

Hatsushima Island Resort

Sunday, 24 July 2022
Depart: 0630/Return: 1800



Let's take a 25-minute ferry ride off the coast of Atami to Hatsushima island resort. There are many things to do on the small island; shore fishing, snorkeling, walking around the island (about 4km in circumference), napping in a hammock, flower garden, swimming pool, hot spa, zip lining, obstacle course, pottery making, and putt-putt golf! Also enjoy fresh seafood for lunch! Ask ODR staff for more information.

***It may be cancelled if the boat to the island is cancelled due to the ocean's condition.**

***There is no transportation on the island. The only way of getting around the island is by walking, so please pack light.**

***No exposed tattoos allowed at the swimming pool / hot spa.**

***There are no sand beaches on the island.**

***See itinerary carefully so you can plan how you spend time on the island in advance.**

Wear/Bring: See itinerary.

Cost: Adult (12+) \$66, Youth (6-11) \$53, Child (0-5) \$40

(Ferry ride, Escort, Transportation between Zama and Atami Port Included)

Deep Sea Fishing >>>Mahi Mahi

Saturday, 30 July 2022
Depart: 0430/Return: 1530
***Sign up by Wed, 06 Jun 2022!!!**



Enjoy the most exciting fishing time of the year in Sagami Bay! Gear & bait are all included.

***It is for ages 12 and up.**

Wear/Bring: Fishing clothes (anything you do not mind getting wet & dirty), Rubber boots/Deck shoes, Cap/hat with strap, Sunglasses, Utility gloves.

Bring: Food/Drinks, Sunscreen, Medicine for seasickness, Pliers, Scissors, Towel, Yen for extra tackles and anything you may need.

Cost: Adult (12+) \$165 (Fishing fee, Rental poles, Ice chest, Life Jacket, Escort, Transportation included)

Deep Sea Fishing >>>Mahi Mahi

Saturday, 13 August 2022
Depart: 0430/Return: 1530
***Sign up by Wed, 20 Jul 2022!!!**

Deep Sea Fishing >>>Mahi Mahi

Saturday, 27 August 2022
Depart: 0430/Return: 1530
***Sign up by Wed, 03 Aug 2022!!!**

***See for 30 July 2022.

Choose from 2 easy ways to register for Outdoor Recreation/Leisure Travel tours:

***In Person**

Stop by the Outdoor Recreation office, located in building 267!

***Telephone 263-4671**

Give us a call Monday through Friday, 8 A.M.~ 7 P.M. or weekends from 8 A.M. ~ 5 P.M. We are closed for all U.S Federal Holidays.

Cancellation & Refund Policy

Outdoor Recreation shall provide a full refund for all tours cancellations received at least 72 hours prior to the start of the tour for all tours departing after 6 A.M. For cancellations received 4 full business days prior to the departure date for tours departing before 6 am, unless otherwise indicated on the itinerary.

Children Policy

Children (Ages 17 & under) & out of high school must be accompanied by a parent/guardian on all tours.

*Age limitations may vary on each tour. Please check with our tour staff when signing up on a tour.

Receive our tour brochure monthly via E-Mail!

*By signing up for our email distribution, you will receive our brochure as well as any updates on any changes that are made to the schedule! Please send an email with "Tour Brochure Request" in the subject line to the following address: zamaodr@gmail.com.

MLC/IHA/自衛隊の方も是非ご参加ください。

ご予約、お問い合わせは軍電263-4671まで。

MLC/IHA/JGSDF employees are welcome to join. Give us a call at 263-4671 for more information and to reserve your spots!

Contract Tour Guide Needed!!!

Outdoor Recreation & Leisure Travel Services are seeking contract tour guides.

-Must be bilingual (Japanese/English).

-Physically fit.

-Able to work on weekends.

-Responsible and friendly character.

If you are interested in, please contact Komaki Sierra at 263-4807/046-407-4807 or e-mail to

komaki.sierra.ln@army.mil



DFMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity.

