

Hydrangea Hike at Shimoda Park
Sunday, 21 June 2026
Depart: 0500/Return: 1730



Experience the coastal beauty of Shimoda! Our journey begins with a scenic 5-minute walk along the coastline at the foot of Shimoda Park. We will take a short detour across a small suspension bridge toward a tiny island, then continue to the entrance of Inubashiri Island. From there, we will walk along a 500-meter-long breakwater to the island's ridge to enjoy a unique view of the Shimoda cityscape from the ocean. After returning to the mainland, a 5-minute walk brings us to Shimoda Park. This expansive park, covering 33 ha/81 ac on a hill 69m/226ft above sea level, is home to a stunning 150,000 hydrangeas. We will ascend the hiking trails surrounded by these vibrant blooms and stop at observatories that overlook the coastline and the Shimoda Aquarium. If we arrive at the observatory at the scheduled time, we will be able to watch the dolphin show held at the aquarium for free! Afterwards, we will head to the photogenic Perry Road. Enjoy lunch in this area, well-known for its exotic and historic townscape.

>>>Shimoda Park Hiking Trail
 ◆Distance: Approx. 5.2km/3.2mi ◆Duration: 140min.◆Elevation Gain: 189m/620ft
***Age requirement: 6years and older.**
Wear: Appropriate shoes and clothing for hiking, Cap/hat.
Bring: Rain gear, Sunglasses, Sunscreen, Towel, Water/snacks, Portable fan, Yen for lunch and any personal expenses.
Cost: Adult/Youth (6+) \$48
(Guide, Transportation included)



Tsugaike Nature Park
Saturday, 27 June 2026
Depart: 0400/Return: 2000



Tsugaike Nature Park is a high-altitude marshland situated at 1,900m/6,234ft. It is renowned as a treasure trove of rare alpine plants. From the end of June through July, the area transforms into a floral paradise. A 20-minute gondola ride followed by a 7-minute ropeway trip takes you to this "celestial flower garden." The pathways are laid out around four main marshes. You can enjoy walking at your own pace while taking beautiful photos of Asian skunk cabbage (Mizubasho) with the snow-covered Hakuba mountains in the background. If you are physically fit, we highly recommend hiking to the Observatory located at the far end of the park (approx. 5.5km/3.43mi, 3.5 hours round trip, elevation gain 304m/997ft). The majestic "Hakuba Daisekkei" (Great Snowy Gorge) will stretch out right in front of you!
***Average temperatures at the park are around 11°C/52°F and can sometimes drop below 10°C/50°F. Please bring extra layers of clothing.**
***Mountain weather is unpredictable. Do not forget to bring rain gear.**
Wear: Hiking shoes with good grip (waterproof recommended), Appropriate hiking clothing (non-cotton material), hat/cap.
Bring: Rain gear, extra layers (windbreaker/sweatshirt/jacket), water/snacks/ lunch, sunscreen, sunglasses, and Yen for any personal expenses.
Cost: Adult (12+) \$86, Youth (6-11) \$73, Child (0-5) \$58
(Gondola + Ropeway ride, Guide, Transportation included)

Toll Ticket Included!!!
===Vehicle Rental===

Nissan Caravan(10pax Van): \$110/day, \$660/week, \$30/hour (up to 3hours)
Toyota Corolla(4pax Wagon): \$80/day, \$480/week
Toyota Hiace(5pax Cargo Van): \$85/day, \$510/week, \$30/hour (up to 3hours)
Toyota Dyna(3pax 1ton truck): \$85/day, \$510/week, \$15/hour (up to 3hours)

Stroll through the City of Springs
Sunday, 28 June 2026
Depart: 0730/Return: 1530



Discover Tsuru City, a hidden gem blessed with abundant spring water flowing from Mt. Fuji. Join us for a relaxing waterside stroll as we explore scenic waterfalls, lush gorges, and fascinating historical sites on foot. A highlight of this tour is the chance to see rare aquatic flowers that bloom only in cold, crystal-clear running water. Enjoy the refreshing atmosphere and the soothing sounds of the city's many water spots.
 ◆Distance: Approx. 4.9km/3.04mi ◆Duration: 90min.
 ◆Elevation Gain:83m/272ft
***Age requirement: 10years and older.**
Wear: Sneakers, Comfortable clothing to walk, Cap/hat.
Bring: Rain gear, Towel, Sunglasses, Sunscreen, Portable fan, Water, Yen for lunch and any personal expenses.
Cost: Adult/Youth (10+) \$33
(Guide, Transportation included)

