

Z A M A C O M M U N I T Y



BUGLE

2023 Fall Edition

Boys & Girls Clubs of America

Day for Kids

Saturday
September 16 • 1-4 p.m.
SHA Community Field



HUMANS vs. ZOMBIES
THE REVENGE

Saturday • October 28
10:30 a.m. • SHA Park



SEPTEMBER • OCTOBER • NOVEMBER 2023

Your What-To-Do Guide for Japan's Army Community • Sagami Depot • SHA • Camp Zama

Camp Zama Community Club

CLOSED POST EVENT!

Oktoberfest

OCTOBER 14th • 4:30 - 9 p.m.

Camp Zama Community Club Parking Lot

German Food, German Beers
Entertainment & Games!



CAMP ZAMA COMMUNITY Bazaar

SATURDAY, NOVEMBER 18 • 9:00 A.M. - 5:00 P.M.

SUNDAY, NOVEMBER 19 • 10:00 A.M. - 4:00 P.M.

at Camp Zama Community Club



FURNITURE
ART
PICTURES
JEWELRY
TOYS
ANTIQUES
NOVELTIES
SOUVENIRS
AND MORE!



Camp Zama Community Club 263-4547/046-407-4547
website: zama.armymwr.com  www.facebook.com/armymwrjapan



U.S. ARMY GARRISON JAPAN



Garrison Commander
COL Marcus S. Hunter



Command Sergeant Major
CSM David A. Rio



Deputy to the
Garrison Commander
Jenifer L. Peterson

BUGLE

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ZAMA BUGLE

The U.S. Army Garrison Japan (USAG Japan), DFMWR, Marketing Branch produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner), South Camp Zama, Japan.

ADVERTISE WITH US

Our MWR organization oversees more than 48 programs located within United States Army Garrison Japan and United States Army Japan. We offer programs and services that impact Soldier Families, Morale, Welfare and Recreation, for both U.S. or Japanese Nationals who live and work within our installations.

We provide advertisers with more than 30 different opportunities; offering affordable, effective and customizable advertising mediums unique to a U.S. military installation, enabling you to reach your target demographic within our U.S. and Japanese military and civilian workforce.

Call 263-3837 / 046-407-3837 for advertising, sponsorship rates and publication deadlines.

ADDRESS:

U.S. Army Garrison Japan
Unit 45006
Attn: AMIM-JNW-NM
APO AP 96343-5006
Official Business

PHONE:

263-5995/8994
046-407-5995/8994
FAX: 046-407-5487
FAX DSN: 263-5487

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& ADVERTISING

COORDINATOR

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CAMP ZAMA GOLF CLUB

Camp Zama • Bldg. 809 • DSN: 263-5284 • Commercial: 046-407-5284



**CAMP ZAMA
GOLF CLUB**

**Saturday • September 16
6:30 a.m. • Shotgun Start
Camp Zama Golf Club**



*Contact Dale Jorgenson, Director of Golf at 263-3694
or email: dale.n.jorgenson.naf@army.mil

1.2.3

BEST BALL 2023

WHO: Any Amateur Golfer with a current USGA handicap

WHAT: "1-2-3 Best Ball" is a competition format for 4-person teams. Each player on the team plays their own ball throughout the round. On each hole a predetermined number of the lower scores is used.

WHEN: 6:30 a.m. Shotgun

DEADLINE: Tuesday • September 12 • 6 p.m.

COST:

- Zama Annual SOFA: \$36 • Zama Annual MLC: \$40
- Zama Annual HGC: \$45 • Atsugi/Tama Member: \$47
- Non-Member E1-E5/Junior: \$49 • Non-Member SOFA: \$58
- House Guest: \$66 • MLC: \$80 • Guest: \$145

On the first hole, the lowest net score among the four players is the team score.

On the 2nd hole the two lowest net scores become the team score.

On the 3rd hole the 3 lowest net scores become the team score.

On the 4th hole it's back to the lowest one score, and so on throughout the round.

Men will receive 90% of course handicap and women will receive 95% of course handicap.

Saturday Golf Lessons



Please contact the pro shop to
schedule group or individual
lessons at 263-5284.



**Every Monday
& Fridays!**

Up to three of your
Japanese guests
can play with you
for a low fee of \$40
plus cart. This is a
significant savings
over the regular
rate of \$80.



PRO SHOP



DEMO DAY

Titleist

PING

October 6 • 4-7 p.m

Camp Zama Golf Driving Range



Hotdog Day

September 9

CZGC Restaurant



Doughnut Day

November 5

CZGC Restaurant

CZGC Restaurant Food Ordering

*Call 263-7441 or 046-407-7441 when placing
orders to the CZGC Restaurant.

20th Annual Zama OPEN

Golf Tournament



Saturday & Sunday
October 14 & 15 • 7:30 a.m.



\$10K
HOLE IN ONE
SUNDAY
HOLE #8

• **Check-in 15 minutes prior!**

- All Flights - 36 Hole Net Stableford With Full Handicap. The Zama Open Champions will be the players (Mens & Ladies) with the Most Gross Stableford Points.
- All Flights Determined After Entries Received. Gift Certificates Awarded for most net points in Each Flight. A Trophy for the Most Stableford Gross Points (Men and Ladies).
- \$10,000 Hole In One prize on Sunday - Hole #8
- Any amateur golfer with a current USGA/JGA handicap.
- Registration deadline (and refunds) is 6 p.m., Tuesday, October 10.
- 8 ladies golfers needed to form a separate ladies flight.

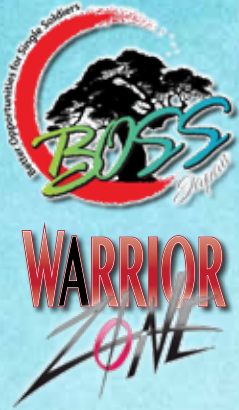
• **Entry Fee:**

- Zama Annual Fee Patrons: \$80
 - SOFA Status Daily Fee Players/SOFA Jr/House Guest: \$110
 - JGSDF (at Zama) & MLC/IHA/HPT/(working for USARJ): \$140
 - Honorary Members/Sponsored Guests: \$230
- Includes: Carts, Door Prizes, Near Pin and Lunch on **Sunday**

Contact Dale Jorgenson, Director of Golf at 263-3694
or email: dale.n.jorgenson.naf@mail.mil

BOSS • BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

Camp Zama • Bldg. 267 • DSN: 263-3939 • Commercial: 046-407-3939



Hours of Operation

Tue-Thur	12 - 9 p.m.
Fri	12 - 10 p.m.
Sat	1 - 10 p.m.
Sun, Mon & Holidays	Closed



If you're a Single Soldier and new to Camp Zama, you might want to check out the **Warrior Zone**! It has so much to offer. Get out and have some **FUN**!

**Toll Tickets
Included!**

OUTDOOR RECREATION



**Estima • Hybrid Van
(6 Passenger)**
\$85/day • \$510/week



**Corolla • Hybrid Station Wagon
(4 Passenger)**
\$80/day • \$480/week



**Cargo Van
(5 Passenger)**
\$85/day • \$510/week
\$15/hour (max 3 hours)



**Covered Truck w/Lift
(3 Passenger)**
\$85/day • \$510/week
\$15/hour (max 3 hours)

Come check out our Vehicle Rental Fleet!

**For reservations or more information, please contact 263-4671 • 046-407-4671.*



ONE STOP Shop



- Community Recreation Center (CRC)
- Outdoor Recreation (ODR)
- Leisure Travels
- Family Fitness Area
- BOSS/Warrior Zone

ALL Under One Roof!

Hours of Operation

Mon-Fri	8 a.m. - 7 p.m.
Sat & Sun	8 a.m. - 5 p.m.
U.S. Holidays	Closed



CRC • Bldg. 267

COMMUNITY RECREATION CENTER

Camp Zama • Bldg. 267 • DSN: 263-3939 • Commercial: 046-407-3939



FAMILY FITNESS AREA



Mondays - Fridays • 8 a.m. - 7 p.m.
Saturday & Sundays • 8 a.m. - 5 p.m.
U.S. Holidays • Closed

• CRC Room Rentals

- Auditorium (Half Day): \$100 (4 hours)
- Auditorium (Full Day): \$200 (8 hours)
- CRC Amphitheater: \$200 (3 hours)
*Each extra hours: \$50 • Cleaning Deposit: \$100
- Piano Rooms 136, 137 & 138: \$2 per hour
- Band Room (Private): \$5 per hour
- Band Room (Group): \$10 per hour
- Small Conference Room: \$25 per hour



• Instructors Needed

**Community Recreation Center is seeking interested applicants for contracting in the following areas: Piano, Ukulele, Zumba, Yoga, Dance Classes and more.*

LEISURE TRAVELS

Camp Zama • CRC Bldg. 267 • DSN: 263-3621 • Commercial: 046-407-3621



Leisure Travels Airport Limousine Service

Camp Zama Leisure Travels offers One Way and Roundtrip **Limo Service** to the Airport. We provide comfort and ease of mind in transporting your family, group of friends, and pets; offering you door to airport convenience from Zama and SHA, to Narita/Haneda Airport, Yokota Air Terminal and Sagami-Ono Station. Check out our rates and give us a call for availability.

Hours of Operation

Mon-Fri 8 a.m. - 7 p.m.

Sat & Sun 8 a.m. - 5 p.m.

*Open during lunch

Closed on all U.S. Federal Holidays



From	To/From	Prices
<ul style="list-style-type: none"> • Zama • SHA • Depot 	Narita Airport	One Way \$215 • Round Trip \$430
	Haneda Airport	One Way \$175 • Round Trip \$350
	Yokota Air Terminal	One Way \$140 • Round Trip \$280
	Sagami-Ono	One Way \$25 • Round Trip \$50

**For reservations or more information, please contact 263-3621/046-407-3621.*

OUTDOOR RECREATION

Camp Zama • Bldg. 267 • DSN: 263-4671 • Commercial: 046-407-4671



Hours of Operation

Mon-Fri 8 a.m. - 7 p.m.
Sat & Sun 8 a.m. - 5 p.m.
Closed on all U.S. Federal Holidays

September 2023 Tours & Events

• Snorkeling at Lalala Sun Beach

Saturday • September 2 • 6:30 a.m. - 3:30 p.m.

Adult/Youth (6+): \$42

Includes: Escort • Transportation

• Forest Adventure Odawara

Sunday • September 3 • 6:30 a.m. - 3:30 p.m.

Adult (18+): \$53 • Youth (6-17): \$47

Includes: Admission • Transportation

• Nikko Sightseeing

Monday • September 4 • 5 a.m. - 10 p.m.

Adult (15+): \$59 • Youth (12-14): \$52

Child (6-11): \$50

Includes: Admission • Guide • Transportation

• Grape Picking

Sunday • September 10 • 7:30 a.m. - 5:30 p.m.

Adult/Child (4+): \$33 • Infant (0-3): \$22

Includes: Grape Picking Fee • Guide
Transportation

• Pottery Town Stroll • Tokoname

Saturday • September 16 • 5 a.m. - 8 p.m.

Adult/Youth/Child: \$49

Includes: Guide • Transportation

• Gotemba Outlet Mall

Sunday • September 17 • 9 a.m. - 5 p.m.

Adult/Youth/Child: \$19

Includes: Transportation Only

• Hiking through Korai Pass

Saturday • September 23 • 7 a.m. - 5 p.m.

Adult/Youth (6+): \$38

Includes: Admission • Guide • Transportation

• Mahi Mahi Fishing

Saturday • September 30 • 4:30 a.m. - 3:30 p.m.

*Sign up by Wednesday, September 6

Adult (12+): \$162

Includes: Fishing Fee • Pole Rental • Ice Chest
Life Jacket • Transportation

• Hakone Open-Air Museum & Yosegi Wooden Crafts

Sunday • October 1 • 7 a.m. - 5:30 p.m.

*Sign up by Thursday, September 21

Adult (18+): \$52 • Teen (15-17): \$48 •

Youth (6-14): \$42 • Child (0-5): \$29

Includes: Admission • Craft Fee • Guide
Transportation

GET
out &
SEE
japan...

