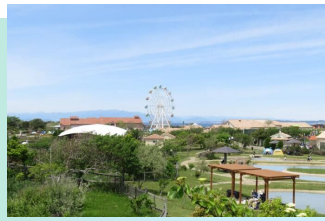


## Underwater Boat & Soleil no oka Saturday, 31 May 2025 Depart: 0700/Return:1800 **\*Sign up by Fri, 23 May!!!**



First, we will ride underwater observation ship. You can see many fish from the boat and sometimes sea turtles show up. Enjoy 40 min boat ride! Afterwards, we will go to Soleil no Oka, it reopened after the renovation! There is a flower garden, petting zoo, kids garden, play pond, zip line, athletic & sightseeing tower.

Activities cost at Soleil-no-Oka:

♣Obstacle Course: A (18+) Y3,500, Y (10-17) Y2,800

♣Zipline: A/Y (10+) Y1,400

♣Animal Village: A (15+) Y700, Y/C (4-14) Y350

♣Soleil Train: A/Y (4+) Y350

**Wear:** Comfortable shoes to walk.

**Bring:** Rain gear, Yen for lunch and anything you may need.

**Cost:** Adult (12+) \$40, Youth (6-11) \$34, Child (0-5) \$28

**(Boat ride, Guide, Transportation included)**

## Airport Transportation Service

Leisure Travel Services offers transportation service between Camp Zama/SHA and Narita/Haneda Airport/Yokota Air terminal/Sagami Ono Station. Give us a call at 263-3621/ 046-407-3621 for more information.

♣Transportation request form (on MWR Website):

[Limo Airport Vehicle Transportation request form as of 2024-03.pdf \(armymwr.com\)](#)

Narita Airport	\$215 one way	\$430 Round trip
Haneda Airport	\$175 one way	\$350 Round trip
Yokota Air Terminal	\$140 one way	\$280 Round trip

## Sagami Ono Transfer Service

Sagami Ono Station (Scheduled times from SHA Bus Stop) \$10/person

Sagami Ono Station (Reserved times from your Quarters) \$30

**(Reservations are required for these services NLT 72 hrs. prior)**

## ===Vehicle Rental===

**Toll Ticket Included!!!**

<b>Toyota Corolla:</b> Hybrid 4 passenger Wagon	\$80/day, \$480/week
<b>Toyota Estima:</b> Hybrid 6 passenger Van	\$85/day, \$510/week
<b>Toyota Dyna:</b> 1ton truck, 3 passenger	\$85/day, \$510/week,
\$15/hour (up to 3 hours)	
<b>Toyota Hiace:</b> 5 passenger Cargo Van	\$85/day, \$510/week,
\$15/hour (up to 3 hours)	
<b>Nissan Caravan:</b> 10 passenger Van	\$110/day, \$660/week,
\$30/hour (up to 3 hours)	



Choose from 2 easy ways to register  
for Outdoor Recreation/Leisure Travel tours:

**\*In Person**

Stop by the Outdoor Recreation office, located in bldg.#267!

**\*Telephone 263-4671**

Give us a call Monday through Friday, 8 A.M.~ 7 P.M. or weekends from 8 A.M. ~ 5 P.M. We are closed for all U.S Federal Holidays.

### Cancellation & Refund Policy

Outdoor Recreation shall provide a full refund for all tours cancellations received by cancellation due date indicated on the itinerary.

### Children Policy

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours.

\*Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

**Receive our tour brochure monthly via E-Mail!**

\*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address:

**zamaodr@gmail.com.**

**MLC/IHA/自衛隊の方も是非ご参加ください。  
ご予約、お問い合わせは軍電263-4671まで。**  
MLC/IHA/JGSDF employees are welcome to join!  
Give us a call at 263-4671/046-407-4671 for more information and to reserve your spots!

**Please bring/prepare something you can eat for lunch if you have any food restrictions (ex. Allergy, vegetarian)**



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity.

\*For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671/046-407-4671.

# OUTDOOR RECREATION and Leisure Travel Services

MAY 2025



**Nishizawa Gorge  
Hiking**  
Sun, 25 May 2025

### >>>MAY LINE UP

Sat, 03	(0630-1630)	Shosenkyo Hiking
Sun, 04	(0500-1900)	White Water Rafting & BBQ Lunch
Sat, 10	(0600-2130)	Nezamenotoko & Magomejuku
Sun, 11	(0600-1500)	Clam Digging
Sat, 17	(0500-2000)	Nikko Sightseeing
Sat, 17	(0700-1530)	Fujino Town Art Hiking
Sun, 18	(0700-1730)	Izu Panorama Park
Sat, 24	(0500-1900)	Tsukuba Gourmet Tour
Sun, 25	(0500-1900)	Nishizawa Gorge Hiking
Sat, 31	(0700-1800)	Soleil Park