◆◆◆**Airport Transportation Service**◆◆◆

Leisure Travel Services offers transportation service between Camp Zama/SHA and Narita/Haneda Airport/Yokota Air terminal/Sagami Ono Station. Give us a call at 263-3621/ 046-407-3621 for more information.
 ♣Transportation request form (on MWR Website):
[Limo Airport Vehicle Transportation request form as of 2024-03.pdf \(armymwr.com\)](http://www.armymwr.com/limo-airport-vehicle-transportation-request-form-as-of-2024-03.pdf)

Narita Airport	\$215 one way	\$430 Round trip
Haneda Airport	\$175 one way	\$350 Round trip
Yokota Air Terminal	\$140 one way	\$280 Round trip

◆**Sagami Ono Transfer Service**◆

Sagami Ono Station (Scheduled times from SHA Bus Stop) \$10/person
 Sagami Ono Station (Reserved times from your Quarters) \$30
(Reservations are required for these services NLT 72 hrs. prior)

Choose from 2 easy ways to register for Outdoor Recreation tours:

***In Person:** Stop by the Outdoor Recreation office, located in bldg.#267!
***Telephone:** Give us a call at 263-4671/046-407-4671 Monday through Friday, 8AM~7PM or weekends from 8AM~5PM. We are closed for all U.S Federal Holidays.

Cancellation & Refund Policy

Outdoor Recreation shall provide a full refund for all tours cancellations received by cancellation due date indicated on the itinerary.

Children Policy

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours. Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

Receive our tour brochure monthly via E-Mail!

By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address:
zamaodr@gmail.com.

MLC/IHA/自衛隊の方も是非ご参加ください。ご予約、お問い合わせは 263-4671/046-407-4671まで。

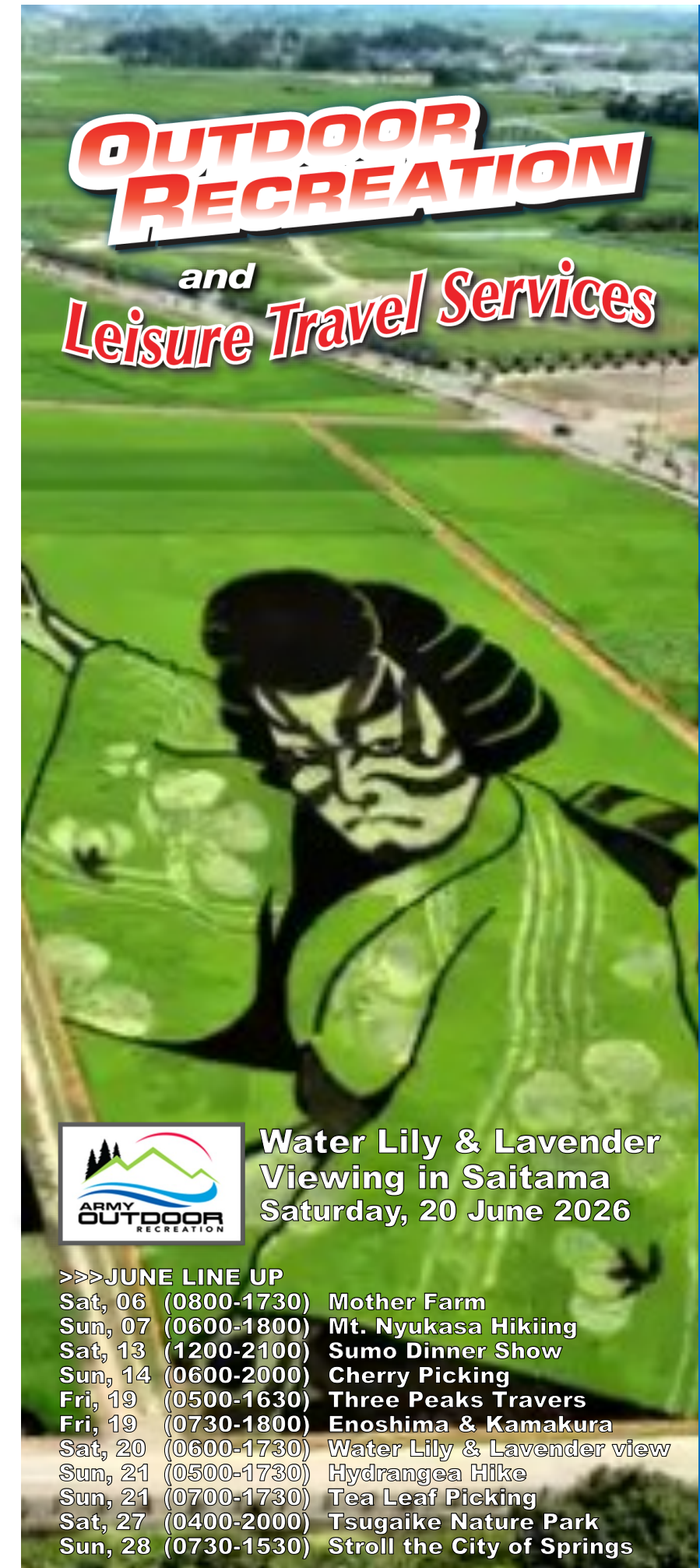
MLC/IHA/JGSDF employees are welcome to join! Give us a call at 263-4671/046-407-4671 for more information and to reserve your spots!