Let us help you.

October Heads Up Tours & Events

- **Katsunuma Grape Festival**

Saturday • October 7

- **Fuji Ochudo Hiking**

Sunday • October 8

- **Kawagoe Festival**

Saturday • October 14

- **Daigahara Post Town Craft
Antique Market**

Saturday • October 21

- **Niigata Photo Tour**

Sunday • October 22

- **Yokoya Gorge Hiking**

Sunday • October 29



Warrior Adventure Quest (WAQ) is a Soldier reintegration program which combines a high-adrenaline activity with resilience skills training. Endorsed and supported by the Department of the Army and a “No cost” unit function for Active Duty Soldiers.

For more information, contact Dennis Ang at 263-3939 or 046-407-3939, or dennis.a.ang.naf@army.mil



Before Registering:

We recommend that you consult with your physician or a health care professional prior to registering if you have any medical condition.

Tour Guides Needed

Outdoor Recreation and Leisure Travel Service is seeking interested bi-lingual (Japanese & English) applicants for guiding tours. Please contact our office for more information.



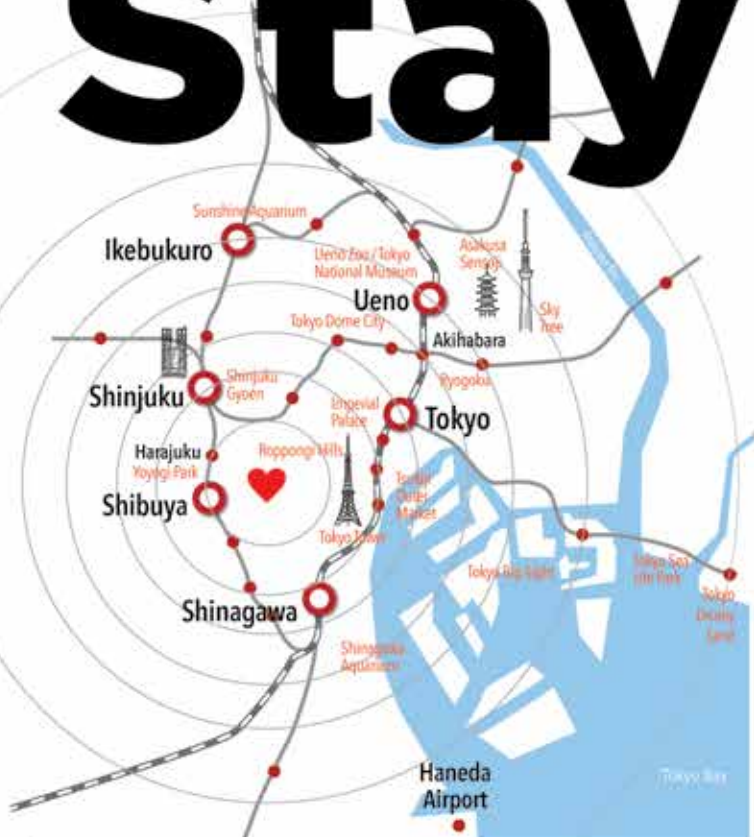
TOKYO RECREATIONAL LODGING (HARDY BARRACKS)

<https://zama.armymwr.com/programs/tokyo-recreational-lodging>



Stay in the Heart of Tokyo

Tokyo Recreational Lodging is situated in a small United States Army Installation called Akasaka Press Center in the heart of Tokyo, within walking distance of Roppongi nightlife, the New Sanno Hotel and the American Embassy.



Proximity to Tokyo Recreational Lodging

- Roppongi Hills: 0.9km (10min. Walk)
- Ueno Station: 8.3km (30min. Train)
- Shibuya Station: 2.3km (10 min. Train)
- Asakusa, Sensoji: 10km (40min. Train)
- Tokyo Tower: 2.2km (20min. Train)
- Tokyo Sky Tree: 11km (40min. Train)
- Shinjuku Tower: 5km (30min. Train)
- Tokyo Disney Land: 20km (90min. Train)



Tokyo Recreational Lodging, or commonly known as Hardy Barracks Lodging, is operated under the Camp Zama Outdoor Recreation Branch that won Stars and Stripes' 2022 award for Best of the Pacific Small Garrison Outdoor Recreation, 4 years in a row!



Room Types and Rates



Room Rates	On Leave	TDY/PCS/Contractor
Single Suites	\$50	\$125
Family Suites	\$70	\$125

- Free Wi-Fi • Flat-Screen TV with Cable • Informational Brochures
- Housekeeping • Business Center • Laundry Room

* Room rates are subject to change without notice.

Reservation

Call 03-6385-3270 or DSN: 315-229-3270

Email: usarmy.zama.id-pacific.mbx.usagj-dfmwr-hardy-barracks-reserv@army.mil



EVER BEEN TO KURE HARBOR?



KURE RECREATION CENTER

During WWII, the Kure Naval District was Japan's single largest naval base and arsenal, housing most of the city's industry and workforce employed in the service of naval installations, munitions factories and other support functions. It is this strategic significance that drew a heavy and sustained Allied bombardment culminating in the Bombing of Kure in June and July 1945. Today, Kure continues to be a major maritime center hosting the dockyards of numerous shore based facilities of the JMSDF, gaining fame as a tourism center featuring artifacts and mementos from the JMSDF museum of naval history.

Come and visit Kure Recreation Center and immerse yourself in the beauty and history of Kure Harbor. Our facilities offer dining & bar services, a package store, gym, commissary, clean and convenient lodging at affordable rates.



KURE LODGING

256-2575 • Reservation Desk
Kure Recreation Center • Bldg. 200

Mon-Fri 8 a.m. - 4:45 p.m.
Sat, Sun & Holidays Closed

KURE LODGING

Room Rates:

Soldier & Civilian

- DVQ Room: \$75
- Regular Room: \$65

Contractor

- DVQ Room: \$80
- Regular Room: \$70

**Rates are per person • \$5 for each additional person*

Room Reservations: DSN: 256-2575 • Commercial: 082-355-2575



**Dog Grooming Services
are available!**

PET CARE CENTER

Camp Zama • Bldg. 1042-1 • DSN: 263-5915 • Commercial: 046-407-5915

Email: zamakennels@gmail.com

Hours of Operation

Mon-Fri	9 a.m. - 4 p.m.
Sat & Sun	Closed
<i>*Closed for Lunch 12:30-1:30 p.m.</i>	

RESERVATIONS BY APPOINTMENT ONLY

- Please call 263-5915/046-407-5915 or email zamakennels@gmail.com for more information.
- PCS/ROM have priority service at this time.
- Pets must be dropped off or picked up by 3:30 p.m.





HAPPY Thanksgiving DAY

LABOR DAY
MONDAY
SEPTEMBER 4

COLUMBUS DAY
MONDAY
OCTOBER 9

VETERANS DAY
FRIDAY
NOVEMBER 10

THANKSGIVING DAY
THURSDAY
NOVEMBER 23

DAY AFTER THANKSGIVING
FRIDAY
NOVEMBER 24

CLUB & RESTAURANTS

Camp Zama Community Club

- Cashier & Game Room
- Dining Room
- Ballroom
- Firelite Lounge
- Game Time Sports Bar & Grill
- Catering

11 a.m. - 10 p.m.
Closed
Closed
Closed
11 a.m. - 10 p.m.
Closed

11 a.m. - 10 p.m.
Closed
Closed
Closed
11 a.m. - 10 p.m.
Closed

11 a.m. - 10 p.m.
Closed
Closed
Closed
11 a.m. - 10 p.m.
Closed

11 a.m. - 10 p.m.
11 a.m. - 4 p.m. (BUFFET)
Closed
Closed
11 a.m. - 10 p.m.
Closed

11 a.m. - 10 p.m.
11 a.m. - 7 p.m.
By Reservation
Closed
11 a.m. - 10 p.m.
Closed

Camp Zama Bowling Center

11 a.m. - 7 p.m.

11 a.m. - 7 p.m.

11 a.m. - 7 p.m.

Closed

11 a.m. - 7 p.m.

Camp Zama Golf Club

- Pro Shop
- Restaurant & Bar

6:30 a.m. - 6 p.m.
6:30 a.m. - 6 p.m.

6:30 a.m. - 6 p.m.
6:30 a.m. - 6 p.m.

6:30 a.m. - 6 p.m.
6:30 a.m. - 6 p.m.

6:30 a.m. - 6 p.m.
6:30 a.m. - 6 p.m.

6:30 a.m. - 6 p.m.
6:30 a.m. - 6 p.m.

Sagamihara Housing Area Club

- Pacific Rim Restaurant
- Blue Moon Bar

Closed
Closed

Closed
Closed

Closed
Closed

Closed
Closed

Regular Hours
Regular Hours

Sagami Depot Lounge

- Dining Room
- Gauntlet Room

Closed
Closed

Closed
Closed

Closed
Closed

Closed
Closed

Regular Hours
Regular Hours

CHILD & YOUTH SERVICES

Parent Central Services

Closed

Closed

Closed

Closed

Closed

Zama Child Development Center

Closed

Closed

Closed

Closed

5:30 a.m. - 6 p.m.

SHA Child Development Center

Closed

Closed

Closed

Closed

5:30 a.m. - 6 p.m.

SHA School Age Center

Closed

Closed

Closed

Closed

5:30 a.m. - 6 p.m.

Youth Center

Closed

Closed

Closed

Closed

Closed

Youth Sports & Fitness

Closed

Closed

Closed

Closed

10 a.m. - 7 p.m.

COMMUNITY RECREATION

Arts & Crafts Center

Closed

Closed

Closed

Closed

Regular Hours

Automotive Skills Center

Closed

Closed

Closed

Closed

11:30 a.m. - 7:30 p.m.

Community Recreation Center

Closed

Closed

Closed

Closed

8 a.m. - 7 p.m.

Zama Library

Closed

Closed

Closed

Closed

10 a.m. - 6 p.m.

SHA Library

Closed

Closed

Closed

Closed

1:30 a.m. - 5:30 p.m.

Outdoor Recreation

Closed

Closed

Closed

Closed

Regular Hours

Zama Pet Care Center

Closed

Closed

Closed

Closed

Regular Hours

Yano Fitness Center

8 a.m. - 6 p.m.

8 a.m. - 6 p.m.

8 a.m. - 6 p.m.

Closed

8 a.m. - 6 p.m.

Yano Swimming Pool

Closed

Closed

Closed

Closed

10 a.m. - 6 p.m.

Camp Zama Lodging

Regular Hours

Regular Hours

Regular Hours

Regular Hours

Regular Hours

Tokyo Recreational Lodging

7 a.m. - 10 p.m.

7 a.m. - 10 p.m.

7 a.m. - 10 p.m.

7 a.m. - 10 p.m.

7 a.m. - 10 p.m.

Warrior Zone

Closed

Closed

Closed

Closed

Closed

ARMY COMMUNITY SERVICE

Army Community Service

Closed

Closed

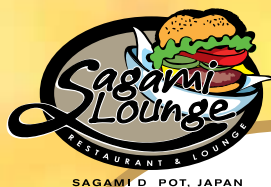
Closed

Closed

Closed



In Celebration of Military Family Month



We're providing **FREE Brownie** for all Military Kids throughout the month of November!

No purchase required, come stop by Sagami Lounge this month and check out what we've prepared for you!



Sagami Lounge

Bowling Center

A lane for 1 hour of bowling, up to 5 pairs of rental shoes, a large 1 topping pizza, and up to 5 fountain drinks for only \$26! This is available any time lanes are available.



AQUA MASSAGE

In support of *Military Family Month*, the Yano Fitness Center is offering a **FREE** aqua massage during the month of November.

Yano Fitness Center



KIDS PLAY FREE

Kids play **FREE** with their Military Sponsor during the month of November. (Ages 17 & under).

Camp Zama Golf Club



SHA Club

Every Sunday in the Month of November 2023
4:30-8:30 p.m.

1 FREE Medium Pepperoni Pizza!
per Active Duty Military Family!

One Military Youth (7-12) eats for half price with the purchase of an Adult Thanksgiving Buffet.

