

Please bring/prepare something you can eat for lunch
if you have any food restrictions
(ex. Food allergy, vegetarian)

Fukiware Waterfall & Tambara Lavender Park Sunday, 27 July 2025 Depart: 0600/Return: 1800



Our day starts at Fukiware waterfall, which is often described as the Niagara Falls in Japan. The walking trails are set around the waterfalls to view the extreme water flow. Stroll around the area and feel the splashes of the waterfall. For lunch, we will head to Kawaba Denen Plaza, the most popular Michi-no-eki in Kanto region. Enjoy shopping and lunch there. Lastly, we will go to Tambara Lavender Park. We will take a lift to see the purple carpet of lavenders.

***Infants cannot ride the lift.**

Wear: Comfortable shoes to walk.

Bring: Rain gear, Yen for lunch and anything you may need.

Cost: Adult (12+) \$46, Youth (6-11) \$39, Child (0-5) \$32

(Admission, Guide, Transportation included)

===Vehicle Rental===

Toll Ticket Included!!!

Toyota Corolla: Hybrid 4 passenger Wagon	\$80/day, \$480/week
Toyota Estima: Hybrid 6 passenger Van	\$85/day, \$510/week
Toyota Dyna: 1ton truck, 3 passenger	\$85/day, \$510/week,
\$15/hour (up to 3 hours)	
Toyota Hiace: 5 passenger Cargo Van	\$85/day, \$510/week,
\$15/hour (up to 3 hours)	
Nissan Caravan: 10 passenger Van	\$110/day, \$660/week,
\$30/hour (up to 3 hours)	



Airport Transportation Service

Leisure Travel Services offers transportation service between Camp Zama/SHA and Narita/Haneda Airport/Yokota Air terminal/Sagami Ono Station. Give us a call at 263-3621/046-407-3621 for more information.

♠Transportation request form (on MWR Website):

[Limo Airport Vehicle Transportation request form as of 2024-03.pdf \(armymwr.com\)](https://www.armymwr.com/limo-airport-vehicle-transportation-request-form-as-of-2024-03.pdf)

Narita Airport	\$215 one way	\$430 Round trip
Haneda Airport	\$175 one way	\$350 Round trip
Yokota Air Terminal	\$140 one way	\$280 Round trip

Sagami Ono Transfer Service

Sagami Ono Station (Scheduled times from SHA Bus Stop) \$10/person
Sagami Ono Station (Reserved times from your Quarters) \$30

(Reservations are required for these services NLT 72 hrs. prior)

Choose from 2 easy ways to register
for Outdoor Recreation/Leisure Travel tours:

***In Person**

Stop by the Outdoor Recreation office, located in bldg.#267!

***Telephone 263-4671**

Give us a call Monday through Friday, 8 A.M.~ 7 P.M. or weekends from 8 A.M. ~ 5 P.M. We are closed for all U.S Federal Holidays.

Cancellation & Refund Policy

Outdoor Recreation shall provide a full refund for all tours cancellations received by cancellation due date indicated on the itinerary.

Children Policy

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours.

*Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

Receive our tour brochure monthly via E-Mail!

*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address:

zamaodr@gmail.com.



**MLC/IHA/自衛隊の方も是非ご参加ください。
ご予約、お問い合わせは軍電263-4671まで。**

MLC/IHA/JGSDF employees are welcome to join!

Give us a call at 263-4671/046-407-4671 for more information and to reserve your spots!



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity.

*For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671/046-407-4671.

Tour guide needed!!!

Outdoor Recreation/Leisure Travel Services are seeking contract tour guides who are...

*Bilingual (Japanese/English).

*Physically fit.

*Able to work on weekends/US holidays

*Responsible and friendly character.

Contact Komaki Sierra at 263-4807/046-407-4807 or email to Komaki.sierra.ln@army.mil if you are interested in.

OUTDOOR RECREATION and Leisure Travel Services

JULY 2025



**Explore
Senjojiki Cirque
Sat, 19 July 2025**

>>>>JULY LINE UP

Fri, 04 (0700-1730) Yatsugatake Craft Market
Sat, 05 (0700-1700) Stroll Mishima
Sun, 06 (0730-1730) Ice/Wind Cavern & Iyashinosato
Sat, 12 (0600-1900) Karuizawa Sightseeing
Sun, 13 (0830-1700) Tokyo Sumerland
Sat, 19 (0430-1730) Explore Senjojiki Cirque
Sun, 20 (0530-1730) Oharai Sun Beach
Sun, 20 (1000-1600) DRUM TAO
Sat, 26 (0600-1700) Mt Fuji 1-5th Station Hiking
Sun, 27 (0600-1800) Fukiwari Waterfall
& Tambara Lavender Park

Yatsugatake Craft Market
Friday, 04 July 2025
Depart: 0700/Return: 1730

NEW



Pottery, grass/leather/metal crafts, jewelry etc., 175 vendors come together at the bottom of Mt. Yatsugatake. Spend an early summer day at the cool plateau to hunt something unique! Kitchen cars will be available as well.

