

Please bring/prepare something you can eat for lunch if you have any food restrictions (ex. Food allergy, vegetarian)

## Mito Sea Paradise & Wasabi/Mentaiko Museum

Sunday, 31 May 2026  
Depart: 0700/Return: 1800



We will take you to Mito Sea paradise in Numazu. Enjoy watching sea animals such as dolphins, sea lions, fur seals, walrus, penguins, and other fish! You can experience feeding some sea animals as well. After that, we will head to Numazu Fish Port for lunch. Enjoy fresh seafood and find your favorite restaurant there. After lunch, we will go to Izu Gateway Kannami for Wasabi Museum and Mentaiko (Spicy cod roe) Museum. Try fresh Mentaiko and Wasabi and buy some for souvenirs!

**Wear:** Comfortable shoes and clothes to walk, Cap/hat.  
**Bring:** Rain gear, Yen for lunch and anything you may need.  
**Cost:** Adult (12+) \$45, Youth (4-11) \$38, Child (0-5) \$31  
**(Admission, Guide, Transportation included)**

### ===Vehicle Rental===

**Toll Ticket Included!!!**

**Nissan Caravan:**  
10 passenger Van

**Toyota Corolla:**  
Hybrid  
4 passenger Wagon

**Toyota Hiace:**  
5 passenger Cargo Van



\$110/day, \$660/week,  
\$30/hour (up to 3 hours)

\$80/day, \$480/week

\$85/day, \$510/week,  
\$15/hour (up to 3 hours)

**Toyota Dyna:** 1ton truck, 3 passenger  
\$85/day, \$510/week, \$15/hour (up to 3 hours)

## Airport Transportation Service

Leisure Travel Services offers transportation service between Camp Zama/SHA and Narita/Haneda Airport/Yokota Air terminal/Sagami Ono Station. Give us a call at 263-3621/046-407-3621 for more information.

♣Transportation request form (on MWR Website):  
[Limo Airport Vehicle Transportation request form as of 2024-03.pdf \(armymwr.com\)](https://www.armymwr.com/limo-airport-vehicle-transportation-request-form-as-of-2024-03.pdf)

Narita Airport	\$215 one way	\$430 Round trip
Haneda Airport	\$175 one way	\$350 Round trip
Yokota Air Terminal	\$140 one way	\$280 Round trip

## Sagami Ono Transfer Service

Sagami Ono Station (Scheduled times from SHA Bus Stop) \$10/person  
Sagami Ono Station (Reserved times from your Quarters) \$30  
**(Reservations are required for these services NLT 72 hrs. prior)**

Choose from 2 easy ways to register for Outdoor Recreation/Leisure Travel tours:

### \*In Person

Stop by the Outdoor Recreation office, located in bldg.#267!

### \*Telephone 263-4671

Give us a call Monday through Friday, 8 A.M.~ 7 P.M. or weekends from 8 A.M. ~ 5 P.M. We are closed for all U.S Federal Holidays.

### Cancellation & Refund Policy

Outdoor Recreation shall provide a full refund for all tours cancellations received by cancellation due date indicated on the itinerary.

### Children Policy

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours.

\*Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

### Receive our tour brochure monthly via E-Mail!

\*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address:  
[zamaodr@gmail.com](mailto:zamaodr@gmail.com).



**MLC/IHA/自衛隊の方も是非ご参加ください。ご予約、お問い合わせは軍電263-4671まで。**

**MLC/IHA/JGSDF employees are welcome to join! Give us a call at 263-4671/046-407-4671 for more information and to reserve your spots!**



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity.

\*For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671/046-407-4671.

## Tour guide needed!!!

Outdoor Recreation/Leisure Travel Services are seeking contract tour guides who are...

- \*Bilingual (Japanese/English).
- \*Physically fit.
- \*Able to work on weekends/US holidays
- \*Responsible and friendly character.

Contact Komaki Sierra at 263-4807/046-407-4807 or email to [Komaki.sierra.ln@army.mil](mailto:Komaki.sierra.ln@army.mil) if you are interested in.

# OUTDOOR RECREATION and Leisure Travel Services

MAY 2026



**Fujinomiya Sightseeing**  
Sun, 24 May 2026

### >>>MAY LINE UP

Sat, 02 (0600-1500) Clam Digging  
Sun, 03 (0530-1900) Mashiko Pottery Festival  
Sat, 09 (0500-1900) Nishizawa Gorge Hiking  
Sun, 10 (0500-1900) White Water Rafting  
Sat, 16 (0700-1730) Kawagoe Free Time  
Sun, 17 (0700-1530) Ohtama Trail Walking  
Sat, 23 (0900-1800) Yokohama Cruise & Free Time  
Sun, 24 (0630-1700) Fujinomiya Sightseeing  
Mon, 25 (0600-2200) Yokyo Disneyland  
Sun, 31 (0700-1700) Mito Sea Paradies

**Clam Digging**  
**Saturday, 02 May 2026**  
**Depart: 0600/Return: 1500**



Longing for a trip to the beach? Join us on this tour and we'll experience warm sandy beaches and clam digging! We'll take you to Futtsu Kaigan in Chiba where you can dig for clams, visit the nearby park, or just enjoy a day in the sun. Take the day to relax and have fun with the family.