*Please show Active Duty Military card upon purchase.



CZCC

CAMP ZAMA COMMUNITY CLUB



Lunch, Dinner, Catering & Social Events

Camp Zama • Bldg. 457 • DSN: 263-4547 • Commercial: 046-407-4547



Dining Room

Lunch: 11 a.m.-5 p.m. • Dinner: 5-7 p.m.

New Lunch & Dinner Menu at

Dining Room

**Experience Lunch & Dinner,
Starting September 18th.
Join us in the Dining Room!**

"Indulge in the Lunch Menu featuring Club Sandwich, CZCC Hoagie BLT, and the Exquisite Miso Salmon. Dive into the Dinner Menu with Creamy Crab Risotto, Char Grilled Hamburger, and the Finest Filet Mignon."



Don't Miss Out!



Every Third Wednesday of the Month
5-7 p.m. in the Dining Room

Mongolian Buffet

Starting September 20th.

September 20th
October 18th
November 15th

**90
cents
per ounce**

Oktoberfest

October 14th, 4:30 - 9 p.m. at CZCC Parking Lot

Featuring German Food, German Beers, Entertainment and Games.

Thanksgiving Day Buffet

November 23rd, 11 a.m. - 4 p.m. at the Dining Room.

Price: Adults \$25.95, Children (7-12) \$16.95, 6 and under FREE.

Camp Zama Community Club

Join us!

**Sunday
BRUNCH**

Every Sunday 10:30 a.m. - 2 p.m.
Enjoy a delicious meal at Dining Room

\$19.95

Adults

\$9.50

Children 6-12

Free for Children 5 and under





Sports Bar & Grill

MONDAY-SUNDAY 11 a.m.-10 p.m.

Monthly Special

SEPTEMBER



Schnitzel Sandwich \$10

Schnitzel Sandwich Hand Breaded Pork Cutlet served on a toasted Kaiser Roll served with Lettuce, Tomatoes, Onion and Pickle. Comes with choice of French Fries, Curly Fries or Vegetable Cup.

OCTOBER



Chicken Salad Croissant Sandwich \$14

Our Homemade Chicken Salad piled high on a flaky, Buttery Croissant, served with choice of French Fries, Curly Fries or Vegetable Cup.

NOVEMBER



Mushroom Swiss Burger \$13

One of our Homemade Half Pound All Beef Patties grilled to perfection, topped with Swiss Cheese, Sautéed Mushrooms served on a Toasted Kaiser Bun with Lettuce, Tomato, Onion and Pickles served with choice of French Fries, Curly Fries or Vegetable Cup.



Firelite Lounge

FRIDAY 9 p.m. - 3 a.m.

HIP HOP NIGHTS

September 1, 8 & 22
October 6, 13 & 27
November 3, 10 & 24

COUNTRY MUSIC

September 15
October 20
November 17

HOURS OF OPERATION

DINING ROOM

Lunch: 11 a.m.-5 p.m.

Dinner: 5-7 p.m.

Open Sunday for Brunch: 10:30 a.m.-2 p.m.

FIRELITE LOUNGE

FRIDAY 9 p.m.-3 a.m.

SPORTS BAR

MONDAY-SUNDAY 11 a.m.-10 p.m.

CASHIER WINDOW

SATURDAY-THURSDAY 10:30 a.m.-10 p.m.

FRIDAY 10:30 - 2 a.m.

GAME ROOM

SATURDAY-THURSDAY 11 a.m.-10 p.m.

FRIDAY 11 a.m.-2 a.m.

THE "BOXZ" KARAOKE ROOM

SUNDAY-THURSDAY 11 a.m.-9 p.m.

FRIDAY & SATURDAY 11 a.m. - 10 p.m.

CAMP ZAMA COMMUNITY CLUB

THANKS GIVING DAY BUFFET

THURSDAY, NOVEMBER 23RD
11 a.m. - 4 p.m. at CZCC Dining Room



\$25.95 Adult
\$16.95 Youth (7-12)
6 and under Free



Camp Zama Community Club 263-4547/046-407-4547
website: zama.armymwr.com  www.facebook.com/armymwrjapan



IDEAS



FUND RAISING

Please Contact Us!



Private Organizations

Want to raise funds at our next Family & MWR Community Event?

Contact Joy Manrique

263-4387/046-407-4387

maria.c.manrique.naf@army.mil

<https://zama.armymwr.com/private-organizations-fundraising>



Commercial Solicitation & Home Based Businesses

Operating a home business in Camp Zama?

Contact Rika Osada

263-5962/046-407-5962 • rika.j.osada.naf@army.mil



GCLXVI

GRIDIRON CHALLENGE XVI
2023-2024 CAMP ZAMA COMMUNITY CLUB



ARE YOU READY FOR SOME FOOTBALL?

5-7 P.M. • EVERY THURSDAY

September 7, 2023 - January 7, 2024

For 18 Weeks at the Game Time Sports Bar

There is no cost to play the Gridiron Challenge!

The "Gridiron Challenge" is a very popular Camp Zama Community Club program. A high percentage of the military community are "Fans of the NFL" and this challenge provides football fans the opportunity to show their knowledge of the game by picking weekly game winners.



Prizes provided each week! Participation is FREE to Soldiers, Families, DoD Civilians, Retirees, LN Employees and JGSDF.



For more information, 263-4547/046-407-4547

website: zama.armymwr.com/  www.facebook.com/armymwrjapan

QUESTIONS AND ANSWERS 2023

There are several parts to the Challenge-- here is some information you should know.

1 18 WEEKS – REGULAR SEASON

For 18 weeks, from September 7 to January 7, 2024, you can pick up an entry form every Thursday from 5-7 p.m. in the Game Time Sports Bar showcasing the games scheduled for the forthcoming week. Entry forms must be turned in before 7 p.m. to the staff at the CZCC. When you receive your first entry form you will receive information explaining the "tie-breaker" Only one entry per week.

Each weekly winner will receive a Special Prize.
A photo will be taken of all winners and displayed in the CZCC.

All weekly winners names (18) will be placed in a drawing and the winner will receive VIP seating and a steak breakfast for him / her and 9 friends at Zama's Super Bowl Party on February 12, 2024.

2 CUMULATIVE PRIZE

The total wins that each participant picks each week will be kept on file at the CZCC. This sheet will be available for all to view on the Gridiron Challenge Board. The Top 3 players with the most wins after week 18 will receive a prize of \$200 (1st Place), \$100 (2nd Place) and \$50 (3rd Place).

3 PLAYOFF CONTEST

There are two parts to the Play-off Contest.

Play-Off Picks: On Week 14 pick the 14 teams that you think will make the playoffs. Once the playoff teams are determined the participant with the correct teams will win \$100. There will be a tie-breaker for the Play-off Picks also.

Play-Off Games: Once the playoff teams are determined you must pick which teams will win each game. The format will be the same as during the regular season. Any wins from the regular season do not count in the playoff contest. The conference playoff games are the last games for the playoff challenge. The person with the most wins during the playoffs will receive a \$100 prize.

WEEKLY PRIZES

Week 1 Apple iPad

Week 2 JBL Pure Bass Headphones

Week 3 BOSE Soundflex

Week 4 Sony Speaker

Week 5 Under Armour Headphones

Week 6 Vizio Sound Bar

Week 7 Apple iPad

Week 8 Under Armour Ear Buds

Week 9 Fitbit Versa 2 Watch

Week 10 BOSE Headphones

Week 11 BOSE Sunglasses

Week 12 Apple iPad

Week 13 GoPro 8

Week 14 Oculus Game System

Week 15 Apple iPad

Week 16 65" TV

Week 17 HP Laptop Computer

Week 18 PlayStation 5 (PS5)



Dates and times, programs and events are subject to change due to circumstances beyond our control.

SHA CLUB

Restaurant & Bar



Sagamihara Housing Area • BLDG 121-2 • DSN: 262-6097 • Commercial: 046-407-6097

SHA Club Restaurant: Wednesday - Sunday: 4:30 - 9:30 p.m. • Monday & Tuesday: Closed

SHA Club Bar: Wednesday & Thursday: 4:30 - 9:30 p.m. • Friday & Saturday: 4:30 - 12 a.m.

Sunday: 4:30 - 9:30 p.m. • Monday & Tuesday: Closed

Delivery & Take Out Service: Wednesday - Sunday: 4:30 - 8:30 p.m. • 262-6038 or 042-869-6038

Chef's Special

September 1-30



Beef and Broccoli \$14.95

October 1-29



Hamburger Steak \$13.95

November 1-30



Turkey Wrap \$13.95

RESTAURANT

Try One of Our Healthy
Lettuce Wraps
Low Carb, Low Sugar, High Protein



Bulgogi Lettuce Wrap \$10.95



Fried Pickle Chips \$7.95

Breaded Pickle Chips served with Ranch Dressing.



Spicy Pork Lettuce Wrap \$10.95



Chips and Salsa \$4.95

LITTLE CHEF NIGHT

FOR KIDS

Build
Your
Own
Pizza!

Every
Wednesday Night in
September, October &
November • 4:30 - 8:30 p.m.
\$6.95 (Kids only, under 12 years)



SHA CLUB TAKE OUT SERVICE

Call us 262-6038 or 046-869-6038

Please ask the staff for what's available.

Live Entertainment

Saturday, 8:30 - 9:15 p.m. & 9:30 - 10:15 p.m.

Unless specifically stated otherwise, the event will be held at the time indicated. **Adults only event.**

& **BAR**



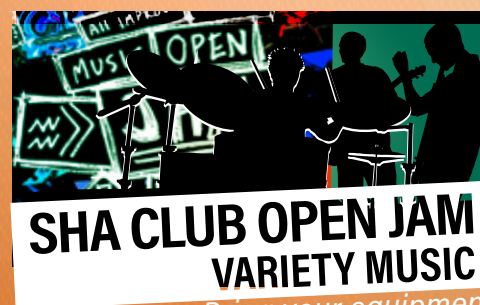
September 9
Zipper Retreat (Rock & Blues)



September 23
FTG (AC/DC Tribute)



October 14
The Durango Brothers Band
(Rock Music)



October 21
OPEN MIC JAM Session



October 28
KU'U MOKU BAND



November 11
Roger Sherrin & The Boso Boys
Rock, Blues & Country Music



November 18
Formula C (Pop, Rock & Jazz)



November 25
KU'U MOKU BAND

TRIVIA NIGHT

Friday • 7:30 p.m. at the SHA Club Bar
September 7 (Thursday), 8 & 22
October 13 & 27
November 10 & 24

Dates and times, programs and events are subject to change due to circumstances beyond our control.

SAGAMI LOUNGE

Restaurant & Lounge



Sagami Depot • BLDG 135-S2 • DSN: 268-4954 • Commercial: 042-869-4954

Dining DSN: 268-4142 • Commercial: 042-869-4142

Breakfast Monday - Friday: 6:30 - 9 a.m.

Bento Order Monday - Friday: 9 - 10 a.m.

Lunch Monday - Friday: 11 a.m. - 1 p.m.

American Breakfast Set
\$8.25



Breakfast



Build Biscuit \$5



French Toast \$4.25

Come and try
our featured items!



Smoked Chicken
Salad \$8.95

Fried Pickles \$4.95



Lunch

Chili Cheese Sandwich 8.25



Bento

Monday - Friday • 9-10 a.m. to order

We serve

Daily Special Bento

- **Sagami Lounge Daily Special Bento \$5.00** (Limited to 30)
- **Regular Bento \$5.00** (Limited to 20)

Please
Call!

DSN: 268-4142, Comm: 042-869-4142
Monday - Friday • 9 - 10 a.m.
Delivered by 12 p.m., Sagami Depot Only
(Saturday & Sunday: Closed)

Advanced Bento Tickets are available! \$50/10 tickets.
前売り弁当チケット 50ドル/10枚

当日午前9時～10時までのご注文で午後12時にお届けします!

- **Sagami ラウンジ デイリースペシャル弁当** (1日30個限定)
- **レギュラー弁当** (1日20個限定)

ご注文は
お電話で!

