

**Abt Railroad Hiking**  
**Sunday, 24 November 2024**  
**Depart: 0500/Return: 1730**



Railroads between Yokokawa and Karuizawa stations in Gunma were the first steam locomotive railroads running on the Abt system in 1893. To avoid running on the very steep mountain slopes, 26 tunnels and 18 bridges were constructed on the 11km railroads. In 1997, the railroads were discontinued and a part of them were renovated as the hiking trail. We will walk through two bridges, ten tunnels and the historical sites designated as important cultural properties such as the check point. After about 2 hours we will arrive at our turning point, Kumanodaira. Reverse the trail about 1km, then detour from the Abt trail to Route 18 to view a huge brickwork bridge that you crossed about an hour prior. Our goal will be Usui Pass, where you can try their specialty, CHIKAEAMOCHI (Rice cake).

>>>Abt Railroad Trail: Approximately 11km (6.8mil), 3 hour hiking (Break time excluded)

**\*It is for ages 6 and up.**

**Wear:** Comfortable shoes and clothing to walk, Cap-hat.

**Bring:** Rain wear, Towel, Water/Snacks, Change of clothes, Yen for lunch and anything you may need.

**Cost:** Adult/Youth (6+) \$48 (Guide, Transportation included)

**Katsuura Sightseeing**  
**Saturday, 30 November 2024**  
**Depart: 0500/Return: 1800**



Our day starts from Katsuura morning market, which has 430-year history. It began as the trading place for the fisher men and farmers. Enjoy breakfast, then stroll the serene atmosphere market street. We highly recommend to visit Tomisaki shrine where is a few minute walk from the market. Complete 60 steep steps to see magnificent Pacific Ocean from the shrine site. Our next stop, Katsuura aquarium will be underwater observation style aquarium. Go down 96-step spiral stairs to see real ocean lives; 96 kind of sea lives will be seen throughout the year. Our last excitement will be visiting scenic spot, Ubara Utopia. Stroll about one hour on the cape to enjoy beautiful view of ria coastline.

**\*Please wear comfortable shoes to walk.**

**\*This tour is for all ages, however strollers cannot be used at the aquarium and Ubara Utopia.**

**Wear:** Comfortable shoes and clothing to walk.

**Bring:** Rain gear, Shopping bags/small ice chest, Yen for lunch and anything you may need.

**Cost:** Adult (15+) \$51, Youth (6-14) \$47, Child (4-5) \$45, Infant (0-3) \$43 (Admission, Guide, Transportation included)

**Airport Transportation Service**

Leisure Travel Services offers transportation service between Camp Zama/SHA and Narita/Haneda Airport/ Yokota Air terminal/Sagami Ono Station. Give us a call at 263-3621/ 046-407-3621 for more information.

♠Transportation request form (on MWR Website):

[Limo Airport Vehicle Transportation request form as of 2024-03.pdf \(armymwr.com\)](#)

Narita Airport	\$215 one way	\$430 Round trip
Haneda Airport	\$175 one way	\$350 Round trip
Yokota Air Terminal	\$140 one way	\$280 Round trip
Sagami Ono Station	\$25 one way	\$50 Round trip

**Choose from 2 easy ways to register for Outdoor Recreation/Leisure Travel tours:**

**\*In Person**

Stop by the Outdoor Recreation office, located in bldg.#267!

**\*Telephone 263-4671**

Give us a call Monday through Friday, 8 A.M.~ 7 P.M. or weekends from 8 A.M. ~ 5 P.M. We are closed for all U.S Federal Holidays.

**Cancellation & Refund Policy**

Outdoor Recreation shall provide a full refund for all tours cancellations received by cancellation due date indicated on the itinerary.

**Children Policy**

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours.

\*Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

**Receive our tour brochure monthly via E-Mail!**

\*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address: [zamaodr@gmail.com](mailto:zamaodr@gmail.com).