*For reservations & More information please call Outdoor Recreation & Leisure Travel Services at 263-4671/046-407-4671.

OUTDOOR RECREATION and Leisure Travel Services

JULY 2022

I Hakuba Gory Alpine Plant Garden

Sat., 02 Jul 2022

>>>JUNE LINE UP

Sat, 04 (0400-1700)	Shirakoma Pond Hiking
Sat, 11 (0300-1900)	Kamikochi Hiking
Sat, 11 (0800-1930)	Cycling along Tama River
Sun, 12 (0730-1530)	er
Sat, 18 (0700-1900)	Itako Iris Festival
Sun, 19 (0600-1900)	Fuji Sightseeing
Sat, 25 (0730-1530)	Kura-no-Machi Walking
Sun, 26 (0500-1930)	Stroll Spring Water City

>>>JULY LINE UP

Sat, 30 (0430-1530)	Explore Tenryu Gorge
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*****You must wear a face mask while on the MWR bus*****
*****USARJ COVID health protection protocols in place*****
*****Subject to changes/cancellation due to inclement weather or HPCON*****



Hakuba Goryu Alpine Plant Garden

Saturday, 02 July 2022
Depart: 0600/Return: 1900




Hakuba Goryu, famous for its ski resort in the winter, changes its operation in the summer. From June to October, the mountain surface is covered with more than 2 million alpine plants. Take a gondola to the summit where the alpine plant garden is located. There is a rare blue poppy that blooms in July and is nicknamed as the Himalayan blue poppy as it originally grows in an area of the Himalayans. In addition to seeing beautiful flowers, you will be able to enjoy a magnificent view of the Northern Japan Alps. Walk about 90 minutes around the garden, enjoy local food for lunch and head to the next destination, Wasabi farm. Relax and see green wasabi leaves and a beautiful spring water.

***It is for all ages, however strollers cannot be used at the garden.**
***Infants cannot ride a lift to summit.**
Wear: Comfortable shoes and clothing to walk.
Bring: Yen for lunch and anything you may need.
Cost: Adult (12+) \$83, Youth (6-11) \$71, Child (0-5) \$59 **(Gondola & Lift ride, Guide, Transportation included)**

Odaiba Free Time

Sunday, 03 July 2022
Depart: 0800/Return: 1800



Enjoy free time in Odaiba where you can find many shops, restaurants, beach and entertainment.
***Please bring extra yen for admission to museums and amusement facility etc.**
***Facilities might be closed depending on COVID-19 condition.**
Bring: Yen for lunch and anything you may need, shopping bag.
Cost: Adults/Youth/Child \$27
(Guide, Transportation included)

Jinba~Mt.Takao Hiking

Monday, 04 July 2022
Depart: 0630/Return: 1730




Need to check and test your physical fitness before taking on Mt. Fuji this summer? If so, we highly recommend that you join this hiking tour that will take you through three summits. Although the highest point of this course is only 854m, it will take 6 hours to complete!
 >>>Mt.Jinba~Mt. Takao: 18km/11,18mi, approximately 6 hours (break time excluded), Max elevation 666m/2,185ft
***It is for ages 10 and up.**

Wear: Trekking Shoes, appropriate clothing for hiking, Cap/hat
Bring: Rain gear, Towel, Sunglasses, Sunscreen, Snacks/drinks, Yen for lunch (or bring own lunch) and anything you may need.
Cost: Adult/Youth (10+) \$42
(Guide, Transportation included)

Lotus Village and Saitama Aquarium

Saturday, 09 July 2022
Depart: 0500/Return: 1600




Wake up early to see flowers that only bloom in the morning. Lotus Village is located in Saitama Prefecture where there are five ponds in a park three times bigger than Tokyo Dome. Enjoy seeing 42 kinds of lotus flowers. There are 120,000 of them in bloom at the pond. Learn about these beautiful flowers at a museum. After stopping by a roadside station for lunch, we will visit the Saitama Aquarium where they showcase fresh water marine animals such as Sturgeons, Otters, and other fish, mammals, and aquatic insects.

