

## Shuzenji Plum Walking

**Saturday, 26 February 2022**  
**Depart: 0700/Return: 1700**



Stroll through the Shuzenji area and experience the early spring season. First, we will hike through Shuzenji Town which was built as a hot spring town along Katsura River. There are five bridges which is said to fulfill your love wishes when you cross over them. At Shuzenji area, we will have a chance to visit a bamboo alley and Shuzenji Temple, which was established in 807 and is known to be the oldest hot spring in Izu Peninsula. Due to its town-scape, Shuzenji is often described as the little Kyoto in Izu. Walk about 1.5 hour, and enjoy local delicacies such as Soba noodles for lunch. Next, we will walk on the hill which spreads 30,000m<sup>2</sup> on the south side of Shuzenji. 1,000 plum trees are planted on the hill and you will be able to admire plum flowers and their fragrance this time of year. Enjoy 20 minute walk through the plum yard.

**\*For ages 6 and up.**

**Wear:** Comfortable shoes and clothing to walk, Cap/hat.

**Bring:** Rain gear, Sunscreen, Sunglasses, Windbreaker, (Change of clothes), Towel, Water/Snacks, Yen for lunch and anything you may need.

**Cost:** Adult/Youth (6+) \$52 (Guide, Transportation included)

### Choose from 2 easy ways to register for Outdoor tours:

#### \*In Person

Stop by the Outdoor Recreation office, located at Building 267!

#### \*Telephone 263-4671

Give us a call Monday through Friday, 8 A.M. ~ 7 P.M. or weekends from 8 A.M. ~ 5 P.M. We are closed for all U.S. Federal Holidays.

#### Cancellation & Refund Policy

Outdoor Recreation shall provide a full refund for all tours cancellations received at least 72 hours prior to the start of the tour for all tours departing after 6 A.M. For cancellations received 4 full business days prior to the departure date for tours departing before 6 am, unless otherwise indicated on the itinerary.

#### Children Policy

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours. \*Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

#### Receive our tour brochure monthly via E-Mail!

\*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address: [zamaodr@gmail.com](mailto:zamaodr@gmail.com).

**MLC/IHA/自衛隊の方も是非ご参加ください。**

**ご予約、お問い合わせは軍電263-4671まで。**

MLC/IHA/JGSDF employees are welcome to join.

Give us a call at 263-4671 for more information and to reserve your spots!

### === Before signing up climbing/hiking trips ===

Please consider your physical fitness. We do not recommend to participate climbing/hiking trips if you have knee, heart problems, asthma and any other illness.



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

# OUTDOOR RECREATION

and  
**Leisure Travel Services**



Mt. Teruishi Hiking  
 Sat, 05 February 2022

#### >>> FEBRUARY LINE UP

Sat, 05	(0600-1700)	Mt. Teruishi Hiking
Sat, 12	(0600-2000)	Showshoeing
Sun, 13	(0530-1530)	Nihondaira Hiking & Strawberry Picking
Sun, 13	(0700-1500)	Mt. Takao Hiking
Sun, 20	(0730-1530)	Odawara Soga Hill Hiking
Fri, 25	(0800-1700)	Kameido Town Walking
Sat, 26	(0700-1700)	Shuzenji Plum Walking

# FEBRUARY 2022



## Mt. Teruishi Hiking

**Saturday, 05 February 2022**  
**Depart: 0600/Return: 1700**



Our hike starts from Daichu Temple parking lot and on a paved road for 30 minutes until we reach Seisui Temple. Narcissus and wax plum blossom will be in bloom around the steps to the main hall and to Kannon Hall. The 40-minute ascent to the summit of Mt. Teruishi will be steep. Fun fact, the summit of the mountain is a take-off location for paragliding (not part of the tour). We will hike through Guminoki pass for another 40 minutes until we reach Ohirayama Shrine where we will break for lunch. There are many tea houses that serve three delicacies: dango, tamagoyaki and yakitori. Enjoy tasty lunch and enjoy the beautiful scenic view of Tochigi City. We will walk through a huge shrine to look for "heart marks" dotted around the area which signifies good fortune. Our goal, Daichu Temple, is only 15 minutes from the shrine. Explore the seven wonder of Japanese legends at the temple.

>>>Mt. Teruishi: 419m/1,375ft, Approximately 8.3km/5.16mi, 3.5 hour hiking, Max elevation 358m/1,175ft.

**\*It is for ages 12 and up.**

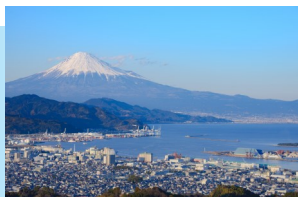
**Wear:** Trekking shoes, Appropriate clothing for hiking (non-cotton material), Cap/hat.

**Bring:** Rain gear, Sunscreen, Sunglasses, Windbreaker, Extra clothes, Gloves, (Change of clothes), Towel, Water/Snacks, Yen for lunch and anything you may need.

