## Kaisei Town Serene Walking Sunday, 27 September 2020 Depart: 0800/Return: 1500 Sign up by Mon, 21 Sep 2020!



Let's walk through Kaisei town, which is noted as the hidden rice-producing region in Kanagawa Prefecture. We will start walking from Kaisei station along the Sakawa River, through a residential area and rural rice fields, then arrive at Seto-yashiki housing. We will visit an ancient Japanese mansion and head to Suifuyo (Cotton rosemallow) path. The cotton rosemallows, which opens white in the morning and turns rose pink in the evening, are planted about 1km along the path. Enjoy over 700+ flowers. The main event is an all-you-can-eat BBQ. Satisfy your hunger and quench your thirst with and all-you-can-eat BBQ lunch!

>>>Approximately 7km, 100 minutes (break time excluded,) course.

\*It is for ages 6 and up.

\*Flowers are weather dependent. We cannot guarantee flowers are in bloom. \*Schedules, locations are subject to change.

Wear: Comfortable shoes & Clothing to walk, Cap/hat

**Bring:** Rain gear, Sunscreen, Towel, Water, Yen for anything you may need. **Cost:** Adult (20+) \$72, Youth (12-19) \$63, Child (6-11) \$50 **(All-you-can-eat BBQ, Guide, Transportation included)** 

### Choose from 2 easy ways to register for our tours:

\**In Person:* Stop by the Outdoor Recreation office, located at Building 719! \**Telephone 263-4671:* Give us a call Sunday through Saturday, 09:30~17:30. We are closed for all U.S Federal Holidays.

#### **Cancellation & Refund Policy**

Outdoor Recreation shall provide a full refund for all tour cancellations received by the date indicated on the itinerary.

#### **Children Policy**

Children (Aged 17 & under) & out of high school must be accompanied by a parent/ guardian on all tours. \*Age limitations may vary on each tour. Please check with our tour staff when signing up.

#### Receive our tour brochure monthly via E-Mail!

\*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address: zamaodr@gmail.com.



# MLC/IHA/自衛隊の方も是非ご参加ください。 ご予約、お問い合わせは軍電263-4671まで。

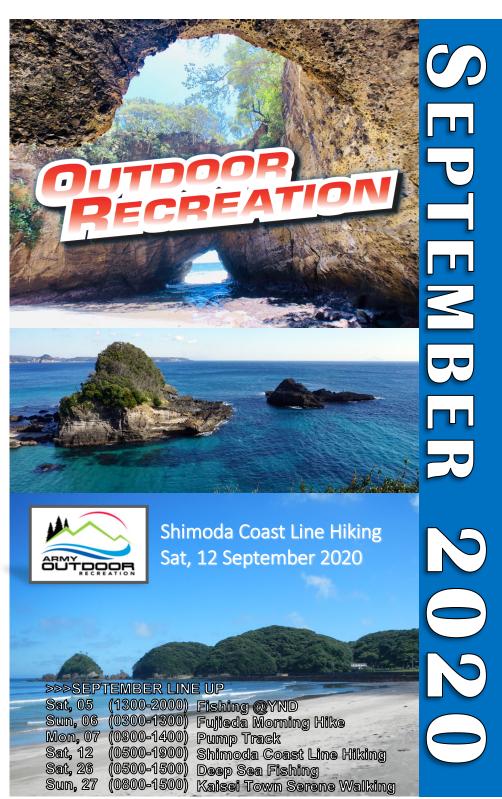
<sup>7</sup> MLC/IHA/JGSDF employees are welcome to join. Give us a call at 263-4671 for more information and to reserve your spots!

# === Before signing up for climbing/hiking trips ===

Please consider your physical fitness. We do not recommend our climbing/hiking trips if you have knee, heart problems, asthma and/or any other illness.



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.



# You must wear a face mask while on the MWR bus.

## SOCIAL DISTANCING ENFORCED FOR ALL TOURS

## Fishing @ YND Saturday, 05 September 2020 Depart: 1300/Return: 2000



Celebrate the Month of Military Children with Outdoor Recreation by participating in our fishing tour to Yokohama North Dock! You may be able to hook some yellowtail, horse mackerel and sea bream. ODR will provide rental fishing poles, life jackets, bait and one tackle for child participants for free! Enjoy a nice day of fishing with your family and friends. *\*It is for all ages, however we do not recommend for Infants/toddlers to participate in the fishing tour. Please keep in mind that there are no fences at the fishing area. \*No stops en route. Please bring ALL food and drinks.* 

\*Must wear life jacket while fishing.

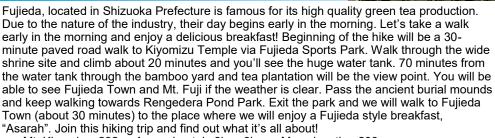
\*Schedules, locations and prices are subject to change without notice.