**\*Recommended to bring small foldable chair and bucket.**

**Wear:** Comfortable shoes and clothing to walk around.

**Bring:** Water shoes, sunscreen, sunglasses, change of clothes, towel, drinks, own packed lunch, Yen for anything you may need.

**Cost:** Adult (12+) \$42, Youth (6-11) \$34, Child (4-5) \$33, Infant (0-3) \$25  
**(Clam Digging Fee, Escort, Transportation included)**

**Mashiko Pottery Festival**  
**Sunday, 03 May 2026**  
**Depart: 0530/Return: 1900**



Mashiko was developed as a pottery town at the end of Edo period. In 1966, the first Mashiko pottery festival was held, and it became an annual festival in Spring and Autumn. Addition to 50 extant pottery shops, 700 booths line up to sale Ordinary tableware and art objects made with clay. Spend 5 hours hunting your favorite ones.

**\*It is for all ages, however we do not recommend small children to participate due to crowd.**

**\*Wear comfortable shoes to walk around.**

**Bring:** (Shopping carrier), Rain gear, Yen for shopping, lunch and anything you may need.

**Cost:** Adult/Youth/Child \$34 **(Guide, Transportation included)**

**Nishizawa Gorge Hiking**  
**Saturday, 09 May 2026**  
**Depart: 0500/Return: 1900**



Nishizawa Gorge, a part of Chichibu-Tama National Park, is located at the upper part of Fuefuki River which flows down Okushigadake Mountain. During the hike, you can see a variety of waterfalls and canyons while enjoying the natural kaleidoscopic view of the vibrant green leaves. You can also enjoy the thrill of crossing a wooden bridge high above the water. The most beautiful waterfall is Nanatsugama Godan-no-taki. Cobalt blue water flows over five levels of ponds. Leaving Nishizawa, we will stop by a Mt. Fuji view **tattoo friendly** open-air hot spa.

>>>Nishizawa Gorge: approximately 10km/6.2mil, 4-hour hiking, Max Elevation 254m/833ft.

♣Hot Spa Adult (12+) Y900, Youth (8-11) Y400 each

**\*It is for ages 8 and up.**

**\*It may be cancelled with short notice due to inclement weather.**

**Wear:** Trekking shoes, Appropriate clothing for hiking, Cap/hat, Gloves.

**Bring:** Rain Wear, Towel, Water/Snacks, Change of clothes, Yen for lunch, hot spa and anything you may need.

**Cost:** Adult/Youth (8+) \$46 **(Guide, Transportation included)**

**White Water Rafting**

**Sunday 10 May 2026**

**Depart: 0500/Return: 1900**

**\*Sign up by Mon, 27 April 2026!!!**

**ODR Staff CHOICE!!!**



Don't miss this exciting adventure on one of Japan's pristine rivers in Gunma Prefecture. Snow from the mountains melts into the river, and the water is at peak level with class III rapids this season. (However, the river condition depends on the day, so we cannot guarantee good rafting conditions). After the exciting activity, relax and enjoy BBQ lunch.

**\*For ages 13 and up, height taller than 110cm/3.61ft.**

**\*You cannot participate in the activity if you consumed alcoholic beverages, or you are pregnant.**

**\*If you need orthoptics, use disposable contact lenses with swimming goggles or eyeglasses with strap.**

**Wear:** Bathing suit, shoes you do not mind getting wet

**Bring:** Shower Sandals, Towel, Change of clothes, Water, Sunscreen, Yen for anything you may need.

**Cost:** Adult (13+) \$126 **(Rafting guide, Rental gear, BBQ lunch, Escort, Transportation included)**

**Soy Sauce Factory & Kawagoe Free Time**

**Saturday, 16 May 2026**

**Depart: 0700/Return: 1730**



Our tour starts with Soy Sauce Park in Kawagoe located in Saitama Prefecture. You can learn and actually see the process of making soy sauce. After the soy sauce park, you will have some free time in Kawagoe area.

There are remain streets of warehouse buildings. You will find something to eat around there. Also, there's Hikawa Shrine, Kashiya Yokocho (consists of traditional sweet shops). Please enjoy walking around and find some delicious food and dessert!