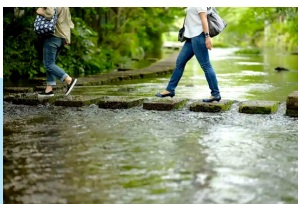
***The event may be cancelled with short notice in case of rain.**

Bring: Shopping bag, Yen for shopping, lunch and anything you may need.

Cost: Adult/Youth/Child \$40(**Escort, Transportation included**)

Stroll Mishima
Saturday, 05 July 2025
Depart: 0700/Return: 1700

**ODR Staff
CHOICE!!!**



Let's stroll the waterfront city, Mishima! It is located at the south side of the foot of Mt. Fuji and has an abundance of underflow water from the mountain. Our hike starts from a shrine where 80 red Torii are lined up. Walk for 5 minutes in the residential area, a huge waterfall will be seen. Take photos of the waterfall and Mt. Fuji together if the weather is clear. 30 minutes from the waterfall is a Japanese garden which is designated as a natural treasure. Walk through the park and see the lava formation caused by the eruption of Mt. Fuji. Next, we will walk on a trail along Genbei River for 15 minutes. Take off your shoes and soak your feet in the limpid stream.

>>>Approximately 5.6km/3.48mi, 2.5 hour walking. (Almost flat)

***It is for ages 6 and up.**

***There is a possibility that the trails in the river go under water in the thawing season (Summer). In that case, we will walk in the water.**

Wear: Comfortable shoes to walk/easy to get on/off, Short pants, Cap/hat.

Bring: Rain gear, Sunscreen, Sunglasses, Marine shoes/Crocs® Sandals, Towel, Water/snacks, change of clothes, (Water bottle to bring spring water home), Yen for lunch and anything you may need.

Cost: Adult (15+) \$45, Youth (10-14) \$42 (**Admission, Guide, Transportation included**)

Ice & Wind Cavern, Iyashi no Sato
Sunday, 06 July 2025
Depart: 0730/Return: 1730



Our first destination is Narusawa Ice cave, which was formed by the eruption of Mt. Fuji and has an average temperature of 37.4F throughout the year. After the ice cave, we also visit wind cave. The Fuji Fugaku Wind cave is surrounded by the abundant greenery of the Aokigahara Jukai forest. Up until the beginning of the Showa era, it was used as a refrigerator to store the eggs of silkworms. For lunch, we will stop by Asagiri SA then head to Iyashi no Sato, a Japanese traditional village. The village is like an open-air museum. You can experience and learn about traditional Japanese culture.

***It is for ages 4 and up.**

***The path in the ice cave is narrow, very slippery and there's a steep Staircase. Baby carrier and strollers cannot be used at caverns.**

Wear: Comfortable shoes to walk around, extra jacket for caves.

Bring: Rain gear, Yen for lunch and anything you may need.

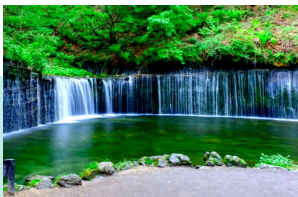
Cost: Adult (12+) \$42, Youth (6-11) \$38, Child (4-5) \$33

(**Admission, Guide, Transportation included**)

Before signing up for hiking/climbing trips

Please consider your physical fitness. We do not recommend to participate in walking trips if you have knee/heart problems, asthma and any other illness.

Karuizawa Sightseeing
Saturday, 12 July 2025
Depart: 0600/Return: 1900



Have you been to Karuizawa before? Karuizawa is one of the most popular summer resorts in Japan. First, we will take you to Onioshidashi Lave Park. The Park is a natural facility which was completely inundated by lava due to the huge eruption of Mt. Asama in 1783. The jet-black lava rock is a unique spectacle that cannot be seen anywhere else. Next, we will go to Shiraito Waterfall. It is a fantastical waterfall with a height of 3 meters and a width of 70 meters, with countless thin streams of water spreading out like a curtain. After the waterfall, we will take you to Karuizawa Shopping Plaza for lunch and some free time. Please enjoy shopping!

***Strollers cannot be used at some destination.**

Wear: Comfortable shoes to walk around.

Bring: Rain gear, Yen for lunch and anything you may need.

Cost: Adult (12+) \$59, Youth (6-11) \$57, Child (0-5) \$54

(**Admission, Guide, Transportation included**)

Tokyo Summerland
Sunday, 13 July 2025
Depart: 0830/Return: 1700



Tokyo Summerland is a huge indoor/outdoor water park in Tokyo. It's fun for all ages and a great place to cool down. The park has large pools, waterslides, a man-made beach and pools for small children. The large indoor park is kept at 30 degrees Celsius so visitors can enjoy it all year round.

***Please purchase admission tickets online or at convenience store.**

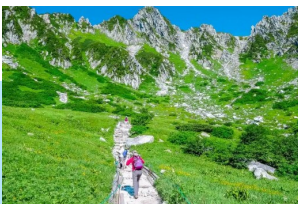
***Tattoos are not allowed at the park.**

Bring: Bathing suit, Towel, Sunscreen, Yen for lunch and anything you may need.