**MLC/IHA/自衛隊の方も是非ご参加ください。**

**ご予約、お問い合わせは軍電263-4671まで。**

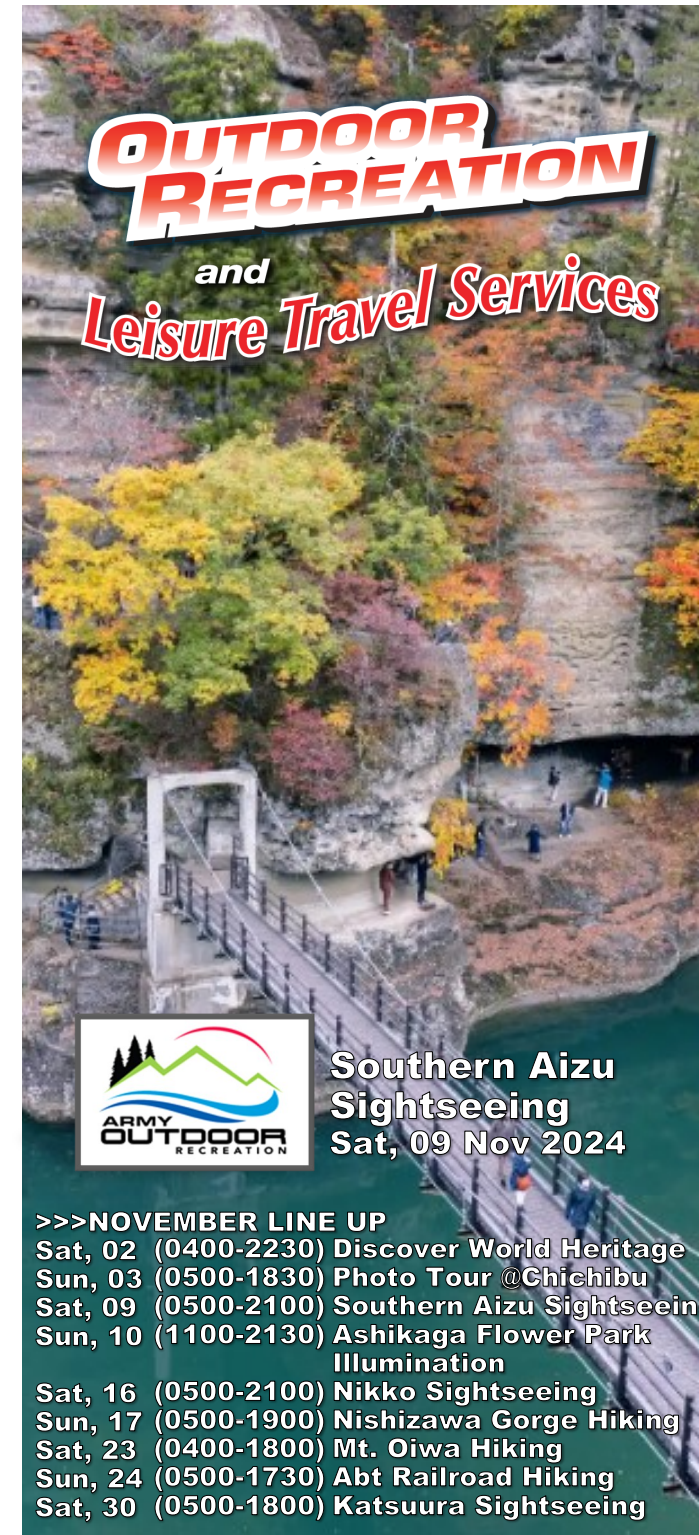
MLC/IHA/JGSDF employees are welcome to join! Give us a call at 263-4671/046-407-4671 for more information and to reserve your spots!



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity.

\*For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671/046-407-4671.