SAGAMI ラウンジ 受付 9:00~10:00 am
内線268-4142, お届け 12 pm まで
外線042-869-4142 [土日休業]

円でのお支払い: 毎月の為替レートによって価格が変わります。配送は相模デポのみとなります。
メニューの内容は予告なく変更される場合がございます。

Menu items are subject to change without notice.

Specialty Coffee Service

For Depot Community

Monday - Friday

6:30 a.m. - 9 a.m.

11 a.m. - 1 p.m.



Hot / Iced

American o

Cafe Latte

Cafe Mocha

Caramel Latte

Vanilla Latte

Hazelnuts Latte

Caramel Macchiato

with whipped cream

Hot

Cappuccino

Options

Extra Espresso Shot

Whipped Cream Topping



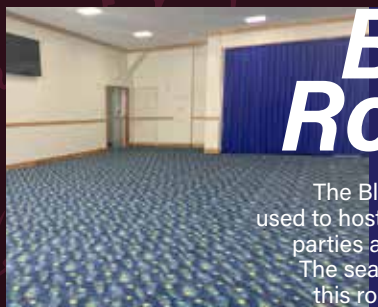
**Sagami Lounge
Homemade Snacks**

Cookies \$1.00 / Brownie \$1.00



VIP Room

The VIP Room is perfect for a private meeting. Seating capacity is currently 12 people.

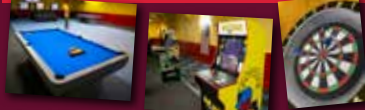


Blue Room

The Blue Room can be used to host catered events, parties and conferences. The seating capacity for this room is 40 people.



The Gauntlet Room



Hours of Operation

Monday - Friday • 6:30 a.m. - 3 p.m.

The Gauntlet Room offers **WiFi** and fun activities such as Air Hockey, Billiards, Ping Pong, Video Games, Darts, Board Games and more!

Call 268-4954 for more information.



MAP

Main gate to Sagami Lounge



Main Gate
メインゲート

ZAMA BOWLING CENTER

Sports, Recreation & Activities



Camp Zama • BLDG 389

Snack Bar DSN: 263-4760 • Commercial: 046-407-4760

Sunday-Tuesday: 11 a.m. - 7 p.m.

Wednesday-Saturday: 11 a.m. - 10 p.m.

Holidays: Closed

Bowling Specials!

LABOR DAY

September 4th

**All Day Cosmic Bowling
Half Off HyperBowl!**

VETERANS DAY

HONORING ALL WHO SERVED

November 10th

\$1 Game \$1 Shoe rental

After School Bowling

Monday thru Friday (School Kids Only)

2 - 5 p.m.

\$1 per Game and \$1 shoes

Lunch Time Bowling

Monday thru Friday

11 a.m. - 2 p.m.

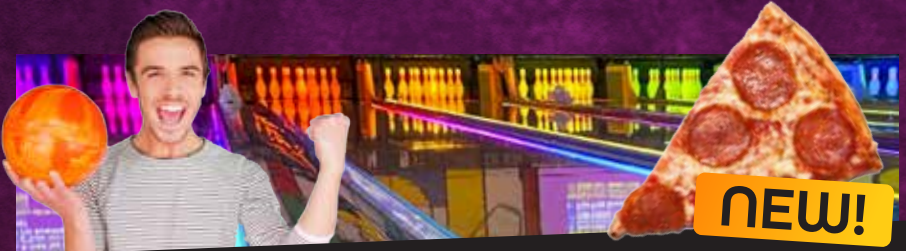
Got a long lunch or just feel the need to knock over some pins? Every weekday from 11 a.m. - 2 p.m., enjoy two free games of bowling with a snack bar purchase of \$7.50 or more. Enjoy lunch while blowing off steam or just improving your game!

COSMIC HYPERBOWL NIGHT

First Friday each month

7 - 10 p.m.

\$18 per person



Monthly HyperBowl High Score Contest.

Win A Pizza with the Monthly HyperBowl High Score
Sign up today at the Bowling Center Front Desk to Enter!

October

HALLOWEEN



Monster Factory Coloring Contest

Win a Family Bowling Package!!



October 9th

Columbus Day

Build Your Monster!!

Half off Hourly Mad Games



Every Tuesday Family Day Specials

2 - 6:30 p.m.

* Family Pack (pizza & bowling): \$26

Every SUNDAY

11 a.m. - 6:30 p.m.

\$1 Game and \$1 shoes

Bowling Prices

Adult (per game): \$2.75

Youth (per game): \$2.25

Shoe Rental: \$2

HyperBowl (per hour) \$18

Regular Lane Rental \$15

Snack Bar Monthly Specials

September



Loaded Hotdog Pizza \$18.75

Pizza Topped with Sliced Hot Dogs, Bacon, Jalapeno, Diced Tomatoes, Onion, Cheddar, and Diced Peppers.



Teriyaki Burger \$9.95

Our House Burger Dipped in Teriyaki Glaze and Topped with Cheese and Bacon. Includes a Fountain Drink and choice of Crinkle Cut Fries, Curly Fries, or Vegetable Cup.

October



Teriyaki Chicken Pizza \$18.75

Pizza Topped with Teriyaki Glazed Chicken, Corn, Onions, and Finished with a topping of Mayonnaise.



Inside Out Grilled BBQ Beef and Cheese \$9.95

BBQ Sandwich with Crispy Grilled Cheese on the Outside. Includes a Fountain Drink and choice of Crinkle Cut Fries, Curly Fries, or Vegetable Cup

November



Blue Cheese and Buffalo Chicken Pizza \$18.75

Pizza with Blue Cheese Sauce, Mozzarella Cheese, and Shredded Buffalo Chicken.



Foot Long Hotdog \$10.95

Includes a Fountain Drink and choice of Crinkle Cut Fries, Curly Fries, or Vegetable Cup.

YANO FITNESS CENTER

Camp Zama • Bldg. 205 • DSN: 263-4664 • Commercial: 046-407-4664



Hours of Operation

Mon-Fri	5 a.m. - 9 p.m.
Sat, Sun	8 a.m. - 6 p.m.
Fed Holidays	8 a.m. - 6 p.m.

Fitness Services

- No Cost WI-FI
- Message Therapy
- Personal Training
- Locker Rental
- Family Fitness Center
- Facility Orientation
- Aqua Massage

Fitness Classes

- Aikido
- Brazilian Jiu-Jitsu
- Burn
- Functional Fitness
- HIIT
- Karate
- Spin
- Strong Foundations
- Yoga
- Zumba

**For more information
(class dates & times, lesson fees,
& appointments)
call 263-4664 Or 046-407-4664.*

Calendar of Events

- | | |
|------------------|-------------------------------------|
| • September 9 | Texas Hold'em |
| • September 16 | Singles Table Tennis |
| • September 25 | IM Flag Football Starts (tentative) |
| • September 27 | Punk, Kick & Toss |
| • October 1 | Half Marathon |
| • October 14 | Ultimate Frisbee |
| • October 27 | SHA Halloween Run |
| • November 4 | 6 Person Soccer |
| • November 18 | Pickleball Tournament |
| • November 20-23 | Virtual Turkey Trot |

***NOTE:**
Events are subject to change.

300/150 • 1000/500 **pounds**club

Become a member of either ELITE club(s) and have your name enshrined on the Yano Fitness Center Plaques. Challenge by appointment. Please call 263-4664/3954.

Become a Zama Legend!



Men • 300 + Pound Club

**Members must complete one successful repetition bench-pressing 300 or more pounds.*

Men • 1000 + Pound Club

**Will have 15 minutes to complete one successful one lift repetition of bench-press, squat and dead lift. The combined total of the lifts must be 1000 or more pounds.*

Women • 150 + Pound Club

**Members must complete one successful repetition bench-pressing 150 or more pounds.*

Women • 500 + Pound Club

**Will have 15 minutes to complete one successful one lift repetition of bench-press, squat and dead lift. The combined total of the lifts must be 500 or more pounds.*



FAMILY FITNESS AREA

If you have small children, don't forget we have a Family Fitness Area at the **Community Recreation Center (CRC)**!

Mondays - Fridays • 8 a.m.-7 p.m.
Saturday & Sundays • 8 a.m. - 5 p.m.
U.S. Holidays • Closed

**Runners are encouraged to run in Halloween costumes!*

HALLOWEEN 3K RUN

- Open to all Military personnel in the Camp Zama, Sagami Depot, and Sagami Hara Housing Area, retirees, DOD/DAC, AAFES, SOFA family members, JGSDF, and MLC employees.
- No age categories.
- No fee for this event.
- **Register before the start of the race!**

Rules for the Drawings:

- Must be 18 years of age (and not in high school) to enter the drawings.
- Must be wearing a costume to be eligible for the drawings.

Friday, October 27 • 7 p.m.
Sagami Hara Housing Area (3K)

***For more info, please call 263-4664/7980 or 046-407-4664/7980.**

"Registration is **CLOSED**, but you can still come out to Sagami Depot to cheer our Camp Zama Participants.
Let's go runners!"



KANAGAWA
RUNNING
ASSOCIATION

7th EAST JAPAN



HALF MARATHON & EKIDEN (Relay Race)

Sunday, October 1, 2023 - Sagami General Depot

**Half
Marathon**

Ekiden

Starts 9:30 a.m.

Starts 1:30 p.m.

Even your PET needs to COOL-OFF too.



***NO cost
for this
event.**



RULES

1. Registration Form and Liability Waiver must be submitted for review prior to event.
2. Maximum of 30 dogs for the event.
3. Large dogs (over 25 pounds) will be in the deep end and small dogs (under 25 pounds) will be in the shallow end.
4. All dogs vaccines must be up to date.
5. A maximum of 1 dog to every 1 adult owner. The dog owner must have control and oversight over their dog at all times. The owner is expected to follow the rules of the event, sign the waiver, and remain with their dog throughout the event. (Owner must be 18 years or older).
6. **Owners may NOT enter the pool with their dogs.**
7. No Recreational or Lap Swimming.
8. Puppies under the age of 4 months will not be permitted.
9. Dogs must be well behaved, sociable dogs; Aggressive dogs are not allowed. If a dog is observed to be aggressive, the owner must remove their dog from the premises immediately. Event staff will monitor the dog's activities for any signs of aggression and enforce this rule.
10. Dogs that have an open cut, wound, or hair/skin condition or look ill will not be allowed.
11. Owners must appropriately dispose of their dog's fecal matter in designated areas that are provided.
12. Aquatic Staff reserve the right to dismiss any dog or patron for rule infraction unruly or aggressive behavior.
13. MWR will not be responsible for any injuries (owner or dog) that may occur during event.

DOGGIE-DIP Day

Saturday • September 23 • 12-3 p.m. • SHA POOL

Registration starts September 11 at Yano Fitness Center & SHA Pool.

***For more information, call 263-4664/262-6132 or 046-407-4664/042-869-6132.**

AQUATICS

Camp Zama • Bldg. 205

DSN: 263-3348

Commercial: 046-407-3348

YANO POOL HOURS OF OPERATION

**As of September 23, 2023*

Mon-Fri	5 a.m. - 7 p.m.
Sat, Sun	10 a.m.-6 p.m.
Fed Holidays	CLOSED

SERVICES • AMENITIES

- Solarium Rentals
- Training Reservations
- Jacuzzi, Steam Room, Sauna
- Diving Board
- Pool Configuration
- Life Guard Class Sign Ups

Training Reservations for Swimming Pool

We are no longer accepting pool reservations for PT (we will only accept reservations for required drown proofing Water Survival Training). All PT reservations will be on first-come, first-serve basis.

Age Policy for Swimming Pool

Children **15** years of age & below are NOT permitted in the pool unless accompanied by AND under the direct supervision of a parent or **legal** guardian. Children **16** & older have access to the pools without parental supervision.

Exception: Children participating in special programs organized and conducted by Aquatics, CYSS, the schools, or other authorized youth organizations may participate under designated adult supervision.