Cost: Adult/Youth/Child \$15 (**Transportation only**)

Explore Senjojiki Cirque
Saturday, 19 July 2025
Depart: 0430/Return: 1730

NEW



Senjojiki Cirque, located at an altitude of 2,500m, is the beautiful view spots in Central Alps. The majestic glacial topography was formed 10,000years ago and internal cirque is covered by alpine flowers in Summer. Senjojiki cirque is the entrance for the Central Alps trekking, there are many trails which cover beginner-advanced hikers. We will hike for 45 minutes on the easiest trail in the cirque. Due to the private vehicle regulations, we will take 30-minute public bus ride, then 8-minute ropeway ride to reach to Snejojiki Cirque. As soon as you land on the cirque, the spacious lofty rock surface view is in front of you. Enjoy the contrast of summer green leaves and white snowpack alpine scene.

Senjojiki Cirque Walking Course: Approximately 933m, 45 minutes, Max elevation 53m.

***It is for ages 6 and up.**

***The average temperature in July will be 13C55/F. Please bring extra clothes**

(windbreaker/fleece jacket etc.)

***We recommend wearing long sleeve shirts, long pants and cap/hat with strap due to strong ultraviolet rays on the mountain.**

Wear: Trekking shoes, Appropriate clothing to hike, Cap/hat with strap.

Bring: Rain gear, Extra clothes, Sunscreen, Sunglasses, Water/snacks, Plastic bag (for trash), Yen for lunch and anything you may need.

Cost: Adult (12+) \$84, Youth (6-11) \$65

(**Public bus/Ropeway fare, Guide, Transportation included**)

Oharai Sun Beach
Sunday, 20 July 2025
Depart: 0530 /Return: 1730

NEW

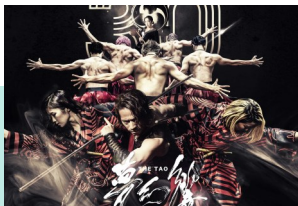


Let's go to Ibaragi Prefecture to aim for the covert blue ocean and white sand beach! Oharai Sun beach is facing the Pacific Ocean, and the sand beach spreads 1.3km wide. Make your summer memories with your family/friends at the shallow beach.

Bring/Wear: Bathing suit, Towel, Beach sandals/shower sandals, Sun protect items (pop-up tent, sunscreen, sunglasses), Beach blanket/lawn chair, your favorite marine items (beach ball, float, snorkel), Water/snacks, yen for lunch (or bring own packed lunch), rental beach items and anything you may need.

Cost: Adult/Youth/Child \$33 (**Escort, Transportation included**)

Drum TAO Performance
Sunday, 20 July 2025
Depart: 1000/Return: 1700



Drum TAO's stage is created through phenomenal performance and expressions consisting of incomparable Japanese Wadaiko-drums and the beautiful melody of Japanese flutes and harps. Drum TAO has toured and been seen in many countries attracting over 800 million spectators world-wide. The highly acclaimed performance has a plethora of sound from other instrument pieces such as Wadaiko-drum solely, shinobue, bamboo marimba, gongs and koto. The special live performance is a show you don't want to miss!

***It is for ages 6 and up.**

Bring: Yen for lunch and anything you may need.

Cost: Adult/Youth/Child \$92

(**S-seat ticket, Escort, Transportation**)

Mt. Fuji 1-5th station Hiking
Saturday, 26 July 2025
Depart: 0600/Return: 1700



Hike at the bottom of Mt. Fuji before attempting to summit Mt. Fuji at a different tour. We will stop by Fuji Sengen Shrine to purchase the famous Mt. Fuji hiking sticks (Kongo-zue), then move to Nakanojaya where our hike starts. First, we will walk for 80 minutes until Umagaeshi. Umagaeshi to the 3rd station is a 90-minute hike on a comfortable trail through the woods. After the 3rd station, the trail steepens where we will continue to hike for another 45 minutes until we reach the 4.5th station, which is at an altitude of 2,010m. We will hike for 50 minutes to the Yoshida 5th station and then detour for 35 minutes to the hidden 6th station to get rare stamps. We will then descend 40 minutes towards our goal, Subaru line 5th station. This tour does not include summiting Mt. Fuji but it is one of many conditioning opportunities to prepare a summit hike.

♣Climbing stick: Y800~Y2,000 ♣Stamps: Y300~Y500

>>>pproximately 9.3km, 5.5hour, Max elevation 1,210m

***It is for ages 10 and up.**

***The weather on mountains can be unpredictable. Do not forget to bring rain gear.**

***Toilets are only available at 5 stations (Y100~Y300 donation).**

Wear/Bring: See itinerary.

Cost: Adult (10+) \$86 (**Entrance fee, Guide, Transportation included**)

Schedules, locations, prices are subject to change.

Tours are subject to cancel due to inclement weather.

Flowers are weather dependent, we cannot guarantee that they are in bloom.