lot will be a 15 minute walk where the MWR bus is parked. There are a couple of restaurants around the parking lot. Enjoy lunch at the local restaurants. >>>Highest peak will be 622m (2,041ft.), Approximately 3 hour (break time excluded), 8km (4.97mi.), Max Elevation 422m (1,384ft.)

#### \*It is for ages 12 and up.

#### \*It may be cancelled with short notice in case of rain.

**Wear:** Waterproof Trekking shoes, appropriate clothing for hiking, Cap/hat. Bring: Rain gear, Sunglasses, Sunscreen, (trekking poles), Towel, Water/ Snacks, Yen for lunch and anything you may need. **Cost:** Adult/Youth (12+) \$46



## Adventure Outlitt

Adventure Outfitters is pleased to announce a new line of Winter items!

Please come to check out the new snow recreation gear!

## Ice Skating @Ginga Arena Sunday, 08 December 2019 **Depart: 0830/Return: 1430**



Let's enjoy the ice skating at Ginga Arena! They have volunteer instructors so there may be a good opportunity to develop your skating skills and/or have your first ice skating experience.

Skating fee: Adult (20-64) Y1,000 Youth (16-19) Y750. Senior & Child (65+, 4-15) Y500 Rental Shoes: Adult (16+) Y500, Child (15-) Y250

\*Rental shoe sizes are 14~32cm.

\*Free rental helmets are available.

#### **Wear:** Comfortable clothing, Knit cap, gloves.

Bring: Towel, (change of clothes), Snacks/Water, Yen for Admission, Rental shoes (or bring own shoes if you have), lunch (or bring own packed lunch) and anything you may need.

Cost: Adult/Youth/Child \$9 (Escort, Transportation included)

## **Shirahama** Aloe Walking Sunday, 15 December 2019 **Depart: 0600/Return: 1630**



Let's enjoy a short walk along Shirahama, one of the most beautiful white sand beachs in Japan! This time of the year, the trail is surrounded with aloe flowers that contrast the white sand and blue sky/ocean. The red aloe flowers are amazingly beautiful! The walk is about one hour, until you reach Aloe Village where the aloe festival is being held. Taste & purchase aloe/local products!

NEW

\*It is for ages 6 and up.

\*Flowers are weather dependent. We cannot guarantee flowers are in bloom. Wear: Comfortable shoes and clothing to walk, cap/hat.

Bring: Rain gear, Windbreaker, Water/snack, Yen for lunch and anything you may need.

Cost: Adult/Child (6+) \$33

## Shonan TABEARUKI **Saturday, 14 December 2019 Depart: 1030/Return: 1700**



**ODR Staff** 

popsicles, fresh seafood, Japanese sweets and more! After filling your stomach, challenge yourself to climb 662 steps on Enoshima Island to burn extra calories. There are caves on the edge of the island. Explore the caves and cool down your body.

Iwaya Cave: Adult (15+) Y500 Youth (8-14) Y200

\*It is for ages 8 and up.

\*It is not recommended for people who have any food allergy.

Wear: Comfortable shoes and clothing to walk, cap/hat.

**Bring:** Rain gear, (cooler bag small and light enough to carry), Towel, Water, Yen for shopping and anything you may need.

Cost: Adult/Youth (8+) \$36

## Mystery Ski/Snowboard for Beginners Saturday, 28 December 2019 **Depart: 0400/Return: 2130**



\*Reserve equipment by Fri, 20 Dec 2019!!! Pick up equipment on Thu, 26 Dec 2018!!!

Start off your ski/snowboard adventure this 2020 winter season by signing up! We will take you to a ski resort with enough snow that is good for all levels of skiers/ snowboarders. Ski/Snowboard lesson for beginners will be provided! >>>Ski/Snowboard lesson (2H) : for ages 5 and up, first 5 timers (each), very Beginner only.

One day Lift Ticket: Y4,000~Y5,000 (depending on the ski resort) Bring/Wear: See Itinerary

Cost: Adult/Youth/Child \$49 (Transportation only), Lesson: extra \$12