**Shosenkyo Hiking**  
**Saturday, 03 May 2025**  
**Depart: 0630/Return: 1630**



Let's walk through the most beautiful gorge in Japan, Shosenkyo! Due to its amazing scenery and abundant clarity, Shosehkyo Gorge has been designated as Japan Heritage! Beginning of the hike, you will be able to see unique-shaped rocks along Arakawa River. Walk about 30 minutes and you will get to Tenkorin woods. By stomping firmly on the ground, you might be able to hear echoes emanating from underground, a natural phenomenon. 40 minutes from Tenkorin, you will pass through a naturally formed stone gate. The highlight of the gorge, the Sengataki Waterfall, is a few minutes from the stone gate. Climb 180 steps and you will arrive at the Crystal Street where we will enjoy lunch and free time. You'll have the opportunity to ride a gondola, visit museums, taste wine and crystal hunting. Afterwards, we will head to Kanazakura Shrine to admire rare cherry blossom, Ukon Zakura, which is the only cherry blossom blooms yellow flowers. >>>Shosenkyo Trail: Approximately 5km, 1.5 hour hiking

***\*It is for all ages, however we do not recommend strollers.***

***Wear:*** Comfortable shoes and clothing for hiking, Cap/hat.

***Bring:*** Rain gear (Folding umbrella), Extra clothes, Gloves, Sunglasses, Sunscreen, Towel, Water/snacks, Yen for lunch and anything you may need.

***Cost:*** Adult/Youth/Child \$45

***(Guide, Transportation included)***

**White Water Rafting**  
**Sunday, 04 May 2025**  
**Depart: 0500/Return: 1900**  
***\*Sign up by Mon, 21 April 2025!!!***



Don't miss this exciting adventure on one of Japan's pristine rivers in Gunma Prefecture. Snow from the mountains melts into the river, and the water is at peak level with class III rapids this season. (However, the river condition depends on the day, so we cannot guarantee good rafting conditions). After the exciting activity, relax and enjoy BBQ lunch.

***\*For ages 13 and up, height taller than 110cm.***

***\*You cannot participate in the activity if you consumed alcoholic beverages, or you are pregnant.***

***\*If you need orthoptics, use disposable contact lenses with swimming goggles or eyeglasses with strap.***

***Bring:*** Bathing suit, shoes you do not mind getting wet, Shower Sandals, Towel, Water, Sunscreen, Yen for anything you may need.

***Cost:*** Adult (13+) \$126 ***(Rafting guide, Rental gear, BBQ lunch, Escort, Transportation included)***



**Nezame-no-Toko & Magomejuku**  
**Saturday, 10 May 2025**  
**Depart: 0600/Return: 2130**

Nezame-no-toko located in Nagano prefecture, it literally means "wake-up bed". It is a bed of rocks at an enchanting location along the Kiso river, known for its fascinating rock formations and its beautiful emerald green color water. Our net stop is Magomejuku. Where during Edo period there were five roadways that connected to Edo (Tokyo) and outlying regions. The Nakasendo road linked Edo and Kyoto which ran through central Japan. It has 69 posting stations of which Magome-juku was the 43<sup>rd</sup>. Walking through Magome-juku will transport you back to Edo period. Enjoy the local food and get some souvenirs as well!

***\*Short walking involved.***

***\*Strollers cannot be used at Nezame-no-toko area.***

***Wear:*** Comfortable shoes and clothing to walk around.

***Bring:*** Sunscreen, sunglasses, Yen for anything you may need.

***Cost:*** Adult/Youth/Child \$50 ***(Guide, Transportation included)***

**Schedules, locations, prices are subject to change.**

**Clam Digging**  
**Sunday, 11 May 2025**  
**Depart: 0600/Return: 1500**



Longing for a trip to the beach? Join us on this tour and we'll experience warm sandy beaches and clam digging! We'll take you to Futtsu Kaigan in Chiba where you can dig for clams, visit the nearby park, or just enjoy a day in the sun. Take the day to relax and have fun with the family.

***\*Recommended to bring small foldable chair and bucket.***

***Wear:*** Comfortable shoes and clothing to walk around.

***Bring:*** Water shoes, sunscreen, sunglasses, change of clothes, towel, drinks, own packed lunch, Yen for anything you may need.

***Cost:*** Adult (12+) \$42, Youth (6-11) \$34, Child (4-5) \$33, Infant (0-3) \$25

***(Clam Digging Fee, Escort, Transportation included)***

**Nikko Sightseeing**  
**Saturday, 17 May 2025**  
**Depart: 0500/Return: 2100**



Let's spend a day in Nikko! Nikko has many old-style buildings, and it is registered as a UNESCO World Cultural Heritage. Our first stop will be Toshogu Shrine. It is famous for five-story pagoda and its extremely detailed woodcarvings. In addition, you can visit three other sections: Rinnoji Temple, Futarasan Shrine and the Daiyu-in. All three are located inside the shrine's complex. We will also visit Chuzenji Lake, Kegon Waterfall and Ryuzu Waterfall.