**Cost:** Adult (12+) \$52 (Guide, Transportation included)

## Nihondaira Hiking & Strawberry Picking

**Sunday, 13 February 2022**  
**Depart: 0530/Return: 1530**



We will start hiking from Kusanagi station to Nihondaira hill. On clear days, you can observe in all 4 directions views of the plum farm, tea plantation, orange grove, Suruga Bay and Mt. Fuji! At Nihondaira hill, we will take a gondola to Mt. Kuno to visit Kunozan Toshogu Shrine, the first shrine where the primary Edo Shogunate, Tokugawa Ieyasu, was enshrined. Then we will walk down 1159 steps toward route 150, which is called "Strawberry line!" Walk on the coastline for 30 minutes to a strawberry farm to munch on all-you-can-eat strawberries. Strawberries from this area are called "Ishigaki Ichigo," famous for its size and taste which will fascinate many strawberry lovers!

>>>approximately 6.6km/4.1mi, 3 hour hiking.

**\*For ages 6 and up.**

**\*It may be cancelled with short notice in case of rain.**

**Wear:** Comfortable shoes and clothing for hiking, Cap/hat.

**Bring:** Rain suits, Sunscreen, Sunglasses, Towel, Water/snacks, Yen for lunch (or bring own packed lunch) and anything you may need.

**Cost:** Adult (15+) \$82, Teen (12-14) \$79, Youth (7-11) \$75, Child (6) \$65

**(Strawberry picking, Gondola ride, Admission, Guide, Transportation included)**



## Mt. Takao Hiking

**Sunday, 13 February 2022**  
**Depart: 0700/Return: 1500**

Let's go to the one of the most popular hiking trail in Japan, Mt. Takao. Mt. Takao has variety of trails and places to enjoy delicious local delicacies, beautiful sceneries, and hot

spas. The hike is roughly 100 minutes along a river stream to the summit of the mountain. Take a deep breath at the summit and enjoy some warm soup at a tea house. Descending will 80 minutes on the main approach. Stop by Yakuoin Temple to wish for good fortune. We will have free time at the base of the mountain. Enjoy lunch and souvenir hunting!

>>>Mt. Takao: 599m/1,965ft, Approximately 7.1km/4.41 mi, 3 hour hiking, max elevation 364m/1,194ft

**\*It is for ages 6 and up.**

**Wear:** Waterproof Trekking shoes, appropriate clothing for hiking (non-cotton material), Cap/hat.

**Bring:** Rain gear, Sunglasses, Sunscreen, Extra clothes, (Trekking poles), Towel, (Change of clothes), Water/snacks, Yen for lunch (or bring own packed lunch), and anything you may need.

**Cost:** Adult/Youth (6+) \$39

**(Guide, Transportation included)**



## Odawara Soga Hill Hiking

**Sunday, 20 February 2022**  
**Depart: 0730/Return: 1530**

First, we will walk on the road that's between orange groves on Soga Hill. The farm road will eventually merge to the Plum Village Promenade. There are many scenic views perfect for taking photos on this hiking route; the beautiful Odawara City and Sagami Bay in the background, the Hakone Mountains, Izu Peninsula, Mt. Fuji, and variety of seasonal flowers! We will pass by a couple of historical sites before reaching the Soga Plum Farm. Walk around the farm and smell the wonderful fragrance of plum flowers.

>>>Approximately 3 hours hiking.

**\*It is for ages 8 and up.**

**Wear:** Hiking shoes, Comfortable clothing to walk, Cap/Hat.

**Bring:** Rain wear, Sunglasses, Sunscreen, Water/Snacks, Yen for lunch and anything you may need.

**Cost:** Adult/Youth (8+) \$39

**(Guide, Transportation included)**



## Kameido Town Walking

**Friday, 25 February 2022**  
**Depart: 0800/Return: 1700**

Walk the waterfront city that is surrounded by the Sumida River, Arakawa River and Tokyo Bay. Visit historical sites and enjoy TABEARUKI (TABE = Eat / ARUKI = Walk) while walking through the metropolitan area! First, we will visit Kameido Shrine dedicated to the God of Studies. An annual event in February, Natanegoku Ceremony, is being held on the day of the tour. Admire 300 plum trees with white and red plum blossoms, then head to the Kameido Traditional Products Center. Walk about 45 minutes to the riverbank of Arakawa and walk along Arakawa River for about 20 minutes, followed by a 15-minute city walk. Arrive at Sunamachi Ginza Shopping street, and enjoy TABEARUKI. There are 180 shops along a 670m street where they provide delicious foods at affordable prices! Ask our guide for recommendations!

**It is for ages 8 and up.**

**Wear:** Comfortable shoes and clothing to walk, Cap/hat.

**Bring:** Rain gear, Sunscreen, Sunglasses, (Cooler bag small and light enough to carry), Towel, Water, Yen for shopping and anything you may need.

**Cost:** Adult/Youth (8+) \$46

**(Guide, Transportation included)**

**Schedules, locations, prices are subject to change without notice.**

**Flowers are weather dependent. We do not guarantee they are in bloom.**