**Bring:** Yen for lunch and anything you may need.

**Cost:** Adult/Youth/Child \$39

**(Guide, Transportation included)**

**Ohtama Trail Walking**

**Sunday, 17 May 2026**

**Depart: 0700/Return: 1530**

**NEW**



Let's walk on Ohtama Trail, the 8.2km trails between Kori and Okutama stations. The trails along Tama river are composed of road sidewalks, hiking trails, and promenade in the woods. We will walk slowly while enjoying the scenery of the gorge and many waterfalls. During the hike, we will stop at Shiromaru Dam to see Japan's largest man-made fish ladder set in the dam. You might be able to see fish swimming up 30m/98.4ft against the stream.

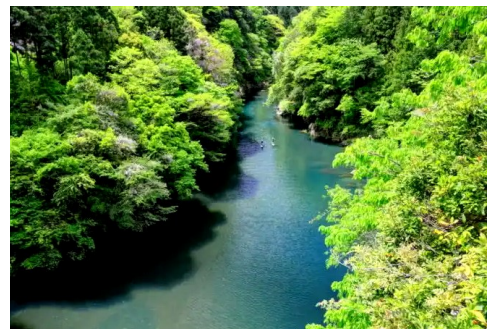
>>>Ohtama Walking Trail: approximately 8.2km/53.09mi, 3hours, max elevation 100m/328ft.

**\*It is for ages 6 and up.**

**Wear/Bring:** See itinerary.

**Cost:** Adult/Youth (6+) \$38

**(Guide, Transportation included)**



**Before signing up for hiking/climbing trips**

Please consider your physical fitness. We do not recommend to participate in walking trips if you have knee/heart problems, asthma and any other illness.

**Yokohama Cruise & Free Time**

**Saturday, 23 May 2026**

**Depart: 0900/Return: 1730**



Let's feel the breeze on the cruise and enjoy your time in Yokohama. First, we will head to China Town for lunch and strolling. You can spend time at Yamashita Park, you can go to Cosmo World for some rides, and you can go to World Porters and Red Brick Warehouse for shopping. There are many things to do! After that, we will ride the day cruise for 45 min. Enjoy the view of Yokohama Bay!

**Wear:** Comfortable shoes and clothing to walk around.

**Bring:** Yen for lunch and anything you may need.

**Cost:** Adult (12+) \$35, Youth (6-11) \$25, Child (0-5) \$18  
**(Cruise ride fee, Guide, Transportation included)**

**Fujinomiya Sightseeing**

**Sunday, 24 May 2026**

**Depart: 0630 /Return:1700**

**NEW**



First, we will stop by Shiraito Nature Park to see Asahi Waterfall. We will walk about 20 minutes through the rose garden and terraced paddy field to the waterfall. It is a rare waterfall, which does not have waterfall basin. You will be able to get close enough to feel the spray from the waterfall. Touch the water to find out how cold the melted snow water from Mt. fuji is! Next, we will visit Fuji Herness, the guide dog training center. You have opportunity to learn about role of guide dogs and will be able to see young dogs are taking training, retired dogs are relaxing and/or puppies are playing in the back yard. Then we will visit Fujisanhongu Sengen Jinja, which is the shrine Mt. Fuji was enshrined to quieten Mt. Fuji eruption. The shrine site spreads 56.1km<sup>2</sup>/21.6sq mi, containing beautiful red torii gate/main hall/prayer hall and spring water pond. In front of the main approach will be Omiya-yokocho avenue, the open-air food court to hospitalize shrine visitors. Try their specialty Fujinomiya Yakisoba noodle and Shizoka oden. You can taste spring water as well.

**\*Please wear comfortable shoes to walk.**

**Bring:** Rain gear, Yen for lunch and anything you may need.

**Cost:** Adult/Youth/Child \$32 **(Guide, Transportation included)**

**Tokyo Disneyland**

**Monday, 25 May 2026**

**Depart: 0600/Return: 2200**



We will take you to Disneyland! For this spring, you can enjoy a world of sweet treats straight from Venelope's imagination. The park will be brimming with vibrant colors, adorable sights, and mouthwatering treats!

**\*Please purchase tickets by yourself.** <https://tokyodisneyresort.jp>

**\*Download Disneyland App before you go.**

**Bring:** Yen for lunch and anything you may need.

**Cost:** Adult/Youth/Child \$24 **(Transportation Only)**

**Schedules, locations, prices are subject to change.**

**Tours are subject to cancel due to inclement weather.**

**Flowers are weather dependent, we cannot guarantee that they are in bloom.**