***\*This tour includes short walking.***

***Wear:*** Comfortable shoes & clothes to walk around

***Bring:*** Rain gear, Yen for lunch and anything you may need.

***Cost:*** Adult (18+) \$57, Youth (12-17) \$51, Child (6-11) \$49, Infant (0-5) \$43

***(Admission, Guide, Transportation Included)***

**Before signing up for hiking/climbing trips**

Please consider your physical fitness. We do not recommend to participate in walking trips if you have knee/heart problems, asthma and any other illness.

**Fujino Art Road Walking & Pottery Festival**  
**Saturday, 17 May 2025**  
**Depart: 0700 /Return: 1530**



The Fujino area, where is a part of Sagami-hara City, is well known as an "art sanctuary". Artists have displayed 30 of their open-air masterpieces. You will be able to find them on our hike. The symbol of Fujino town, "Midori-no-Love letter" artwork can be seen from hiking start point. The first 20 minutes contains gentle ups and downs, followed by a 20-minute steep uphill trek. The rest of the course will be almost flat or downhill. After 2 hours of hiking, we will visit Fujino Pottery Festival site. Find out your favorite pottery and get lunch from food vendors.

>>>Art Hiking Course: approximately 7.6km/4.72mi, 2-hour hiking, Max elevation 130m/426ft.

***\*It is for ages 6 and up.***

***\*It may be cancelled with short notice due to inclement weather.***

***Wear:*** Comfortable shoes to walk, warm clothes, cap/hat

***Bring:*** Rain suits, Sunscreen, Sunglasses, Towel, Water/snacks, Yen for Lunch and anything you may need.

***Cost:*** Adult/Youth (6+) \$32 ***(Guide, Transportation included)***

**Tours are subject to cancel due to inclement weather.**

**Izu Panorama Park & Mito Sea Paradise**  
**Sunday, 18 May 2025**  
**Depart: 0700/Return:1730**



Our first destination is Izu Panorama Park. We will take a ropeway to the top where you can enjoy the beautiful view of ocean, Mt. Fuji and Izu area. The reflection of Mt. Fuji on the water is so beautiful! There is a café, foot bath and little park for kids. After that we will have a lunch break. After lunch, we will go to Mito Sea paradise. Enjoy watching sea animals such as dolphins, sea lions, fur seals, walrus, penguins, and other fish!

***Wear:*** Comfortable shoes and clothes to walk around.

***Bring:*** Rain gear, Yen for lunch and anything you may need.

***Cost:*** Adult (12+) \$57 Youth (6-11) \$41, Child (0-5) \$23

***(Ropeway ride, Admission, Guide, Transportation included)***

**Gourmet Tour in Tsukuba**  
**Saturday, 24 May 2025**  
**Depart: 0500/Return: 1900**



Tsukuba City, which is famous as the Science city, is secretly known as gourmet town. Due to the number of shops, Tsukubai is called as a battleground of Ramen shop. First, we will stop by noodle-making factory to taste amazingly delicious Ramen. You will be addicted to it, so do not forget to purchase the noodle and soup to go. Then we will visit Sake brewery. You can taste three seasonal sake at the brewery. We will also stop by bakery, Tsukba's select shop and fish market for all-you-can-eat Maguro (tuna) for Y2,000!

***\*It is for ages 12 and up, 8 spots only.***

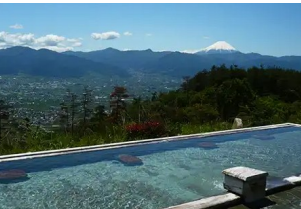
***\*If you cannot drink alcohol, they will serve non-alcoholic drinks.***

***Bring:*** Rain gear, Shopping bags/Small ice chest, Yen for lunch and anything you may need.

***Cost:*** Adult (12+) \$52

***(Sake Tasting fee, Guide, Transportation included)***

**Nishizawa Gorge Hiking**  
**Sunday, 25 May 2025**  
**Depart: 0500/Return: 1900**



Nishizawa Gorge, a part of Chichibu-Tama National Park, is located at the upper part of Fuefuki River which flows down Okushigadake Mountain. During the hike, you can see a variety of waterfalls and canyons while enjoying the natural kaleidoscopic view of the vibrant green leaves. You can also enjoy the thrill of crossing a wooden bridge high above the water. The most beautiful waterfall is Nanatsugama Godan-no-taki. Cobalt blue water flows over five levels of ponds. Leaving Nishizawa, we will stop by a Mt. Fuji view ***tattoo friendly*** open-air hot spa.

>>>Nishizawa Gorge: approximately 10km/6.2mi, 4-hour hiking, Max Elevation 254m/833ft.

♣Hot Spa Adult (12+) Y900, Youth (8-11) Y400 each

***\*It is for ages 8 and up.***

***\*It may be cancelled with short notice due to inclement weather.***

***Wear:*** Trekking shoes, Appropriate clothing for hiking, Cap/hat, Gloves.

***Bring:*** Rain Wear, Towel, Water/Snacks, Change of clothes, Yen for lunch, hot spa and anything you may need.

***Cost:*** Adult/Youth (8+) \$44 ***(Guide, Transportation included)***

**Flowers are weather dependent, we cannot guarantee that they are in bloom.**