**OUTDOOR RECREATION**  
**and Leisure Travel Services**



**NOVEMBER 2024**



**Southern Aizu Sightseeing**  
**Sat, 09 Nov 2024**

- >>>NOVEMBER LINE UP
- Sat, 02 (0400-2230) Discover World Heritage
  - Sun, 03 (0500-1830) Photo Tour @Chichibu
  - Sat, 09 (0500-2100) Southern Aizu Sightseeing
  - Sun, 10 (1100-2130) Ashikaga Flower Park Illumination
  - Sat, 16 (0500-2100) Nikko Sightseeing
  - Sun, 17 (0500-1900) Nishizawa Gorge Hiking
  - Sat, 23 (0400-1800) Mt. Oiwa Hiking
  - Sun, 24 (0500-1730) Abt Railroad Hiking
  - Sat, 30 (0500-1800) Katsuura Sightseeing

## Shirakawago & Hida Takayama

Saturday, 02 November 2024  
Depart: 0400/Return: 2230



The remote mountain villages of gassho-style houses in Shirakawago on the Hida Highlands were registered as a cultural heritage site in 1995. Some of the homes are over 400 years old, making the site a national treasure which holds a special place in the heart of Japan. Takayama area which has been called "Little Kyoto" its temples, shrines, rivers and bridges are indeed reminiscent of the famed Kyoto on a smaller scale. These places are must-see tourist destinations second only to Kyoto in Japan.

**\*We do not recommend this tour for small children due to long bus ride.**

**Wear:** Comfortable shoes and clothes to walk around.

**Bring:** Rain gear, Yen for souvenir, meal and anything you may need.

**Cost:** Adult/Youth/Child \$55

**(Guide, Transportation included)**

ODR Staff  
CHOICE!!!



## Photograph Tour @Chichibu

Sunday, 03 November 2024  
Depart: 0500/Return: 1830

Our first destination will be the one of the greatest power spots, Mitsumine Shrine. Due to its location, it is hard to go by yourselves, so professional MWR driver will take you there safely! Shoot colorful Shinto architectures, and the hidden dragon which appears if you pour water on the stone pavement. Then we will head to Chichibu station area to hang around good old-fashioned Chichibu town on foot. Our last destination will be Nagatoro area, which is famous for the dynamic scenic spread around Arakawa Riverbanks. You will have opportunity to shoot steam locomotive as well.

**\*For ages 16 and up.**

**\*Schedules, locations are subject to change without notice.**

**Wear:** Comfortable shoes and clothing to walk, Cap/hat.

**Bring:** Camera, Sunglasses, Sunscreen, Towel, Water/Snacks, Yen for lunch and anything you may need.

**Cost:** Adult (16+) \$44

**(Guide, Transportation included)**

NEW



## Southern Aizu Sightseeing

Saturday, 09 November 2024  
Depart: 0500/Return: 2100

We will take you to South part of Fukushima Prefecture. First, we will stop by the scenic point on Aga River. 100 years of erosion and weathering have made dynamic rocky scenery. Next stop will be Ouchijuku, where you can feel Edo era atmosphere. The thatched roof housings are in line on an ancient roadway and housings are renovated as shops and restaurants. Try unique local food, Negisoba for lunch. You will be amazed to see their

cutlery to eat the soba noodle.

**Wear:** Sneakers

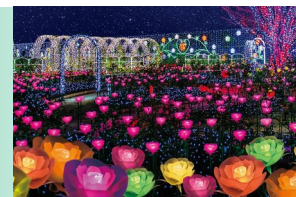
**Bring:** Rain gear, Yen for lunch and anything you may need.

**Cost:** Adult/Youth/Child \$58

**(Guide, Transportation included)**

## Ashikaga Flower Park Illumination

Sunday, 10 November 2024  
Depart: 1100 /Return: 2130



Ashikaga Flower Park is in Tochigi prefecture, well known for wisteria in springtime. The winter night illumination is held annually, starting from the end of October through February. The park will be transformed into a beautiful multi-colored flower garden. When the LED decorated wisteria trees are swaying in the wind, they look like real flowers. The park will be holding an autumn flower festival as well so enjoy the scent of roses, amethyst sages and other flowers till the sun goes down. We will stop at Sano Outlet Mall for lunch.