Jacuzzi • Steam Room • Sauna

The Jacuzzi, Steam Room & Sauna are co-ed at the Yano Fitness Center. Every Thursday morning, the Jacuzzi, sauna, and steam room are closed for maintenance from 8 - 9 a.m.

Solarium Reservations

If you're considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at the Yano Fitness Center Issue Counter. Forms can be emailed upon request.



SHA Outdoor Pool Season 2023

SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* September 4 - End of Summer Jam • Open Mic/Karaoke Event • Labor Day * September 23 - Doggie Dip • 12 - 3 p.m.					1 Open: 10:30 am - 6 pm	2 Open: 10:30 am - 6 pm
3 Open: 10:30 am - 6 pm	4 Open: 10:30 am - 6 pm	5 CLOSED	6 CLOSED	7 CLOSED	8 CLOSED	9 Open: 10:30 am - 6 pm
10 Open: 10:30 am - 6 pm	11 CLOSED	12 CLOSED	13 CLOSED	14 CLOSED	15 CLOSED	16 Open: 10:30 am - 6 pm
17 Open: 10:30 am - 6 pm	18 CLOSED	19 CLOSED	20 CLOSED	21 CLOSED	22 CLOSED	23 Doggie Dip 12 - 3 pm
24 CLOSED	25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED

End of Summer Jam

OPEN MIC • Karaoke Event

Monday • September 4 • 10:30 a.m. - 6 p.m.

**Try your luck on the Wibit Aqua Track floating obstacle course!*



SEPTEMBER

Yano Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Open: 5 am - 1:30 pm	2 CLOSED
3 CLOSED	4 CLOSED	5 Open: 5 am - 7 pm	6 Open: 5 am - 7 pm	7 Open: 5 am - 7 pm	8 Open: 5 am - 7 pm	9 CLOSED
10 CLOSED	11 Open: 5 am - 7 pm	12 Open: 5 am - 7 pm	13 Open: 5 am - 7 pm	14 Open: 5 am - 7 pm	15 Open: 5 am - 7 pm	16 CLOSED
17 CLOSED	18 Open: 5 am - 7 pm	19 Open: 5 am - 7 pm	20 Open: 5 am - 7 pm	21 Open: 5 am - 7 pm	22 Open: 5 am - 7 pm	23 Open: 10 am - 6 pm
24 Open: 10 am - 6 pm	25 Open: 5 am - 7 pm	26 Open: 5 am - 7 pm	27 Open: 5 am - 7 pm	28 Open: 5 am - 7 pm	29 Open: 5 am - 7 pm	30 Open: 10 am - 6 pm



ARTS & CRAFTS CENTER

Camp Zama • Bldg. 360-B • DSN: 263-4412 • Commercial: 046-407-4412

Hours of Operation

Tue-Sat 10 a.m. - 6 p.m.
Sun, Mon & Holidays Closed

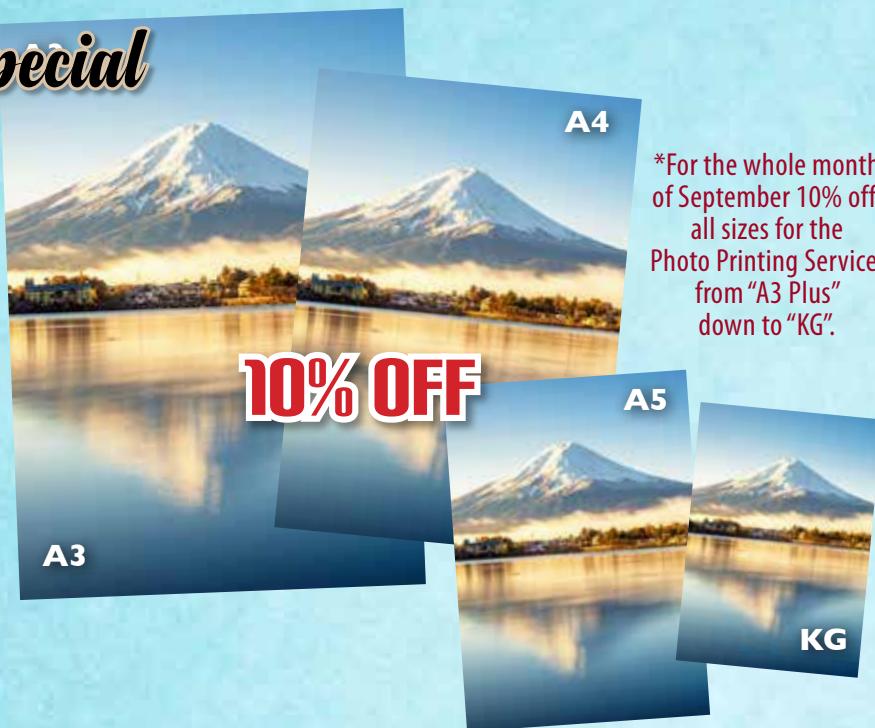
September Manager's Special

DIGITAL PHOTO PRINT SERVICE

- KG size: 4.02" x 5.98" ~ \$1.50 each
- A5 size: 5.83" x 8.27" ~ \$3 each
- A4 size: 8.27" x 11.69" ~ \$6 each
- A3 size: 11.69" x 16.54" ~ \$12 each
- A3 Plus size: 12.95" x 19.02 ~ \$18 each

**Digital graphic work not included.*

Please contact staff members for more details.



**For the whole month of September 10% off, all sizes for the Photo Printing Service, from "A3 Plus" down to "KG".*

October Manager's Special



For the whole month of October,
\$5 **OFF** of Wood Framing Class.

***Note:** There is a limited size for picture to be used, max size is 4 inch by 6 inch.

• Beginning Framing Class

Every 1st Saturday • 9:30 a.m. - 12:30 p.m.

\$25 per person, supplies included.

**Must bring a photo which is smaller than 8"x10" to class.*

• Advanced Framing Class

Every 3rd Saturday • 9:30 a.m. - 12:30 p.m.

\$25 per person, supplies included.

**Must bring a photo which is smaller than 8"x10" to class.*

**Beginning Class is required for Advanced Class*



Arts & Crafts Center Services

- **Balloon Shop**
 - Mylar Balloons
 - Big Number Balloons
 - Birthday Balloons
 - Balloon Weights
 - Thank You, Congratulations, Happy Anniversary, etc. Balloons
- **Custom T-Shirt Service**
 - Silk Screening Printing
 - Direct Printing
- **Metal Sheet Print (Name Plate)**
 - Sublimation Printing
 - Three colors metal sheet to select from
- **Mug Print Service**
 - Sublimation Printing
- **Engraving Service**
 - Wooden Plaque
 - Torii Gate/Torii Coin Gate
 - Wine Box
 - Beer Mug
 - Masu Cup

CLASSES & WORKSHOPS



Wood Shop Orientation
for Qualification Card "DA Form 3031"
Work-In anytime with heel & toe covered shoes.

Schedules are subject to change. Call 263-4412 for more details.

*Children must be accompanied by parents or designated responsible personnel to attend classes or workshop.

November

Manager's Special

For the month of November
take \$5.00 off the total cost on
your purchase of Torii Gates.

Plain Torii Gate



Torii (\$45) + Metal Plate (\$6) = \$51

Engraving such as on Torii
Gate coin rack is also available
for "**plain Torii Gates**".

Coin Rack Torii Gate



**Torii Gate Coin Rack (\$50)
+ Metal Plate (\$6)
+ Engrave (\$5) = \$61**

**Coins & flags not included.*

AUTO SKILLS CENTER

Camp Zama • Bldg. 360-A

DSN: 263-3615 • Commercial: 046-407-3615



HOURS OF OPERATION

Mon-Tue & Holidays • Closed
Wed-Fri • 11:30 a.m. - 7:30 p.m.
Sat-Sun • 9:30 a.m. - 5:30 p.m.

Safety Orientation

DA 3031-1 Qualifications Card for use of the Auto Skills Center is issued after a safety orientation given every day, 15 minutes after opening and whenever time is available. This briefing is required before facility use.

Junking Vehicle Service

Our process consists of picking up the vehicle if it cannot be driven, bringing the vehicle to the junk yard, returning the license plates, base decal and any funds from the junk yard. Unfortunately, we cannot go to the LTO for you, sorry.

Services

• Wash-N-Wax Service

Our Wash-N-Wax service consists of a basic wash & wax of the outside only, with tire waxing included. There is an additional cost for cleaning the interior. For more information and fees, please stop by or give us a call.

• Towing Services

We offer a towing service and roadside assistance Wednesday through Sunday during operational hours of the Auto Skills Center. For more information and rates, please give us a call.

Automotive Maintenance Classes

*DON'T FORGET WE STILL OFFER "ONE ON ONE" CLASSES

Just give us a call to set up an appointment and it's only \$15.00 per class! Classes to choose from are:

- Engine Oil Change
- Coolant / Antifreeze Change
- Brake Pad Replacement
- Shoe / Lining Replacement
- Belt Replacement

NOTE: One class per appointment, parts & supplies not included. Parts & supplies may be purchased through the Auto Skills Center. Customer provided parts & supplies may be used, but please refrain from ordering parts outside of Japan due to compatibility.

*Other subject matter items may be taught but on a case by case basis. Give us a call on what we may or may not be able to teach you.

Top Tips • Interior/Exterior Cleaning Tips

- 1) Did you know you can use baby wipes to clean the interior of your vehicle? Try it out one time. **NOTE:** For leather interior/seats you may want to try on a small area in an inconspicuous spot to make sure it does not discolor or cause any kind of damage.
- 2) Did you know you can use oolong tea to remove smoke residue on the interior glass of your car? The oolong tea helps break down the tar and makes it easier to wipe up. You could even use it to clean the plastic trim too.
- 3) If you have a crack in the windshield or any window on the vehicle and you want to help keep it from spreading or growing, try some clear nail polish and dab a little on it. This is only a short and temporary fix and depending on the location of the crack, if it is on the front windshield, it may not pass JCI inspection.



TIRE MACHINE & WHEEL BALANCER

We have **NEW Motorcycle Wheel Adapters** for the tire machine.

AUTO SKILLS CENTER

Fall Manager's Specials



September • Labor Day Special

For the week of Labor Day 6 – 10 September, all customers receive 30 minutes free bay fee. (Customers must be using bay for at least one hour)

October • Columbus Day Special

Celebrating Columbus Day, for the month of October, take **\$50 OFF** our "Polishing Service." Due to service taking several days is limited to the 4 customers and are required to come to the shop, make an appointment and show condition of exterior paint.



November

• Veteran's Day & Thanksgiving Specials

Celebrating Veterans Day & Thanksgiving, all active military members, and military retirees receive **double stamps** every Wednesday for the month of November (must show active duty military ID when not in uniform and retirees must show military retiree ID).





SHA Library Hours of Operation

Tue-Fri 1:30 - 5:30 p.m.
Sat 11 a.m. - 4 p.m.
Sun, Mon & Holidays Closed

SHA LIBRARY

SHA • Bldg. 121-02

DSN: 262-6113 • Commercial: 046-407-6113

EVENTS at the SHA Library

SHA Book Club

3rd Wednesday of Every Month • SHA Club • 6 p.m.

- September 20 - "Lessons in Chemistry" by Bonnie Garmus
- October 18 - "Remarkable Bright Creatures" by Shelby Van Pelt
- November 15 - "The German Wife" by Kelly Rimmer



Japanese Class

Next class starts in January

SHA Library • 10 a.m.
2nd & 4th Tuesday
January - March

- Class limited to 10 participants
- *Register in-person at the SHA Library starting December 7.



Pokémon Trading Card Club

2th Tuesday of the Month • SHA Library • 2-4 p.m.