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity.

*For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671/046-407-4671.

OUTDOOR RECREATION
 and
Leisure Travel Services



JUNE 2026



Water Lily & Lavender Viewing in Saitama
Saturday, 20 June 2026

>>>JUNE LINE UP

Sat, 06	(0800-1730)	Mother Farm
Sun, 07	(0600-1800)	Mt. Nyukasa Hikiing
Sat, 13	(1200-2100)	Sumo Dinner Show
Sun, 14	(0600-2000)	Cherry Picking
Fri, 19	(0500-1630)	Three Peaks Travers
Fri, 19	(0730-1800)	Enoshima & Kamakura
Sat, 20	(0600-1730)	Water Lily & Lavender view
Sun, 21	(0500-1730)	Hydrangea Hike
Sun, 21	(0700-1730)	Tea Leaf Picking
Sat, 27	(0400-2000)	Tsugaike Nature Park
Sun, 28	(0730-1530)	Stroll the City of Springs

If you have dietary restrictions (e.g., allergies, vegetarian), please bring your own lunch.

Chiba Mother Farm
Saturday, 6 June 2026
Depart: 0800/Return: 1730



Do you like animals? If so, Mother Farm is the perfect place to visit! Located on Mt. Kanozan in Chiba Prefecture, Mother Farm offers breathtaking views of the Boso Peninsula, Tokyo Bay, and Mt. Fuji. There are many animals to see, including sheep, cows, horses, goats, pigs, alpacas, capybaras, and more! You can enjoy experiences like milking cows, horseback riding, and petting animals. The farm hosts daily events and shows, such as the sheep show, pig races, and the duck and sheep parade. The farm is very large, and it may be difficult to do everything in one day, so we recommend planning your activities in advance.

♣Official Website: <https://www.motherfarm.co.jp>
Bring: Yen for lunch and any personal expenses.
Cost: Adult (12+) \$31, Youth (6-11) \$26, Child (0-5) \$20
(Admission, Escort, Transportation included)

Mt. Nyukasa lily of the valley Hiking
Sunday, 07 June 2026
Depart: 0600/Return: 1800



Join us for a scenic hike at Mt. Nyukasa, famously known as the "Mountain of Flowers." We will take a gondola from Fujimi Panorama Resort to an altitude of 1,780m (5,840ft) and walk through the Nyukasa Marsh where a vast field of 1.2 million lilies of the valley will be in full bloom.

From the marsh, we will head to the summit, famous for its butterfly habitat and a breathtaking 360-degree panoramic view. On a clear day, you can see the Yatsugatake Mountains, the Southern Alps, and even Mt. Fuji.