**Wear:** Appropriate clothing and shoes for fishing, Cap/hat with strap, Life jacket **Bring:** Fishing gear (pole, reel, hooks, tackles, bait/lures, net etc.), Ice chest, Scissors, Pliers, Utility gloves, Chum scooper/small spoon, Sunglasses, Sunscreen, Rain suits, Towel, Water/snacks, Cash (doll and yen) for anything you may need.

Cost: Adult (18+) \$25, Youth/Child (17-) **Free** (Staff attendance, Transportation included) (Rental poles, life jacket, bait, one tackle included for child participants 17 and under) Adults must rent or bring their own equipment!

# Fujieda Morning Hike Sunday, 06 September 2020 Depart: 0300/Return: 1300





>>>Mt. Kiyomizu: 232m, Approximately 8km, 3hour, Max elevation 209m \**It is for ages 8 and up.* 

\*It may be cancelled with short notice in case of inclement weather.

Wear: Trekking Shoes, Appropriate clothing for hiking. Cap/hat

**Bring:** Rain suit, (Trekking poles), Sunscreen, Sunglasses, Towel, Water/Snacks, (Change of clothes), Yen for breakfast and anything you may need.

Cost: Adult/Youth (8+) \$52

(Guide, Transportation included)

# Pump Track Monday, 07 September 2020 Depart: 0900/Return: 1400



Skateboarders! Challenge your skills at the pump track. The pump track is a circuit originally

designed for BMX bikers. Instead of tick-tocking, run the course while pumping (up and down body movement). Practice at the oval course or try the 104-meter grand prix course! Admission: Adult (16+) Y1,000, Youth (12-15) Y500, Child (11-) Y100 (pre hour)

\*Bring own skateboards (must have four wheels). ODR does not have rentals. \*Everyone must wear helmets. Addition to the helmets, ages 15 and under must wear knee and elbow protectors.

\*The course will be limited to first the 10 people per one hour block. If the facility is crowded, you might need to wait. There are a JA market, café, park, and shrine to spend time.

<sup>\*</sup>Bring Yen for admission and shopping/food.

\*IDs must be shown when you register at the track.

\*Ages 18 and under must be accompanied by a parent/legal guardian. Bring: Skateboard, Helmet, Protector, ID, Water, Towel, (Change of clothes), Yen for admission and anything you may need.

Cost: Adult/Youth/Child \$19 (Escort, Transportation included)



# Shimoda Coast Line Hiking Saturday, 12 September 2020 Depart: 0500/Return: 1900

Let's walk along the coast line of Southern Izu Peninsula while admiring jagged cliffs and strangely shaped rocks created by submarine volcanic eruptions. Our hike starts from Yumigahama, which is a beach shaped like a bow. Walk about 15 minutes on a paved road and you will enter the rocky coastal area. Continue with us for 30 minutes more and you will get to Cape Tarai to enjoy a panoramic ocean view. Then walk on a paved road for 70 minutes to the heart shaped cave, Ryugukutsu. Walk along the path located above the cave and along the beach where sand skiing is possible. Continue 25-minute more to reach our final destination, Kisami Ohama, where a beautiful white sandy beach is waiting for you! *It is for ages 10 and up.* 

It may be cancelled with short notice due to inclement weather/ocean condition. Schedules, locations and prices are subject to change.

**Wear:** Trekking shoes, Appropriate clothing for hiking, Cap/hat with strap. **Bring:** Rain gear, Towel, Sunscreen, Sunglasses, Water/snacks, (Change of clothes), Yen for lunch and anything you may need.

Cost: Adult/Youth (10+) \$49 (Guide, Transportation included)

# Deep Sea Fishing \*Mahi Mahi Saturday, 26 September 2020 Depart: 0430/Return: 1530 \*Sign up by Wed, 02 Sep 2020!!!



Intermediate Anglers! Catch sardines and use them as live baits for Mahi Mahi fishing! Enjoy fun Sabiki fishing for first 90 minutes, then increase your adrenalin with exciting Mahi Mahi fishing! Beginner anglers are also welcome!

\*For ages 12 and up.

\*If you bring own fishing poles, please prepare tackles by yourself.

Wear: Fishing clothes (anything you do not mind getting dirty, Rubber boots/Deck shoes, Utility gloves, Cap/hat, Sunglasses

**Bring:** Food/drinks, Sunscreen, Medicine for sea sickness, Pliers, Scissors, Towel, Yen for anything you may need.

Cost: Adult (12+) \$169 (Fishing fee, Rental poles, One tackle each, Ice chest, Life Jacket, Escort, Transportation included)