- September 12
- October 10
- November 14

Access online resources at:
<https://dodmwrlibraries.org>

ON•LINE CATALOG

Search our collection from home or work at:
<http://mwrlibrary.armybiznet.com/search~s76>



- September 5 & 19
 - October 3 & 17
 - November 7 & 21
- 10-11:30 a.m.
SHA Library



Morning Playtime

ZAMA LIBRARY

Camp Zama • Bldg. 278

DSN: 263-3517

Commercial: 046-407-3517

Zama Library Hours of Operation

Mon-Wed, Fri & Sat	10 a.m. - 6 p.m.
Thurs	10 a.m. - 6:30 p.m.
Sun & Holidays	Closed

Japan-Themed Story Time

Zama Library • 10 a.m.
Every 1st & 3rd Wednesday

- September 6 & 20
- October 4 & 18
- November 1 & 15



Zama Library Story Time

2nd & 4th Tuesday of the Month
10-11 a.m.

- September 12 & 26
- October 10 & 24
- November 14 & 28

English Hub at the Zama Library

2nd & 4th Thursday

September 14 & 28

October 12 & 26

- November 9 & 30

(November 23 is Thanksgiving)

5:15 - 6:30 p.m.

Come join us at Camp Zama Library for a fun experience learning conversational English with cultural exchange activities and socializing! For community members (LN employees, JGSDF personnel) and family members who wish to improve their English ability.

Intro to Japanese Language & Culture

2nd & 4th Thursday • Zama Library • 1:30-3:30 p.m.

• September 14 & 28

• October 12 & 26

- November 9 & 30 (November 23 is Thanksgiving)

*Class limited to 15 participants

"Japanese for Busy People", 4th edition, Romanji Version
(available at Zama & SHA Libraries)

Tabletop Gaming Group

1st & 3rd Saturday of the Month
10-3:30 a.m.

Bring and play your board, card, miniatures, or Role Playing games.

Zama Library Chess Club

Club starts in October!

3rd Thursday of the Month

4:30-6:15 p.m.

- October 19
- November 16



Zama Library Teen Book Club

1st Wednesday of the Month
3:30-4:30 p.m.

- September 6

Mara, Daughter of the Nile

by Eloise Jarvis McGraw

- October 4

A Tale of Two Cities

by Charles Dickens

- November 16

The Shakespeare Stealer

by Gary Blackwood





Parent Central Services

263-4125 • 046-407-4125

We are located at the Bldg. 102, Room M210 (2nd floor).



Loretta Murray

CYS Coordinator

Bldg. 102 • Room B-200

DSN: 263-8086

loretta.a.murray2.naf@army.mil



Nicholas J. Andrews

Outreach Services Director

Parent Central Operational Hours:

- Monday-Thursday: 8-5 p.m.
(Closed for Lunch: 1-2 p.m.)
- Fridays: 8-4 p.m.
(Closed for Lunch: 1-2 p.m.)

Parent Central Services is your first stop to register and make payments for the Child Development Center, School Age Care, Youth Center, Youth Sports, & SKIES Unlimited classes! Stop by PCS for all your registration needs and program information. Families wishing to request full-time and part-time child care in our CDC and SAC Programs, must submit a request for care at MilitaryChildCare.com.

Child & Youth Services New Fee Policy (School Year 2022-2023)

On December 1, 2022, the Army implemented the School Year 2022-2023 (SY22-23) Army Child and Youth Fee Policy as required by the SY22-23 Department of Defense (DoD) Child Development Program Fee Policy. The DoD Fee Policy, issued each year, prescribes uniform fee regulations for military child developments programs based on Total Family Income (TFI). The key points included in the SY22-23 Child and Youth Fee Policy are:

The SY22-23 Fee Policy represents year one of the Office of Secretary of Defense (OSD) 5 year model to gradually increase the number of income categories and fees.

The SY22-23 Fee Policy increases the number of fee categories from 13 to 14 TFI categories. Category TFI ranges occur in \$10,000 increments starting at \$30,000.

The Services, directed by OSD, are to implement the minimum compensation rate (hourly pay rate) for all direct care staff in child development programs

and youth programs. OSD made changes to the fee policy to generate income to help pay for these increases for child development program staff and to facilitate staff recruitment and retention.

The hourly care rate has changed from \$7 to \$8.

A daily fee of \$54 is charged for occasional users attending School Age Care (SAC) more than 4 hours per day. A daily fee of \$34 is charged for occasional users attending SAC 4 or less hours per day. An occasional user daily fee of \$35 applies to occasional users needing supervised programming before 1 p.m. on school out days.

Parent fees TFI have not changed since SY18-19.

Please contact Parent Central Services at 263-4125 if you have any questions or to address any issues or concerns.



****Must be registered at Parent Central Services to participate. SOFA Status Members Only.***

Child Development Centers

Zama 263-4992 • 046-407-4992 / SHA 262-6273 • 046-407-6273



September 2023

- Part Day Program Orientation • September 8 • SHA/Zama CDC
- Back to School Breakfast to go for Parents • September 15 • SHA CDC
- National Talk like a Pirate Day (pirate dress up) • Zama CDC
- Pajama & Movie Day • September 22 • SHA/Zama CDC

October 2023

- Fire Prevention Week (Sparky Puppet Show-Oct 11) • October 8-13 • SHA CDC
- Fall Craft with Families • Zama CDC
- Pumpkin Decorating Contest • October 23 • SHA CDC
- Fall Festival/Book Character Parade (special guests Hosen Kindergarten school) October 26 • SHA CDC
- National Pumpkin Day (decorate a pumpkin) • October 26 • Zama CDC

November 2023

- Fall Craft with Families • November 10 • Zama CDC
- Thanksgiving Luncheon with Parents • November 17 • SHA/Zama CDC
- Special Pie Day with Parents • November 22 • SHA CDC
- Pie w/Families Snack time • November 22 • Zama CDC

Zama CDC Spirit Week

October 30 - November 3

- Mismatched Sock Day • October 30
- Dress Up as Your Favorite Character Character Parade • October 31
- Sports Day • November 1
- Crazy Hair Day • November 2
- PJ Day • November 3

**All activities are conducted in the classrooms and social distancing guidelines observed.*



 REGISTER



Bryson Hamamura
Zama CDC Director



Nicole Martinez
SHA CDC Director



**Must be registered at Parent Central Services to participate. SOFA Status Members Only.*



School Age Care

262-6013 • 046-407-6013



Audrey Morgan-Daugherty
SAC Director

September 2023

- SAC Closed in observance of Labor Day • September 4
- CYS Training Day SAC Closed • September 5
- SAC Open House • September 8
- Green Wave Park Field Trip • September 22
- Celebrating all things "Apple" • September 26

October 2023

- 4H /BGCA Clubs Kick Off • October 2
- SAC Closed in observance of Columbus Day • October 9
- SAC 5th Grade Happenings • October 20
- SAC Fall Fest • October 27
- SAC Costume party • October 30

November 2023

- SAC Closed in observance of Veteran's Day • November 10
- SAC Family Feast • November 17
- SAC Closed in observance of Thanksgiving Day • November 23



**Must be registered at Parent Central Services to participate. SOFA Status Members Only.*



School Support Services

263-5441 • 046-407-5441



Billie Hogan
School Liaison Officer

The School Liaison Officer (SLO) for the Zama Community is available to assist families who have school-age children enrolled in Zama High, Zama Middle, and Arnn Elementary School, or who are home-schooling their children. The SLO is available to work with

the community and command on any school related issues such as assisting families involved in home-schooling by offering / coordinating resources available within the community that will help broaden their youth's hands-on knowledge and experiences.

***NOTE:** the School Liaison Office has moved to the Youth Center, Bldg. 744, Room 118.



**Must be registered at Parent Central Services to participate. SOFA Status Members Only.*

Youth Center

263-4500 • 046-407-4500



September 2023

- Keystone Annual Elections • September 12
- Field Trip /No School Day • September 22

October 2023

- Field Trip /No School Day • October 6
- Keystone Annual Halloween Event (TBD) • October 19 or 20
- Field Trip /No School Day • October 20
- Keystone Halloween Spectacular in the Evening • October 20
- Fall Art Fair/Makers Market • Date TBD

November 2023

- Keystone Friendsgiving Party • November 21
- Keystone Feed the Homeless Drive in Yokohama • Date TBD

****All events are subject to change.***



Hannah Maza
Youth Center Director



In House Events

- Adventure Club (Board games, card games & escape rooms) Wednesdays • 3-4 p.m.
- Adventure Time • Friday
- Artists Association • Mondays • 3-4 p.m.
- Keystone & Torch Club • Tuesdays • 2-3 p.m.
- Power Hour • Mondays • 3-4 p.m.
- Volleyball Club & Power Play • 2nd & 4th Wednesdays • 3-4 p.m.
- Technology Club & Pod Cast Club • Wednesdays
- Teen Center Television Show • Wednesdays • 4-5 p.m.
- Triple Play, Girls & Boys Club • Thursdays
- SMART Girl's Club • 1st & 3rd Thursdays • 3-4 p.m.
- Wise Guy's Club • 1st & 3rd Thursdays • 3-4 p.m.
- Youth Sponsorship • 3rd Wenesdays • 3-4 p.m.

 **REGISTER**

****Pop-up activities run regularly. If your teen wants to self-start their own club, send us a proposal and stop by the Youth Center.***

****Must be registered at Parent Central Services to participate. SOFA Status Members Only.***

Are you in need of child care services?

Camp Zama Child & Youth Services is here to serve you! Due to current health protocols, families that require in-processing at Parent Central Services, can set up a reservation telephonically.



CAMP ZAMA ARMY CHILD AND YOUTH SERVICES

The following information is required to complete the registration process:

- ☐ A **Copy** of your Orders to verify program eligibility & Social Security Number of sponsor.
(This information is redacted once entered into our system.)
- ☐ Mailing address & Home/Work/Cell Phone Number
- ☐ Email address
- ☐ Two Emergency Designees other than the parents or guardian of the child
- ☐ Current Immunization record for age 6 weeks through Kindergarten as per ACIP guidelines
(Translated and stamped by MEDDAC JAPAN if from off post Provider)
- ☐ Flu Vaccination is required per ACIP guidelines for all children attending CDC Programs (Ages 6 months - Kinder). This vaccination is also required for School Age children in Grades 1-6th. Verification for School Age children is only required if child is Home-Schooled or attends a school off post as DODEA already tracks them. **This is required each season**
- ☐ Health Assessment or physical completed within the last year is due within 30 days of registration. **For sports**, the health assessment/sports physical is needed at the time of registration and must remain valid for the entire season of the sport.
- ☐ All children with Special Needs, medical conditions, allergies, or illness must meet with the Community Health Nurse and Special Needs Assessment Placement Board before starting any CYS programs.
- ☐ Most recent LES or Pay Statement for both sponsor and spouse.
If this is not provided we require a verification of employment and you will be subject to CAT9 or CAT9A fees
- ☐ For Single / Dual Military – A Family Care Plan is required within 30 days of registration
- ☐ 90 Day Verification Letter (When Applicable)
- ☐ Birth Certificate, Passport or any legal document which indicates child's birth date

If you have any questions, please contact Parent Central Services at 263-4125. If you are calling from a cell phone, 046-407-4125, and from the US, the number is 011-81-46-407-4125.

We look forward to assisting you!