>>>Mt. Nyukasa: 1,955m/6,414ft ◆Distance: Approx. 7.9km/4.91mi

◆Duration: 3.5 hours ◆Elevation Gain: 353m/1,158ft

***Age Requirement: 8 years and up**

Wear: Hiking shoes, Appropriate hiking apparel, Hat/cap.

Bring: Rain gear, Change of clothes, Towel, Sunglasses, Sunscreen, Lunch/snacks, Water, and yen for personal expenses.

Cost: Adult (12+) \$63, Youth (8-11) \$54 **(Gondola ride, Guide, Transportation included)**



Sumo Dinner Show
Saturday, 13 June 2026
Depart: 1200/Return: 2100

***Sign up by Friday, 29 May 2026!!**

Interested in Sumo? Join us for an unforgettable Sumo Dinner Show in Ginza, Tokyo!

Experience a unique dinner show featuring *Kaiseki* cuisine—a traditional style of Japanese dining that perfectly reflects Japan's sense of beauty and spirit of hospitality. Before dinner, you will have free time to explore the Ginza area, Tokyo's most glamorous and prestigious shopping district, where high-end fashion blends seamlessly with traditional Japanese culture.

♣Official Website: <https://hirakuza.net/tokyo/>

***Age requirement: 3years and older.**

***Sumo Dinner Show time: 1700-1900**

Wear: Comfortable shoes and clothing.

Bring: Rain gear, Yen for lunch and any personal expenses.

Cost: Adult (19+) \$175, Youth (3-18) \$121

(Dinner, Escort, Transportation included)

Schedules, locations, prices are subject to change.

Cherry Picking
Sunday, 14 June 2026
Depart: 0630/Return: 1830
***Sign up by Sun, 7 June 2026!!**



Calling all cherry lovers—cherry season is here! Our trip begins with a creative Kokeshi doll painting session. You will have the opportunity to paint and make your own unique Kokeshi doll to take home the same day.

Afterward, we will head to a cherry orchard for some cherry picking. Enjoy picking and eating juicy cherries for 30 minutes! You will also have the chance to purchase some to take home as souvenirs. Following the harvest, we will enjoy a delicious BBQ lunch at the farm.

***Infant price does not include BBQ lunch and Kokeshi doll painting fee.**

Wear: Comfortable shoes and clothes to walk around.

Bring: Rain gear, Yen for any personal expenses.

Cost: Adult (6+) \$69, Child (3-5) \$65, Infant (0-2) \$24 **(Kokeshi Painting, Cherry picking, BBQ lunch, Guide, Transportation included)**

Three Peaks Travers
>>>Mt. Hirasawa~Mt. Meshimori
Friday, 19 June 2026
Depart: 0500 /Return: 1630



Our hike begins from Shishiiwa parking lot where you can see the jagged lion-shaped rock. First, we will ascend for 45 minutes to the peak of Mt. Hirasawa. We will then traverse for 20 minutes to reach the peak of Mt. Omori, which is famous for its habitat of daylilies. At the end of June, the mountainside is blanketed in golden-yellow flowers. A 15-minute walk from Mt. Omori leads to the summit of Mt. Meshimori. On a clear day, you will be amazed by the breathtaking panoramic view of the Yatsugatake Mountain Range, the Southern Alps, Mt. Fuji, and Mt. Asama.

Afterward, we will descend for 85 minutes to the 20-meter-tall (66ft) Sengataki Waterfall. Enjoy the refreshing mist from the waterfall to cool down before heading to Moeki-no-mura to quench your thirst at Yatsugatake Brewery. Their signature beer, "Touch Down," is crafted by a master brewer who was previously responsible for the development of Kirin Ichiban Shibori. Try the "World Beer Award" winning beer paired with their specialty Rock Curry Rice.

>>>Mt. Hirasawa: 1,653m/5,423ft

>>>Mt. Omori: 1,643m/5,390ft

>>>Mt. Meshimori: 1,643m/5,390ft

◆Distance: Approx. 6km/3.7mi ◆Duration: 3 hours

◆Elevation Gain: 313m/1,027ft

***Age Requirement: 8years and older.**

***The tour may be cancelled on short notice in case of rain.**

Wear: Trekking shoes, Appropriate hiking apparel, Cap/hat.