**Wear:** Comfortable shoes and clothes to walk around.

**Bring:** Rain gear, Yen for souvenir, meal and anything you may need.

**Cost:** Adult (12+) \$44, Youth (4-11) \$39, Child (0-3) \$34

**(Admission, Guide, Transportation included)**

## Nikko Sightseeing

Saturday, 16 November 2024  
Depart: 0500 /Return: 2100



Let's spend a day in Nikko! Nikko has many old-style buildings, and it is registered as a UNESCO World Cultural Heritage. Our first stop will be Toshogu Shrine. It is famous for five-story pagoda and its extremely detailed woodcarvings. In addition, you can visit three other sections: Rinnoji Temple, Futarasan Shrine and the Daiyu-in. All three are located inside the shrine's complex. After that we will walk to Chuzenji Lake, have a lunch time around the area then Kegon Waterfall. Lastly, we will visit Ryuzu Waterfall.

**Wear:** Comfortable shoes and clothes to walk around.

**Bring:** Rain gear, Yen for anything you may need.

**Cost:** Adult (15+) \$57, Youth (12-14) \$50, Youth (6-11) \$49, Child (4-5)

**\$42 (Admission, Guide, Transportation included)**



## Nishizawa Gorge Hiking

Sunday, 17 November 2024  
Depart: 0500/Return: 1900



Nishizawa Gorge, a part of Chichibu-Tama National Park, is located at the upper part of Fuefuki River which flows down Okushigadake Mountain. During the hike, you can see a variety of waterfalls and canyons while enjoying the natural kaleidoscopic view of the Autumn leaves. You can also enjoy the thrill of crossing a wooden bridge high above the water. The most beautiful waterfall is Nanatsugama Godan-no-taki. Cobalt blue water flows over five levels of ponds. Leaving Nishizawa, we will stop by a Mt. Fuji view **tattoo friendly** open-air hot spa.

>>>Nishizawa Gorge: approximately 4hours, 10km (6.2mil), Max Elevation 254m/833ft.

♣Hot Spa Adult (12+) Y900, Youth (8-11) Y400 each

**\*It is for ages 8 and up.**

**\*It may be cancelled with short notice due to inclement weather.**

**Wear:** Trekking shoes, Appropriate clothing for hiking, Cap/hat, Gloves.

**Bring:** Rain Wear, Towel, Water/Snacks, Change of clothes, Yen for lunch, hot spa and anything you may need.

**Cost:** Adult/Youth (8+) \$45 **(Guide, Transportation included)**

### Before signing up for hiking/climbing trips

Please consider your physical fitness. We do not recommend to participate in walking trips if you have knee/heart problems, asthma and any other illness.

NEW

## Mt. Oiwa Hiking

Saturday, 23 November 2024  
Depart: 0400/Return: 1800



First, we will have short hiking at Mt. Oiwa. The entire mountain is Oiwa shrine site and it is known that the many astronauts saw luminous pillar from the mountain in the space. If the weather is clear, you will be able to see the Pacific Ocean and Nasu mountains. Then we will visit Hananuki Gorge, one of the most beautiful Koyo (leaves change their color in red, yellow and orange) will be seen. Big and small waterfalls and pools are dotted on the Hananuki River and the gorge is colored with the autumn tints. Enjoy maple festival at the gorge.

>>>Mt. Oiwa: 526m, 3.3km, Approximately 100min, Max elevation 248m

**\*It is for ages 6 and up.**

**\*This tour is subject to cancel due to rain.**

**Wear:** Hiking shoes, Appropriate clothing for hiking, Cap/hat.

**Bring:** Rain gear, Sunscreen, Sunglasses, Towel, Snacks/water, Yen for lunch and anything you may need.

**Cost:** Adult (6+) \$46 **(Guide, Transportation included)**

**Schedules, locations, prices are subject to change. Tours are subject to cancel due to inclement weather. Flowers are weather dependent, we cannot guarantee that they are in bloom.**