***Please bring this information to your scheduled reservation!**



UNITED STATES ARMY
CHILD & YOUTH SERVICES

https://zama.armymwr.com/application/files/1115/6280/5256/1._cys_registration_requirements.pdf

Parent Central Services • Monday ~ Thursday: 8 a.m.-5 p.m. • Friday: 8 a.m.-4 p.m.
(Closed for lunch 1-2 p.m.) Saturday, Sunday & U.S. Holidays: CLOSED
DSN: 263-4125 • COMM: 046-407-4125 • Bldg. 102 • Camp Zama

Youth Sports & Fitness

262-6137 • 046-407-6137



UNITED STATES ARMY
CHILD & YOUTH SERVICES

Flag Football

Space available Registration

Cost is \$25 • Ages 3-4

\$45 • Ages 5-15 Coed

Boys & Girls Volleyball

Space available Registration

Cost is \$45 • Ages 9-15

Outdoor Cheerleading

Space available Registration

Cost is \$45 • Ages 5-15

Dodgeball

Open Registration starts November 1

Season starts December 12

Season ends January 28, 2024

Cost is \$45 • Ages 7-15 • Coed

Start Smart Winter Camp

Open Registration starts November 1

Season starts December 12

Season ends January 28, 2024

Cost is \$25 • Ages 3-6 • Coed



Brandon Bergeron
Youth Sports & Fitness
Director



Karate with Motohara Sensei

Fridays • SHA Bldg. 126

(Ages 5-8) • 4:15-5 p.m. • **\$40 per month**

(Ages 9-10) • 5-6 p.m. • **\$40 per month**

(Ages 11-18) • 6-7 p.m. • **\$40 per month**

 **REGISTER**



*Starting back up
in September!*



Swim Lessons

4 lessons (per month) • \$88

Mondays • 4-4:45 p.m. • Beginner (Ages 5-12)

Mondays • 5-5:45 p.m. • Intermediate (Ages 6-18)

Mondays • 6-6:45 p.m. • Beginner (Ages 5-12)

Tuesdays • 3-3:45 p.m. • Beginner (Ages 5-12)

Tuesdays • 4-4:45 p.m. • Intermediate (Ages 6-18)

Tuesdays • 5-5:45 p.m. • Advanced (Ages 7-18)

Tuesdays • 6-6:45 p.m. • Beginner (Ages 5-12)

**Lessons will be conducted at Yano pool.*

Registration for Youth Sports

Registration for Youth Sports is dependent on having a completed **Sports Physical** on file throughout the season. Please check with Parent Central Services (PCS) to update your registration paper work or check its status.

**Must be registered at Parent Central Services to participate. SOFA Status Members Only.*

Boys & Girls Clubs of America

Day for Kids



Saturday • September 16 • 1-4 p.m.
SHA Community Field (behind Arnn)



UNITED STATES ARMY
CHILD & YOUTH SERVICES
*For more information
call 263-4125.

Sponsored by



Bungee Trampoline • Face Painting • Bouncy Castles • Ultimate Tag • Gaga Pit • Games



HUMANS vs. ZOMBIES 2 THE REVENGE

Saturday, October 28 @ SHA Park
Check in starts at 10:30 a.m. • Game starts at 11:15a.m.



COME FIND THE CURE FOR THE ZOMBIE
OUTBREAK THAT STARTED ON ZAMA IN 2019!

Open to All Ages, Adults and Kids both!

Free event, but you can pre-register (still free) for a chance
at special items and VIP access starting October 1, 2023.

Humans VS Zombies is an all ages game of Nerf and Tag where players start as a Human and try to complete missions and survive to the end. But be careful! If you get tagged by a Zombie you now have a new goal, to tag and convert all the Human players to Zombies! Last HvZ featured nearly 300 Human Players and less than 25 made it to the end! Could you be one of the elite survivors this year?

- To play Humans VS Zombies everyone must have shoes you can run around in.
- **Kids under 18 years old, must have something to protect their eyes.** Glasses, goggles, or anything else that the staff say is safe will work.
- You will probably also want a foam blaster (like a Nerf blaster) to deal with all the zombies. You bring the blaster, we will cover the ammo (full-size Nerf darts only).
- Costumes and props to support the post-apocalyptic zombie outbreak are welcome!

Prizes, props, and additional support will be provided by ATC & USAA.



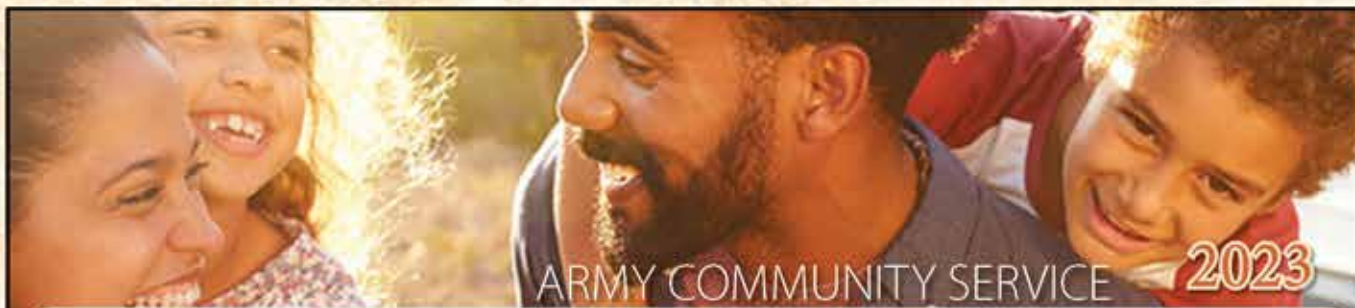
Can't make the game start time?
No problem. Come see an event
organizer and we will get you
in the game!

Looking for Volunteers

to be role players, field marshals, prop
builders, face painters, and more. Please
contact Youth Sports to get involved.



For more information:
262-6137 / 046-407-6137



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

September



Camp Zama's SHARP

Please contact the SHARP Office if you have questions and or need assistance!
 USARJ 24/7 SHARP Hotline number for Honshu: **090-9395-8909**
 DoD Safe Helpline: **1-877-995-5247**



3	4	5	6	7	8	9
		Play Group • SHA Library • 10-11:30 a.m. Stress Management • ACS • 10-11 a.m.	Care Team Training • ACS • 9 a.m.-11 p.m.	Community Newcomers Orientation • Camp Zama Community Club • 8 a.m.-4 p.m. Washi Class • ACS • 8 a.m.-4 p.m.		
10	11	12	13	14	15	16
		Conflict Resolution • ACS • 10-11 a.m. Volunteer OPOC • ACS • 10-11:30 a.m. Marriage • ACS • 11 a.m.-12 p.m. Resume Writing • ACS • 1-2 p.m.	Japan Specific Sponsorship Training • ACS • 2-3 p.m.	SFRG Training • ACS • 9 a.m.-12 p.m.	Volunteer Orientation Training • ACS • 11 a.m.-12 p.m.	
17	18	19	20	21	22	23
		Play Group • SHA Library • 10-11:30 a.m. Couples Communication • ACS • 10-11 a.m. Permanent Change of Station • ACS • 11 a.m.-12 p.m.		Community Newcomers Orientation • Camp Zama Community Club • 8 a.m.-4 p.m.		
24	25	26	27	28	29	30
Camp Zama 24/7 Domestic Violence Victim Advocacy Hotline 080-5968-3188.		Japan Specific Sponsorship Training (Virtual) • 9-10 a.m. Marital Enrichment • ACS • 10-11 a.m. Post Deployment • ACS • 11 a.m.-12 p.m.		Using Problem Solving in Your Everyday Life • ACS • 11 a.m.-12:30 p.m.		

Military Family Life Counselors

The Military and Family Life Counseling Program is here for you during the coronavirus pandemic. We now offer telephone and video non-medical counseling in addition to face-to-face non-medical counseling.
 Call 080-4294-6390 or email at angelle.greene@leidos.com for the Child and Youth MFLC or call 080-3010-9034 and email at lori.campbell-2@leidos.com for the Adult MFLC.

*For more information, please call 263-4357 or 046-407-4357.

October



ARMY COMMUNITY SERVICE

2023

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1 	2	3 Play Group • SHA Library • 10-11:30 a.m. In Person • ACS • 10-11 a.m.	4	5 Community Newcomers Orientation • Camp Zama Community Club • 8 a.m.-4 p.m. ACS Coffee Time! EFMP Support Group • PX Food Court • 9:30-10:30 a.m. Washi Class • ACS • 1-3 p.m.	6 Walk in Their Shoes Couples Paint Night • Camp Zama Teen Center • 6-8 p.m.  "Wear Purple Day" ever FRIDAY to raise awareness for Domestic Violence Preention Month	7
8	9  COLUMBUS DAY	10 Family Coping Skills • ACS • 10-11 a.m. Volunteer (OPOC) • ACS • 10-11:30 a.m. Pre-Deployment • ACS • 11 a.m.-12 p.m. Resume Writing • ACS • 1-2 p.m.	11 Japan Specific Sponsorship Training • ACS • 2-3 p.m.	12 SFRG Training • ACS • 9 a.m.-12 p.m. Identifying Character Strengths in Self & Others Part 1 • ACS • 11 a.m.-12:30 p.m. 	13 Strike Out Domestic Violence Bowling Night • Camp Zama Bowling Center • 6-8 p.m.	14
15 	16	17 Play Group • SHA Library • 10-11:30 a.m. Parent Communication • ACS • 10-11 a.m. Promotion • ACS • 11 a.m.-12 p.m.	18 	19 Community Newcomers Orientation • Camp Zama Community Club • 8 a.m.-4 p.m.	20 Volunteer Orientation Training • ACS • 11 a.m.-12 p.m. Purple Pumpkin • Camp Zama Teen Center • 1-3:30 p.m.	21 
22 	23	24 Japan Specific Sponsorship Training (Virtual) • 9-10 a.m. Vesting in Thrift Savings Plan • ACS • 11 a.m.-12 p.m.	25	26 Putting Thoughts Into Perspective • ACS • 11 a.m.-12:30 p.m.	27 RACC Meeting • ACS • 10-11:30 a.m.	28
29 	30	31 Building Resiliency through Self Care • ACS • 10-11 a.m. Entitlement for Continuation Pay • ACS • 11 a.m.-12 p.m. HAPPY HALLOWEEN	Military Family Life Counselors The Military and Family Life Counseling Program is here for you during the coronavirus pandemic. We now offer telephone and video non-medical counseling in addition to face-to-face non-medical counseling. Call 080-4294-6390 or email at angelie.greene@leidos.com for the Child and Youth MFLC or call 080-3010-9034 and email at lori.campbell-2@leidos.com for the Adult MFLC.			
Camp Zama's SHARP Please contact the SHARP Office if you have questions and or need assistance! USARJ 24/7 SHARP Hotline number for Honshu: 090-9395-8909 DoD Safe Helpline: 1-877-995-5247						

*For more information, please call 263-4357 or 046-407-4357.

November



ARMY COMMUNITY SERVICE

2023

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Military Family Life Counselors

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2
Community Newcomers Orientation
• Camp Zama Community Club
• 8 a.m.-4 p.m.



7
Play Group
• SHA Library
• 10-11:30 a.m.
Anger Management
• ACS
• 10-11 a.m.

8
Japan Specific Sponsorship Training
• ACS • 2-3 p.m.

9
SFRG Training
• ACS • 9 a.m.-12 p.m.



11
Veteran's Day Observed



14
Mindfulness
• ACS
• 10-11 a.m.
Volunteer (OPOC)
• ACS
• 10-11:30 a.m.
Disabling Condition/Death
• ACS • 11 a.m.-12 p.m.
Interview Skills
• ACS • 1-2 p.m.

16
Community Newcomers Orientation
• Camp Zama Community Club
• 8 a.m.-4 p.m.

17
Volunteer Orientation Training
• ACS • 11 a.m.-12 p.m.

21
Play Group
• SHA Library
• 10-11:30 a.m.
Stress Management
• ACS • 10-11 a.m.
Divorce
• ACS • 11 a.m.-12 p.m.



28
Japan Specific Sponsorship Training (Virtual)
• 9-10 a.m.
Conflict Resolution
• ACS • 10-11 a.m.
First Child
• ACS • 11 a.m.-12 p.m.

Camp Zama 24/7 Domestic Violence Victim Advocacy Hotline
080-5968-3188.

30
Mental Games
• ACS • 11 a.m.-12:30 p.m.
Washi Class
• ACS • 1-3 p.m.

Camp Zama's SHARP

Please contact the SHARP Office if you have questions and/or need assistance!
USARJ 24/7 SHARP Hotline number for Honshu: 090-9395-8909
DoD Safe Helpline: 1-877-995-5247

*For more information, please call 263-4357 or 046-407-4357.



Connect with Us!

Tune in to our Camp Zama MWR Website <https://zama.armymwr.com> to get the most updated news and events. You can also catch up on the latest through our Camp Zama Facebook and Instagram.

THANK YOU SPONSORS!

For Supporting Our Event!