Bring: Rain gear, (Change of clothes), Sunscreen, Sunglasses, Towel, Water/snacks, (Trekking poles), Yen for lunch and any personal expense.

Cost: Adult/Youth (8+) \$45

(Guide, Transportation included)

Enoshima & Kamakura
Friday, 19 June 2026
Depart: 0730/Return: 1800



Our day begins in our beautiful neighborhood of Enoshima. You will have plenty of time to explore iconic sites, including Enoshima Shrine, the Enoshima Sea Candle, and the natural sea caves created by wave erosion. On the approach to the shrine, you can enjoy browsing the vibrant shopping street, which is lined with various restaurants and souvenir shops.

In the afternoon, we will head to the historic Kamakura area. We will visit the majestic Tsuruoka Hachimangu Shrine and spend time on Komachi Street.

Tours are subject to cancel due to inclement weather.

This famous street is the perfect place to stroll and sample unique, delicious local delicacies that you can only find here!

Wear: Comfortable shoes and clothes to walk around.

Bring: Yen for lunch and any personal expenses.

Cost: Adult (12+) \$33, Youth (6-11) \$31, Child (0-5) \$30
(Guide, Transportation included)

Before signing up for hiking/climbing trips

Please assess your physical fitness before joining our hiking or climbing trips, as these activities can be physically demanding. If you have pre-existing conditions—such as knee or heart issues, or asthma—we recommend consulting your doctor before registering.

Water lily & Lavender viewing in Saitama
Saturday, 20 June 2026
Depart: 0600/Return: 1730



Join us for a trip to Saitama Prefecture to admire beautiful seasonal flowers! First, we will visit Ancient Lotus Park to see flowers that bloom only in the early morning. June is an ideal time for water lilies, and the lotus flowers will also be starting to bloom. Another highlight is the view from the 50m-tall observation tower, where you can look down at massive "Rice Paddy Art (Tanbo Art)" created by the local community.

Next, we will visit the unique Yakyu Inari Shrine. Because its name sounds exactly like the Japanese word for baseball (Yakyu), many people associated with the sport come here to worship. A must-see is the world's biggest holy stamp (Goshuin), which was made to celebrate the shrine's 1,300th anniversary.

Our last stop will be one of the largest lavender gardens in Japan, Sennen-no-sono, for the lavender festival. You can taste lavender sweets and enjoy activities such as lavender picking and crafts.

***The lavender festival may be cancelled in case of rain. However, the tour itself will proceed regardless.**

***The lavender garden can get muddy during or after rain. Please wear waterproof shoes, rubber boots, or shoes you do not mind getting dirty.**

Wear: Comfortable shoes according to the weather, Cap/hat.

Bring: Rain gear, Water, Sunscreen, Sunglasses, Towel, Portable fan, Yen for lunch and personal expenses.

Cost: Adult (15+) \$44, Youth (6-14) \$42, Child (0-5) \$41

(Admission, Guide, Transportation included)

Tea Leaf Picking & Kakegawa Castle
Sunday, 21 June 2026
Depart: 0700/Return: 1730



Have you ever picked fresh green tea leaves? Join us for an authentic tea leaf picking experience in Shizuoka Prefecture, a region famous for producing Japan's finest green tea.

After picking, we will stop at KADODE OOIGAWA for lunch. This facility is a modern *Michi-no-Eki* (roadside station) where you can enjoy local dining and shopping. You will even have the chance to create your own original bottle of tea, selecting your favorite aroma and flavor profile!

Our final destination is Kakegawa Castle. Restored in April 1994 as Japan's first "full-scale wooden castle tower" reconstruction, its beauty and historical significance have earned it the nickname, "The Famous Castle of the Tokai Region."

Wear: Comfortable shoes and clothes to walk around.

Bring: Yen for lunch and any personal expenses.

Cost: Adult (12+) \$36, Youth (6-11) \$33, Child (0-5) \$26 **(Admission, Tea Leaf Picking fee, Guide, Transportation included)**

Flowers are weather dependent, we cannot guarantee that they are in bloom.