

Taekwondo

classes

with
Sensei
Takeo Shinohara



SCHEDULE & PRICING (Monthly)

Mondays

Ages: 5-8 • 5-6 -p.m.
\$28 per month

Ages: 9-18 • 6-8 p.m.
\$44 per month

SHA Bldg. 126

Across from Taco Bell Restaurant

In this class your child will learn not only physical training and discipline but mental training as well. Available to youth ages 5-18, this class embraces a family friendly atmosphere with safety being a top priority.

Students in the 5-8 class may be placed in the Advanced 9-18 class if their skill level meets the criteria. This will be at the instructors discretion.

Youth will also have the opportunity to travel to **training camps, tournaments** and **belt tests** outside the base.



*To register, please contact
Parent Central Services at
263-4125 or 046-407-4125.

*For more info, call
Youth Sports & Fitness at
262-6137 or 046-869-6137.