2023

U.S. ARMY GARRISON JAPAN • CAMP ZAMA

INDEPENDENCE DAY

在日米陸軍キャンプ座間

米国独立記念祭2023

Celebration







A Healthy Mouth for a Lifetime of Happiness

ANZAI DENTAL OFFICE

Our Dental Services



- Periodontics
- Orthodontics (Regular/Invisalign)



- Microscope Dentistry
- Oral Surgery / Implant



- Pediatric Dentistry
- Cosmetic Dentistry

English TEL. 042-851-5011

Operation Hours: 9 a.m. - 12 Noon / 1:30 - 6 p.m. (5 p.m. on Sat)
Closed: Sundays, Thursdays & Japanese Holidays
 1F Rac-AL Odasaga 3-20-1 Minamidai, Minami-ku, Sagami-hara-shi
Web: www.anzaidental.com/english/ **E-mail:** inquiry@anzaidental.com

We take overseas insurance



English Speaking Staff Available

SHA Main Gate

10 Minutes Walk from SHA Main Gate


1 Minute Walk from Odakyu Sagami-hara Station (North Exit)

MAP

SHA Main Gate, Police Station, Ninomiya Shrine, Metered Parking Available at the basement in Rac-AL Odasaga Building, Odakyu Line Odakyu Sagami-hara Station, To Machida Station, To Sobudai Mae Station, To Camp Zama



Get 1 Free Drink during Dinner Time



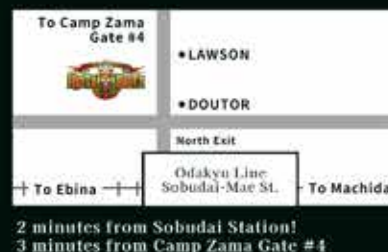
Butter



**Cheese
Nap**



 046-240-6804



2 minutes from Sobudai Station!
3 minutes from Camp Zama Gate #4

Find Your Dream Car!



Used Car Dealer and Exporter



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www.phoenixcars.jp

Call Us! 050-3538-8456 (English Operator)

E-mail: car.export@pnx.co.jp

Dream Factory

Blow



Instagram



Facebook



Check out our custom vehicles!
Our store located 20 min from
Camp Zama.



Google Map

Address:
853-1 Tana, Chuo-ku, Sagami-hara-shi



<https://www.blow-net.co.jp/>



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インディアンキャンパー ジェロニモ

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APACHE elevates your leisure to
the next level

「遊び」を上質にする車



CHECK OUT
OUR WEB SITE!
詳しくはコチラ!

Google Map



Visit our store!
20 min from Camp Zama
15 min from Sagami Depot
Address: 7191-7 Tana, Chuo-ku, Sagami-hara-shi



<https://reclama.jp/store/>

Our store located 8min from Atsugi Base
& 15min from Camp Zama, Scan QR code
for Google Maps! 4-25-11 Hbargacka, Zama-shi, Kanagawa



showroom & store
RECLAMA

Operation Hours:
Tue - Fri 12 noon - 5 p.m. / Sat & Sun 11 a.m. - 5 p.m.
Closed: Monday, 2nd & 3rd Sunday, Japanese Holiday

Tel: 046-256-2750

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10-18 Tamuracho, Atsugi City
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KAMITSURUMA STORE
TEL: 042-705-8611
9-47-39 Kamitsuruma-honcho, Minami-ku, Sagami-hara City
10min ride by bus from Sagamiyono Station.
10:30~19:00 (weekdays)
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Map showing locations of Atsugi Store and Kamitsuruma Store, including Sagamiyono Station, Zama Base, and Honatsugi Station.

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Saori Shodo Kai

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- Employee Assistance Program • 263-8059
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- USAG Japan Chaplain • 263-4898
- Family Advocacy Program / Army Community Service (ACS) • 263-4367
- MWR Outdoor Recreation • 263-4671
- Red Cross (Volunteer Service) • 263-3166
- Better Opportunities For Single Soldiers (BOSS) • 263-3399
- MEDDAC • 262-4175 Space Available appointments. Check Facebook page.
- Behavioral Health • 263-4610



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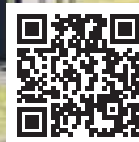
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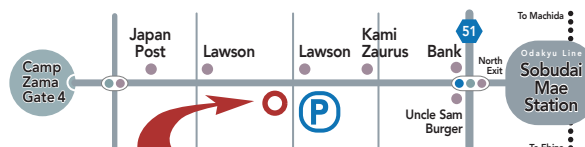


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• ACS • Army Community Service



263-4357 • Bldg. 402

263-8057 • Director

Mon - Fri 8 a.m. - 5 p.m.
Sat, Sun & U.S. Holidays Closed

• Arts & Crafts Center



263-4412 • Bldg. 360B

Tue - Sat 10 a.m. - 6 p.m.
Sun, Mon & U.S. Holidays Closed

• Auto Skills Center

263-3615 • Bldg. 360A

Mon - Tue Closed
Wed - Fri 11:30 a.m. - 7:30 p.m.
Sat & Sun 9:30 a.m. - 5:30 p.m.
U.S. Holidays Closed

• Bowling Center (Zama)



263-4780 • Bldg. 389

263-4760 • Snack Bar

Sun - Tue 11 a.m. - 7 p.m.
Wed - Sat 11 a.m. - 10 p.m.

*Open at Noon
U.S. Holidays Closed

• Community Recreation Center(CRC)



263-3939 • Bldg. 267

Mon - Fri 8 a.m. - 7 p.m.
Sat & Sun 8 a.m. - 5 p.m.
U.S. Holidays Closed

• Outdoor Recreation (ODR)



263-4671 • ODR & Vehicle Rentals

Mon-Fri 8 a.m. - 7 p.m.
Sat & Sun 8 a.m. - 5 p.m.
U.S. Holidays Closed

• Leisure Travel Service & Narita/Haneda Bus

263-3621 • Leisure Travel Service

263-4405 • Narita/Haneda Bus

Mon-Fri 8 a.m. - 7 p.m.
Sat & Sun 8 a.m. - 5 p.m.
U.S. Holidays Closed

• Warrior Zone • 263-3399



Tue - Thu 12 - 9 p.m.
Fri 12 - 10 p.m.
Sat 1 - 10 p.m.
Sun, Mon & U.S. Holidays Closed

• Camp Zama Community Club (CZCC)



263-4547 • Bldg. 457

263-4547 • Cashier Window

Sat - Thu 10:30 a.m. - 10 p.m.
Fri 10:30 a.m. - 2 a.m.

263-4204 • Catering/Room Reservation

Mon - Fri 9 a.m. - 5 p.m.

The Boxz Karaoke Room

Sun - Thu 11 a.m. - 9 p.m.
Fri & Sat 11 a.m. - 10 p.m.

Cornerstone Game Room

Sat - Thu 11 a.m. - 10 p.m.
Fri 11 a.m. - 2 a.m.

263-4805 • Dining Room

Mon - Fri
• Lunch: 11 a.m. - 5 p.m. • Dinner: 5 - 7 p.m.

Firelite Lounge

Bar: Friday 9 p.m. - 3 a.m.

263-3724 • Game Time Sports Bar & Grill

Mon - Sun 11 a.m. - 10 p.m.



• Camp Zama Golf Club (CZGC)



263-7441 • Restaurant & Bar

Mon - Fri 6:30 a.m. - 5 p.m.
Sat, Sun & U.S. Holidays 6 a.m. - 5 p.m.

263-5284 • Pro Shop • Bldg. 809

Mon - Fri 6:30 a.m. - 5 p.m.
Sat, Sun & U.S. Holidays 6 a.m. - 5 p.m.

263-4975 • Tee Times/Starter

Mon-Fri 6:30 a.m. - 5 p.m.
Sat, Sun & U.S. Holidays 6 a.m. - 5 p.m.

Driving Range (Unattended)

Mon 9 a.m. - 10 p.m.
Tue - Sun Sunrise - 10 p.m.

• Child & Youth Services (CYS)



263-5701 • CYS Coordinators Office

Bldg. 102 Room B-200

Mon - Fri 8 a.m. - 5 p.m.

263-4125 • Parent Central Services

Bldg. 102 Room M210

Mon - Thu 8 a.m. - 5 p.m.
Fri 8 a.m. - 4 p.m.
*Closed for Lunch 1 - 2 p.m.

• SHA Child Development Center (CDC)

262-6273 • Bldg. S-107, SHA

Mon - Fri 5:30 a.m. - 6 p.m.

• Zama Child Development Center (CDC)

263-4992 • Bldg. 691

Mon - Fri 5:30 a.m. - 6 p.m.

• School Age Center (SAC)

262-6013 • Bldg. 121-01, SHA

Mon - Fri 5:30 a.m. - 8 a.m. • 2:30 - 6 p.m.

• School Liaison Office

263-5441 • Youth Center • Bldg. 744 • Rm. 118

Mon - Fri 8 a.m. - 5 p.m.

• Youth Sports & Fitness

262-6137 • Bldg. S-337, SHA

Mon - Fri 10 a.m. - 7 p.m.

• Camp Zama Youth Center

263-4500 • Bldg. 744

Mon & Wed-Fri 2:30 - 6 p.m.
Tue 1:30 - 6 p.m.

• Kure Lodging



256-2575 • Reservation Desk

Kure Recreation Center • Bldg. 200, Kure Harbor

Mon - Fri 8 a.m. - 4:45 p.m.
Sat, Sun & U.S. Holidays Closed

• Libraries



• SHA Library

262-6113 • Bldg. 121-02, SHA

Tue - Fri 1:30 - 5:30 p.m.
Sun, Mon & U.S. Holidays Closed

• Zama Library

263-3517 • Bldg. 278

Mon-Sat 11 a.m. - 5:30 p.m.
Sun & U.S. Holidays Closed

• Lodging (Tokyo Recreational)



229-3270 • Reservation Desk

Bldg. 1, Akasaka, Tokyo

Sun - Sat 7 a.m. - 10 p.m.

• Lodging (Zama)



263-2775 • Reservation Desk

263-3830 • Front Desk

Bldg. 552

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• Pet Care Center

263-5915 • Bldg. 1042-1

Mon - Fri 9 a.m. - 4 p.m.
Sat & Sun Closed
*Closed for Lunch 2:30-1:30 p.m.

• SHA Club (Sagamihara Housing Area)



262-6097 • Bldg. S121-02, SHA

262-6038 • Delivery & Take Out Service

Delivery & Take Out Service

Wed - Sun 4:30 - 8:30 p.m.
Mon & Tue Closed

SHA Club Restaurant

Wed - Sun 4:30 - 9 p.m.
Mon & Tue Closed

SHA Club Bar

Wed & Thu 4:30 - 10 p.m.
Fri & Sat 4:30 - 12 a.m.
Sun 4:30 - 9 p.m.
Mon & Tue Closed

• Sagami Lounge (Sagami Depot)



268-4954 • Bldg. S135-52, Sagami Depot

268-4142 • Dining & Take Out

Breakfast

Mon - Fri 6:30 - 9 a.m.

Bento Order

Mon - Fri 9 - 10 a.m.

Lunch

Mon - Fri 11 a.m. - 1 p.m.

• Sports/Fitness Centers



• Yano Fitness Center

263-4664 • Bldg. 205

Mon - Fri 5 a.m. - 9 p.m.
Sat, Sun & U.S. Holidays 8 a.m. - 6 p.m.

• SHA Sports Complex

262-6132 • Bldg. 121-14, SHA

Open 24 Hours/7 Days a week

• Sagami Depot Gym

268-4729 • Bldg. S135-02, Sagami Depot

Open 24 Hours/7 Days a week

• Yano Pool

263-3348/5037 • Bldg. 205

Mon-Fri 5 - 8 a.m. • 11 a.m. - 7 p.m.
Sat & Sun 12 - 6 p.m.
U.S. Holidays Closed

• SHA Outdoor Pool

262-6132 • Bldg. 121-14, SHA

Wed - Sun 10:30 a.m. - 6 p.m.
Mon & Tues Closed

• Emergency Numbers

• Emergency ~ 911

Non-Emergency • DSN: 263-3002 • 046-407-3002

• PMO ~ Emergency • DSN: 263-2911 • 046-407-2911

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For more information: 263-4547 or 046-407-4547

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