Bring: Yen for lunch and anything you may need.
Cost: Adult (15+) \$42, Youth (6-14) \$37, Child (0-5) \$34 **(Admissions, Guide, Transportation included)**

Marine Activity @Futoh

Saturday, 16 July 2022
Depart: 0600/Return: 1700



Futoh, located on the West side of Izu Peninsula, is a boulder inlet that is famous for its diving spot, clear water and abundant ocean life. Bring a bathing suit and your favorite marine gear and enjoy snorkeling, kayaking and stand-up paddle boarding (SUP)!

***It is a rocky beach, not a sand beach/beach resort.**
***For ages 12 and up.**
***It may be cancelled due to inclement ocean condition.**
Bring: Bathing suits, towel, water shoes (thick sole), marine activity gear (snorkel, inflatable kayaks, SUP etc), life jacket, sun-protection (sunscreen, UPF clothing, pop-up tent,) outdoor picnic mats/camping chairs, lunch/snacks/drinks, yen for anything you may need.
Cost: Adult/Youth (12+) \$44
(Tour Escort, Transportation included)

Tanbara Lavender Park

Sunday, 17 July 2022
Depart: 0600/Return: 1800



Our day starts at Fukiware waterfall, which is often described as the Niagara Falls of Japan. The walking trails are set around the waterfalls to view the extreme water flow. Stroll around the area and feel the splashes of the waterfall. Then we will head to Kawaba Denen Plaza, which is the most popular roadside station (Michi-no-eki) in the Kanto area. Enjoy lunch and shop for their special apple pie and the premium yoghurt. We will move on to Tanbara Lavender Park where we will take a lift to admire the natural purple carpet of lavenders. Walk around to smell the fragrance of the flowers.

***Strollers cannot be used at the destinations.**
***Infants cannot ride a lift at the lavender garden.**
Wear: Comfortable shoes to walk.
Bring: Yen for lunch and anything you may need.
Cost: Adult (12+) \$55, Youth (6-11) \$44, Child (0-5) \$40 **(Admission, Lift ride, Guide, Transportation included)**

===Before Signing up for hiking trips===
 Please consider your physical fitness. We do not recommend to participate in hiking trips if you have knee/heart problems, asthma and any other illness.

Mt.Fuji Hiking 1st ~5th station

Saturday, 23 July 2022
Depart: 0600/Return: 2000



Hike at the bottom of Mt. Fuji before attempting to summit Mt. Fuji at a different tour. We will stop by Fuji Sengen Shrine to purchase the famous Mt. Fuji hiking sticks (Kongo-zue), then move to Umagaeshi where our hike starts. Umagaeshi to the 3rd station is a 90-minute hike on a comfortable trail through the woods. After the 3rd station, the trail steepens where we will continue to hike for another 45 minutes until we reach the 4.5th station, which is at an altitude of 2,010m. We will hike for 50 minutes to the Yoshida 5th station and then detour for 35 minutes to the hidden 6th station to get rare stamps. We will then descend 40 minutes towards our goal, Subaru line 5th station. This tour does not include summiting Mt. Fuji but it is one of many conditioning opportunities to prepare a summit hike.

Climbing stick: Y800~Y2,000 Stamps: Y300~Y500
***It is for ages 10 and up.**
***The weather on mountains can be unpredictable. Do not forget to bring rain gear.**
***Toilets are only available at the 5th stations (Y100~Y300 donation).**
Wear/Bring: See itinerary.
Cost: Adult (10+) \$57 **(Guide, Transportation included)**

Schedules, locations, prices are subject to change without notice. Flowers are weather dependent. We do not guarantee they are in bloom.